National Guild of Hypnotists
32nd Annual Convention
August 9th - 11th, 2019
Royal Plaza Hotel & Trade Center
Marlborough, Massachusetts USA

“The Power of Professionalism”
The Year’s Single Most Important Event Exclusively for the Hypnotism Profession!

2019 NGH Convention Catalog
Welcome

This is your invitation to participate in the 32nd annual World’s Longest-Running and Friendliest Professional Hypnotism Conference. Join us also in celebrating the 69th Anniversary of the National Guild of Hypnotists!

It doesn’t seem possible that it has been over a quarter of a century since our first National Guild convention in 1988, but it’s true. Our organization of dedicated professionals has moved upward and onward in so many ways in the sixty-nine years since the official founding of the Guild in 1950.

This is our 32nd convention and we are the premier forum for sharing the study of hypnosis in a gathering of like-minded professionals from around the world. Our volunteer committee has chosen an adjunct faculty to bring us a diverse list of topics concerning the professional practice of hypnotism.

When you attend our convention, you can construct your individualized curriculum from almost 300 topics that are offered. You can also attend full-day paid workshops before and after the actual convention schedule, if you wish.

An important part of our annual convention is making new friendships and renewing old ones with colleagues from around the world. It is truly the unique once-a-year event that is often copied, but never equaled according to our attendees.

Every page in our catalog offers interesting Presenters with topics that will add to your professional expertise. You can make your choices and organize a one-of-a-kind weekend suited to your own personal desires.

Our Saturday Night Extravaganza is going to be as much—or even more—fun than last year. Our presentation of awards will be shorter and, in addition to the presentations, we will also start the evening with over One Thousand Dollars in cash and merchandise for some lucky attendees.

We have been gearing up on our user-friendly NGH website ... you can now sign up for the convention ... choose Pre or Post Convention Summer Institute workshops ... and pay for it all electronically.

I look forward to personally welcoming all of our regular and new attendees, our young and old colleagues, to a weekend where you will truly feel that you “belong.” Together we will experience the “Success Factor” with colleagues and friends from around the world.

Dr. Dwight F. Damon, DNGH, OB
President
National Guild of Hypnotists, Inc.

Convention Details

HOW TO REGISTER: Phone the NGH registrar at (603) 429-9438, complete and mail or fax registration form, use the form on facing page, or online at www.NGH.net

CONVENTION FEES: Includes your choice of any of the 1-hour seminars, Saturday Night Extravaganza, seminar materials, and access to your choice of elective workshops; but does not include other meals or accommodations.

GROUP RATES: 15% discount group rate for groups of six or more NGH members (full 3-day registration only) does not apply to additional elective workshops. To qualify: Complete registration forms for entire group together; include payment in full; postmark by July 31st, 2019.

ROOM RESERVATIONS: The Best Western Royal Plaza Hotel phone – (508) 460-0700

CONTINUING EDUCATION: Continuing education certificates will be awarded upon request.

TAX DEDUCTIONS: May be allowed for educational expenses, including tuition, travel, meals and lodging undertaken to maintain and improve professional skills. Check with your accountant.

MEETING POLICIES: We appreciate your cooperation in maintaining a smoke-free environment in the hotel, please use designated smoking areas outside of hotel. We ask that you complete an evaluation form at the conference to provide feedback to NGH for continued improvement of subject matter, content and future selection of presenters. Convention badges must be worn by attendees at all times. No pets or children are allowed in convention meeting room areas (the only exceptions are service animals). Cell phones must be silenced or turned off in sessions.

AUDIO RECORDING: Professionally produced CDs/MP3s will be available to order at the convention. Fill out the CD order forms in your package and drop it off at the NGH Registration Desk by 3pm Sunday. No personal recording (audio or video) is permitted.

KINDLY NOTICE THAT FILMING AND AUDIO RECORDING ARE IN PROGRESS: Pictures are routinely taken at the convention for broadcast and other distribution. Attendance at this convention will be deemed consent to the use of your picture in such distribution.

SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE
Register Today for the World’s #1 Hypnotism Convention

NGH 2019 Annual Convention, Educational Conference & Exhibition
August 9-11, 2019 • Best Western Royal Plaza Hotel • Marlborough, MA

Convention Fees:
postmarked: before July 15th after July 15th
NGH Members $425 $445
Spouse $365 $385
Nonmembers $475 $495

Partial Convention:
Friday $185
Saturday (includes Banquet) $225
Sunday $140

Pre- and Post- Institute Fees
Tuition as indicated on pages 53-57
All participants registered for the full 3-day NGH 2019 Convention are eligible for a $50 discount on each Pre/Post course with the exception of #151 and #152.

DRIVING: Take exit 24B off Interstate 495.
Hotel is one mile on the right.

If you are not currently a member of the National Guild of Hypnotists, please join now! Go to our website, www.ngh.net, and fill out an application form online. If you would like an information package sent, please call (603) 429-9438 or email: ngh@ngh.net.

Please Join Us! The National Guild of Hypnotists, Inc. has approximately 18,000 members across the United States and in more than 93 countries. We are the largest and oldest organization of our kind, and we welcome new members as well as members of other groups who would like to maintain dual memberships.

As an active paid-up member of the 69-year-old National Guild of Hypnotists, you receive: The prestige of belonging to the premier hypnotism organization; Referral through our computer listings; The longest running and friendliest Hypnotism Convention and Conference; Awareness and reporting of registration, licensing and legislative activities; The Journal of Hypnotism® magazine quarterly; Hypno-Gram® e-zine newsletter quarterly; Availability of malpractice insurance; Quality training, outstanding core-curriculum; Union affiliation available to members; DVD Rental Library for members only; Book, CD, and DVD discounts; Copyrighted brochures & newspaper columns; MP3 downloads; Networking through local chapters; National publicity on TV and in leading publications; Continuing education programs; Consultation and advice; Professional services by a professional staff, which truly works on your behalf.

REGISTRATION

❑ YES! Please register me for ....
❑ Complete Convention  ❑ Friday only  ❑ Saturday only (includes Extravaganza)  ❑ Sunday only
(Fill in the form below and return entire page.) To assist in planning meeting space, please indicate your choices for Seminars and Workshops on the other side of this form. All sessions will be available on a first come, first served basis.

❑ YES! I am interested in becoming a member of the National Guild of Hypnotists.
❑ I will attend an NGH Summer Institute Pre-Convention Course.  Course Selection: __________
❑ I will attend an NGH Summer Institute Post-Convention Course.  Course Selection: __________

Name ____________________________________________
Organization ______________________________________
Address __________________________________________
City ____________________ State _______ Zip _________
Phone (    ) _____________  FAX (  )
FAX (603) 424-8066, e-mail ngh@ngh.net or CALL (603) 429-9438 or return this form to:
National Guild of Hypnotists, Inc.
Box 308, Merrimack, NH  03054

$ ______  Convention Fee
$ ______  Tuition for Elective Workshops
$ ______  Pre-Convention Institute # _______ Tuition
$ ______  Post-Convention Institute # _______ Tuition
$ ______  Annual Membership Dues (by separate check)
$ ______  Enclosed is my total payment.

Please charge my:
❑ MasterCard  ❑ Visa  ❑ Discover  ❑ AMEX
_____________________________________________
Credit Card Number

Expiration Date_______________   CVV___________

_____________________________________________
Signature

Click Here to Register Online Today!!
NGH 2019 Convention • August 9-11, 2019 • Marlborough, Massachusetts

No additional charge for 1-hour Seminars or Special Workshops #12071, #22111, #33092
Special two-hour workshop #22091 includes DVD: $35
Elective 2 or 3-hr Workshops: $25 each; SPECIAL $100 for 5 when ordered at same time

Seminars/Workshops Selection Form
Circle one (only) for each time period during days you will attend and mail or fax it with your registration form. Changes and/or additions may be made during the Convention.

**FRIDAY**

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**FRIDAY EVENING STAGE SHOWS**
7:30 pm • 9:30 pm — Tickets $8.00 each show

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Saturday Extravaganza & Awards/Dancing

NGH 2019 Annual Convention, Educational Conference & Exhibition
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CONVENTION SCHEDULE

Sunday-Thursday, Aug 4-8
NGH Summer Institute (Pre-Convention)
All programs start at 9am.

Thursday, Aug 8
Exhibitor Registration & Set-up (5pm-9pm)
Early Registration (5-9pm)
Convention Faculty Meeting (5:15pm)
NGH Certified Instructors Meeting (6:30pm)

Friday, Aug 9
Registration Opens (7am)
Opening Session - Keynote Address (8-9am)
Exhibit Hall Open (9am-7pm)
Concurrent Seminars & Workshops (9am-6pm)
Clergy Special Interest Group Meeting (5:30pm)
Concurrent Workshops (7pm-9pm)
Stage Shows (7:30pm and 9:30pm)

Saturday, Aug 10
Exhibit Hall (7am-6pm)
Concurrent Seminars & Workshops (8am-6pm)
Awards Ceremony
Saturday Extravaganza & Dancing

Sunday, Aug 11
Exhibit Hall (7am-4pm)
Concurrent Seminars & Workshops (8am-4pm)
Board Certification Exam (4:15 pm)

Monday-Wednesday, Aug 12-14
NGH Summer Institute (Post Convention)
All programs start at 9am.
The Order of Braid is the centerpiece of the National Guild of Hypnotists’ Awards System which recognizes a lifetime of outstanding achievement, dedication, and service. While contributions are varied, our inductees have all enriched the lives of others and made a significant difference to the profession. The Order of Braid is also unique because most of the inductees have already received many of the top awards through the years.

Council members are charged with two duties: Their opinions are solicited annually for names of members they feel are worthy recipients for NGH awards, some of which are not strictly peer-nominated. At our annual convention, they will be available to colleagues as well-experienced professionals to share their knowledge.

The Order of Braid is by invitation—i.e, nomination by the Board of Governors or Council members. The Board of Governors is composed of NGH charter members or those who have been Guild members for at least four decades. Eventually this will change as the last of the current Old Guard shuffles off this mortal coil and Council members are chosen to replace them.

The NGH Order of Braid is therefore established to draw from the best and brightest hypnotists in our profession.

The Order of Braid

Governors

• Anthony DeMarco • Maurice Kershaw • Dwight Damon • Elsom Eldridge Jr. • Don Mottin •

Council Members

Joann Abrahamsen • Alan Alves • Jereme Bachand • Rondall Baiyes • Norbert Bakas • Calvin Banyan • Maureen Banyan • George Baranowski • Lindsay Bates • Robert Bayliss • Edwin Bebee • Ralph Benko • Norton Berkowitz • Fiona Biddle • Elaine Billy • Jacob Bimblich • Carmen Blacconiere • Peter Blum • Robert Brenner • John Brochu • Shaun Brookhouse • Mary Louise Bumler • Salvatore Campagna • Dorothy Campbell • Elizabeth Campbell • Dan Candell • Roy Cantrell • Georgina Cannon • John Cerbone • Beryl Comar • Roxanne Cortese • Charles Crenshaw • Charles Curtis • John D’Angelo Jr. • Peggy Kelly Davies • Barbara Davison • Carol Denicker • Don Dow •

Robert Dunscomb • Lynsi Eastburn • Robert Erdody • M. Ron Eslinger • Arthur Fecteau • Pearlan Feehey-Grater • Erika Flint • Susan Fox • David Frederick • Lawrence Galante • Larry Garrett • C. Scot Giles • Ron Goldstein • Marilyn Gordon • Celeste Hackett • Lisa Halpin • Nat Harris • C. Devn Hastings • Michael Hathaway • Virgil Hayes • David Heon • Lois Hermann • Stephanie Ho • Kevin Hogan • William Horton • Marx Howell • William Hunt • C. Roy Hunter • Rudolph Johnson • Timothy Jones • Adeline Kania • Dorothy Kurzner • Martin Kielty • Elizabeth Kilkenny • Laura Boynton King • Marcel Klasen • Dan LaRosa • Arthur Leidecker

Cynthia Lindner • Debi Livingston-Boushey • Roxanne Louise • Patricia MacIsaac • Albert Marotta • Genvieve Martin-Bernard • Janice Matturro • Fredric Mau • Scott McFall • Tricia Meister • Charles Mignosa • Marie Mongan • Babu Moses • CJ Mozochi • Thomas Nicoli Jr. • Karen Paolino Correia • Lee Pascoe • Wendy Packer • Debbie Papadakis • Robert Pargament • Patricia Pearson • David Quigley • Mary Elizabeth Raines • Paul Ramsay • Robert Reese • Marjorie Reynolds • Seth-Deborah Roth • Mary Roothaid • Roger Saxelby • Elana Schondorf • Rosemarie Schulman • Betty Scott • Ariel Sherker • Billy Shilling • Ines Simpson • William Smith • Anne Spencer • Walter Stock

Richard Sutphen • Barbara Swanwick • J. Joseph Swartz • Al Tatarunis • Claire Tatro • Melissa Tiers • Ernest Telkemeyer • Myles Timmins • Patricia Timmins • Jerry Valley • Tommy Vee • Daniel Vitchoff • A.L. Ward • John Weir • Linda Williamson • Sandy Yagendorf

Deceased

Henry Bolduc* • Walter Brackelmanns* • Carlos Davila* • Barbara Dryden-Masse’* • Michael Ellner* • Charles Francis* • Ramona Garcia* • John Gatto* • Richard Harte* • John Hughes* • Ed Hightower* • Gerald Kein* • Nancy Klase* • Arnold Levison* • Wendall Loder* • Ormond McGill* • Edward Morris* • Donald Rice* • Theodore Robinson* • Walter Sala*
PROCLAMATION

WHEREAS: The National Guild of Hypnotists, originally founded in 1950 in the Commonwealth of Massachusetts, and currently headquartered in Merrimack, New Hampshire, is the largest and oldest association of its type; and,

WHEREAS: During 2019, this professional hypnosis organization in observing sixty-nine years of service to its members and the general public; and,

WHEREAS: Members from across the United States and over seventy countries convene annually at what has become the world’s largest Hypnosis Convention and Educational Conference; and,

WHEREAS: This year, the Guild will be gathering in Marlborough, Massachusetts for their continuing education and networking conference; and,

WHEREAS: During this, their sixty-ninth year, we recognize past accomplishments and wish continued growth to this unique organization and its many dedicated members.

Now Therefore, I, Arthur Vigeant, Mayor, do hereby proclaim Saturday, August 10, 2019 as

NATIONAL GUILD OF HYPNOTISTS DAY

in the City of Marlborough in recognition of the contributions made to the City, State and Country by this noble organization.

Signed Under My Hand And Seal In The Executive Chamber, City Hall

Arthur G. Vigeant, Mayor
8 NGH 2019 Annual Convention, Educational Conference & Exhibition
**SEMINARS & WORKSHOPS AT-A-GLANCE**

No Additional Charge for Seminars or Special 2-hour Workshop #12071

ELECTIVE WORKSHOPS (Shaded Blocks): $25 each

SPECIAL 5 for $100 when ordered at same time

### SECTIONS AT-A-GLANCE

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<td>9 am</td>
<td>Hypno-Parenting</td>
<td>Mona Abdulrahim-Santl</td>
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<td>—Hypnosis Education Course For Parents</td>
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<td>—Heal Your Wounded Heart</td>
<td>Debbie Papadakis</td>
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<td>11 am</td>
<td>How To Use The Web Mesmerizingly —Project Yourself, Your Story, And The Art Of Hypnosis To Make Your Practice Mesmerizing</td>
<td>Ralph Benko</td>
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<td>—An Experience In Mind Over Matter</td>
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<td>Rapid NLP Techniques For Change —That You Can Use In Your Practice Or For Demos</td>
<td>Kevin Martin &amp; Brenda Martin</td>
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<td>3 pm</td>
<td>—Never Good Enough</td>
<td>Patricia Pearson</td>
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<td>—Cognitive-Behavioral Hypnosis: A Low Self-Esteem Intervention</td>
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<td>9 am</td>
<td>The Formula For A Successful Pre-Talk — Initial Contact + Telephone Conversations + Pre-Session Interview = Success And Referrals</td>
<td>Alan Alves</td>
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<td>—An Experience In Mind Over Matter</td>
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<td>How To Use The Web Mesmerizingly —Project Yourself, Your Story, And The Art Of Hypnosis To Make Your Practice Mesmerizing</td>
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<td>#21071 Yoga Exercise</td>
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<td>Dorothy Kerzner</td>
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<td>#210801 Retrieve Your Personal Power</td>
<td>#210802 Working With Fibromyalgia Clients</td>
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<td>Anne Archambault</td>
<td>Roy Cantrell</td>
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<td>#210803 Success Without Struggle</td>
<td>Larry Garrett</td>
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<td>#210805 Hypnotic Appetite Suppressant</td>
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<td>#210806 How To Generate Repeat Clients</td>
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<td>#210807 Re-Framing The Heartbreak Of Divorce</td>
<td>Elizabeth Marian Kilkenny</td>
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<td>#21091 EFT For The Client And You</td>
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<td>Charles Crenshaw Jr.</td>
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<td>#21093 Angry At The World</td>
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<td>#21094 The Magic Script</td>
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<td>#21095 Who Is The Healer?</td>
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<td>#21096 Louise L Hay’s Powerful Processes For Creating Change</td>
<td>Patricia Meister</td>
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<td>#21097 Corporate Stop Smoking, Weight Loss &amp; Stress Reduction Programs</td>
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<td>#21101 SEX- Get Your Mind Out Of The Gutter, Talking About The Unconscious Mind</td>
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<td>Brian Dillman</td>
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<td>Lucy Porlock</td>
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<td>#21106 Sports Hypnosis: Empower Athletes To Shine!</td>
<td>Gloria Drezwitz</td>
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<td>#21107 Sometimes You Just Have To Throw Your Clients Out The Door</td>
<td>Roger Willard</td>
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<td>#21111 The Simpson Protocol</td>
<td>#21112 The Crowley Protocol - Gateway To The Collective Unconscious</td>
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<td>#21113 SOS: Session Rescue!</td>
<td>Susan Spiegel Solway</td>
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<td>#21114 Educating Your Communities On What Hypnosis Can Do</td>
<td>Vlene Farina</td>
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<td>#21115 The Powerful Role Of The Hypnotist</td>
<td>Marcel Klasen</td>
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<td>#21116 Memory - True or False</td>
<td>Roxanne Louise</td>
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<td>#22111 Ethics And Legal Issues For The Consulting Hypnotist 2019</td>
<td>— Where Does Our Profession Stand With Legislation</td>
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<td>1 pm</td>
<td>#21121 Imagination And Self-Healing</td>
<td>#21122 Aspects Of Professionalism &amp; How They Affect You &amp; Your Business</td>
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<td>Nat Harris</td>
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<td>#21123 Complementary Medical Hypnosis – 4 Case Histories</td>
<td>Bonnie Hammersley</td>
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<td>#21124 Explore The Members Area Of The New NGH Website</td>
<td>Robert Duncomb &amp; David Shawn Ezzell</td>
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<td>#21125 Integrate Conflicting Personality Parts With Ericksonian Hypnosis</td>
<td>Charles Curtis</td>
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<td>#21126 Everything You Wanted To Know About Getting Medical Referrals</td>
<td>Rosemarie Schulman</td>
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<td>#22116 — Does Where Our Profession Stand With Legislation</td>
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<td>2 pm</td>
<td>#21201 ARRGH, That Noise!</td>
<td>#21202 Presenting Fun And Unique Hypnotic Techniques</td>
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<td>Scott Babb</td>
<td>Richard Gordon</td>
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<td>#21031 Utilizing Emotional Intelligence As A Springboard For Hypnosis</td>
<td>#21032 The Impact Of Stress On Health</td>
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<td>Amber Cox</td>
<td>Malta Lahode</td>
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<td>#21033 Intro To Virtual Reality Technology Using Hypnosis</td>
<td>David Shawn Ezzell</td>
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<td>#21034 Diversity And Rapport</td>
<td>Steven Rollins</td>
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<td>#21035 Everyday Pendum Use</td>
<td>Sandra Bennis</td>
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<td>#21036 Neuro Biology In NLP And Hypnosis</td>
<td>William Horton</td>
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<td>#21037 Ethics For The Professional Hypnotist</td>
<td>Curtis Byars</td>
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<td>#21041 How To Run A G.L.E.T. Program At Your Local YMCA</td>
<td>#21042 The Affect Bridge Regression Technique</td>
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<td>Deborah Yaffee</td>
<td>Debi Boushey</td>
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<td>#21043 The Dangers Of Social Media &amp; Technology Addiction</td>
<td>Larissa Brazier</td>
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<td>#21044 No-Pressure Sales Model</td>
<td>Jason Kopidowski</td>
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<td>#21045 How To Get Great Testimonials!</td>
<td>Heather McFall</td>
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<td>#21046 Balancing Two Professions</td>
<td>Saci Nance</td>
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<td>#21047 Solving Serious Sleep Dysfunction</td>
<td>Debbie Papadakis and Jean Eljay</td>
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<td>#21051 Hypnosis For The Caregiver</td>
<td>#21052 The Power Of Nine</td>
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<td>Angella Ocheltree</td>
<td>Michael Raugh</td>
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<td>#21053 Healing The Root Cause</td>
<td>Karen Paolino Correia</td>
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<td>#21054 The Other Brain Wave</td>
<td>Paul Ramsey</td>
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<td>#21055 The Key To Professionalism</td>
<td>Sherri Bernier</td>
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<td>#21056 Sleep Is A Decision Of Subconscious Mind</td>
<td>Marcia Peng</td>
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<td>#21057 Help Clients With Public Speaking, And Performance Anxiety</td>
<td>Marcia Proctor</td>
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**Saturday Night Extravaganza/Dancing**

7:30 pm
## SEMINARS & WORKSHOPS AT-A-GLANCE

No Additional Charge for Seminars or Special 2-hour Workshop #22111

**ELECTIVE WORKSHOPS (Shaded Blocks): $25 each; SPECIAL 5 for $100 when ordered at same time**

**Special Workshop #22091: $35 Tuition (includes DVD)**

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<td>Seven Keys To Landing Corporate Clients</td>
<td>The Hypnotic Fountain Of Youth</td>
<td>Show Your Handwriting For A “Bumper Sticker” Analysis</td>
<td>How You Say It Makes All The Difference</td>
<td>Opioid Alternative</td>
<td>Effective Emotion Management For Stressful Clients</td>
<td>Get Sober, Stay Sober: A Hypnotic Intervention</td>
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<td>Robert Martel</td>
<td>Gloria Constantas</td>
<td>Pearlne Ferey-Grater</td>
<td>Scott McFall</td>
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<td>Special Elective:</td>
<td>Non-Verbal Hypnotic Induction</td>
<td>$35 Tuition Includes DVD</td>
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<td>Dorothy Campbell</td>
<td>Janet Crain &amp; Pearlan Feeney-Grater</td>
<td>Brenda Titus</td>
<td>Wendy Packer</td>
<td>Janice Matturro</td>
<td>ELSOM Eldridge Jr.</td>
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<tr>
<td>Dowsing - “Tuning Into Your Intuition”</td>
<td>Verbal Medicine Used In The Emergency Department That Can Work Anywhere!</td>
<td>Achieving Goals In Your Personal “New Year”</td>
<td>How To Be The “EXPERT” In “Taking CARE Of THE CAREGIVER”</td>
<td>Dream Circle</td>
<td>How To Position Yourself As The Obvious Expert</td>
<td>Practical Hypnosis</td>
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<td>Combining Handwriting And Tree Reading Interpretation —Subconscious Insights To Envision The Best Of You And Others</td>
<td>Subjective/ Objective Conversion Technique —Powerful Systematic Desensitization Technique</td>
<td>The Body Language Code —Fill Your Tool Box With A Dozen Clues Of Non-Verbal Communication</td>
<td>The Simpson Protocol —Opening A Window To The Superconscious</td>
<td>Make 100K In A Hypnotism Home Office —How I Make 6 Figures Working Out Of My Home As A Hypnotist And How You Can Too</td>
<td>Easy Way To Book Corporate Speaking Gigs —The Easiest Way To Book High Paying Corporate Speaking Long Term Relationships With Big Corporations</td>
<td>The Science Of Self-Hypnosis</td>
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<td>Janet Crain &amp; Pearlan Feeney-Grater</td>
<td>David Frederick</td>
<td>Petra Frese</td>
<td>Timothy Horn</td>
<td>Celeste Hackett</td>
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<td>Lucy Porlock</td>
<td>Roger Willard</td>
<td>Robert Martel</td>
<td>Roxanne Louise</td>
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<td>Dan LaRosa</td>
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### BREAK

#### 8 am
- 8 am

#### 9 am
- 9 am

#### 11 am
- 11 am

#### 1 pm
- 1 pm

#### 2 pm
- 2 pm

#### 4 pm
- 4 pm

#### 6 pm
- 6 pm

### Awards Ceremony

#### 7:30 pm
- 7:30 pm

### Saturday Night Extravaganza/Dancing

NGH 2019 Annual Convention, Educational Conference & Exhibition
**NGH MISSION STATEMENT**

“CONSULTING HYPNOTISTS HELP ORDINARY, EVERYDAY PEOPLE WITH ORDINARY, EVERYDAY PROBLEMS USING INDIVIDUAL HYPNOTIC TECHNIQUES”

If, by habit, you have memorized and use our shorter “elevator talk” version — “We help ordinary, everyday people with problems” - it is fine as you can then elaborate on it in conversation.

**OUR VISION**

A TIME WHEN A VISIT TO THE CONSULTING HYPNOTIST IS AS COMMON AS A VISIT TO ANY HEALTH CARE PROVIDER.
SEMINARS & WORKSHOPS AT-A-GLANCE

No Additional Charge for Seminars or Special Workshop #33092

ELECTIVE WORKSHOPS (Shaded Blocks): $25 each

SPECIAL 5 for $100 when ordered at same time

#32083
Release The Rage — The Wisdom Of Anger And The Power Of True Forgiveness
Penny Chiasson
Debi Boushey

#32084
The Affect Bridge Regression Technique — Powerful, Emotional Age Regression Technique That Will Increase The Success For Both You & Your Clients
Debi Boushey
Dane Candell

#32085
Creating Profitable Hypnosis Programs — How To Create Hypnotic Programs That Create Revenue And Raving Fans
Lisa Halpin
Joann Abrahamsen

#32086
MELT For Hypnotists — Eliminate Chronic Pain And Feel Fantastic In Just 10 Minutes Per Day!
Bennie Hammonds

#32087
Client-Centered Interactive Hypnosis — Tailoring The Session To The Client
Michael Raugh

#31086
Hypnosis And Pop Culture
Amye Scharlau

#31087
Create a VIRTUAL REALITY Video And Interactive Game Interface For Your Clients Using Their Imagination And Your Guided Meditation — Learn Step-By-Step How To Create A Beautiful Beach Landscape Your Clients Can Walk Down
David Shaun Ezzell

#32104
HypnoDontics — Kick Start Your Practice Into High Gear With Dental Hypnosis
Timothy Jones
Karen Paolin Correa

#32105
Soul Mediumship — Healing Grief And Connecting With Loved Ones In Spirit
Lisa Halpin
Joann Abrahamsen

#32106
Multiple Streams — Income For Hypnotists — Build Your Offline/Online Business
Lisa Halpin
Joann Abrahamsen

#32107
Social Media Marketing & Sales — Learn To Use Social Media To Increase Business And Spread Your Message
Larissa Brazier

#32108
6 Tools To Enhance The Power Of True Technique That Will Programs That Feel Fantastic In — Tailoring The Client’s Ability To Learn!
Angella Ocheltree

#33091
Forgiveness Increase The Create Revenue And Session To The Just 10 Minutes Success For Both Raving Fans Client You & Your Clients Per Day!

#33092
Create a VIRTUAL REALITY Video And Interactive Game Interface For Your Clients Using Their Imagination And Your Guided Meditation — Learn Step-By-Step How To Create A Beautiful Beach Landscape Your Clients Can Walk Down
David Shaun Ezzell

#32109
Top 3 Mistakes Hypnotists Make That Keep Them Struggling
Debi Boushey
Michael Raugh

#310109
Making It Stick
Debi Boushey

#310110
Trance-Gender: Hypnosis With Transgender Clientele
Christian Skoorsmith

#310111
Expand Your Hypnosis Brand On Instagram
Zach Pincince

#310112
Meet Your Main Spirit Guide
Eric Richmond

#310113
How To Run A Successful Group Hypnosis Session
Doug Jones

#310114
How To Better Understand The Female Mind For Improved Results
Peggy Hox-Moyler

#32021
Ending Digital Marketing Hell — How To Get The Right Clients From The Most Effective Sources
Scott McFall
Marcel Klassen

#32022
Sound Mind Power — Expand Your Hypnotism Practice Using Voice, Sound & Music As New Tools
William Horton

#32023
Freedom From Compulsive Habits — Hypnotism And NLP For Alcohol And Drug Issues
John Cerbone

#32024
Better Suggestions = Better Results! — Improving Your Clinical Private Sessions Through Better Suggestion Intake, Writing And Design
David Young

#32025
A Portal Between Heaven And Earth — Concert & Meditation
John Cerbone

#32026
HOT FLASH!!! Hypnosis And The Myths Of Menopause — Hypnosis Is The Only PROVEN Drug-Free Treatment For Hot Flashes!
Amye Scharlau

BREAK

#310108
Top 3 Mistakes Hypnotists Make That Keep Them Struggling
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#310109
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Amye Scharlau

National Guild of Hypnotists, Inc.

BOARD CERTIFICATION REQUIREMENTS

1. Must be an active member of NGH at the Certified Hypnotist level for one (1) year.
2. Must write a minimum 1000 word hypnotism paper suitable for publication in the Journal of Hypnotism® or Hypno-Gram®.
3. Must be in active practice or using hypnotism as an adjunct to another profession a minimum of one (1) year.
4. Must be of good moral/ethical character, with no criminal record, and meet the educational standards of the NGH.
5. Must pass a written examination.
6. Must complete an oral interview.
7. Must submit two written character references (non-family).

The written examinations and oral interview questionnaires developed by the Certification Board will be administered 2 times a year.

— NEXT BOARD CERTIFICATION EXAMS —

4:15 PM • SUNDAY, AUGUST 11, 2019 • MARLBOROUGH, MA

NGH BOARD CERTIFICATION IS TRUE AUTHENTICATION OF PROFESSIONAL KNOWLEDGE OF HYPNOTISM AS DETERMINED BY PEER EXAMINATION

NGH 2019 Annual Convention, Educational Conference & Exhibition
7:00-7:50 AM SEMINARS

(11071) YOGA EXERCISE
Dorothy Kerzner, CH, OB

Begin your day relaxed and in control with stress-reducing, easy movements for body and spirit. Attendees should wear comfortable clothing and bring a towel to sit on. Experiential

(11072) TAI CHI MORNING EXERCISE—Experience The Mind/Body Connection Through Tai Chi
Stanley Ou Yang, BCH, CI

Through a series of slow, relaxed, rhythmic, graceful movements, you will learn to maintain good body alignment to promote stability and balance, and connect your mind and body to enhance wellness and health. Experiential

8:00-8:50 AM SEMINAR

(11081) THE POWER OF PROFESSIONALISM
Dwight Damon, DC, DNGH, OB

Keynote Address of 2019 Convention Lecture

9:00-9:50 AM SEMINARS

(11091) DESTRUCTIVE TRIGGERS - HEALING TRIGGERS—Eliminate Urges, Cravings, Obsessive Thoughts And Actions
Anthony DeMarco, LLB, DNGH, CI, OB

The passion, the circumstances, or the repetition with which any given stimulus is presented to us dictates the effect resulting in specific reactions that please us, empower us, haunt us, disturb us, or “attempt” to destroy us. Tony offers his insights into the workings of the subconscious mind and the collective unconscious, the elevation of consciousness, and several triggers to use to combat cravings, urges, obsessions and give your clients the kick-start. Lecture/Demonstration/Q&A

(11092) HYPNOSIS AND THE LAW OF ATTRACTION—How To Create Powerful Manifesting Images
Michael Hathaway, FNGH, CI, OB

Some people are masters at manifesting almost anything they want, while others spend their lives experiencing one disappointment after another. There are reasons why some people are successful and others are not. This seminar shows you how to develop techniques to clearly set intentions and to create hypnotic trances to enhance the mind’s images. This technique can be used for yourself or for a client. Lecture/Demonstration/Q&A

(11093) SHARING THE VISION OF HYPNOTISM AS A SEPARATE AND DISTINCT PROFESSION—How The NGH Propelled Hypnotism To Professional Stature, How To Advance That & Use It To Raise Your Status
Ralph Benko, BA, JD, CH, OB

Lucrative elite professionals, such as lawyers, psychologists, government officials, and businessmen have great social status and earning power. Apply their secrets to raising your professional stature and income. Professional success derives in large measure from your social status. There are simple, powerful ways to raise your status, achieve higher professional & social recognition and professional success. Lecture/Discussion/Q&A

(11094) THE POWER OF MINDFULNESS. GET NEW CLIENTS FAST!—The Joy In Attracting New Clients
Donna Bloom, BCH

Build the hypnotism practice of your dreams with excitement, enthusiasm, and the proper mental mindset! Learn how to get clients by consistently focusing on that which you really desire. Discover four quick and easy processes to start attracting new hypnosis clients! This class is full of visualizations, exercises and processes to help you create a thriving practice with practically no money. Lecture/Participation/Q&A

(11095) TEACHING SELF-HYPNOSIS IN GROUPS—Make Money And Inform, While Publicizing Your Practice
Lee Pascoe, FNGH, CI, OB

Teaching a self-hypnosis class not only establishes you as a credible professional, but at the same time you remove the fear of hypnosis, educate the public, create rapport with the audience, and actually make money for yourself instead of paying out for expensive publicity. Lee will take you step-by-step through a 6-hour course, to be presented over two or three separate sessions. Lecture/Exercise/Q&A

(11096) EFFECTIVE MARKETING FOR YOUR HYPNOTISM BUSINESS IN 2019 AND BEYOND—What’s New In Marketing & Promoting Your Business
Thomas Nicoli, BCH, CI, OB

As technology has changed the way we do many things, it has been a major shift in how we market and promote our business. Learn how to use technology in easy to implement ways to change your business from 2019 and beyond, whether you are a techno-geek or technophobe. Lecture/Discussion/Q&A

(11097) THE RELATIONSHIP CODE—Heal Your Wounded Heart
Debbie Papadakis, BCH, CI, OB

The Relationship Code is a systematic combination of conflict resolution techniques using the secrets of ancient healing, and visualization with Decording™. Learn how to facilitate this very simple, yet powerful system to assist you to heal their wounded hearts. Be guided through a step-by-step demonstration to restore and renew clients’ relationships by removing blockages that hinder them. Lecture/Demonstration/Q&A

10:00-10:50 AM SEMINARS

(11101) NEVER GOOD ENOUGH—Cognitive-Behavioral Hypnosis; A Low Self-Esteem Intervention
Patricia Pearson, CI, OB

Our beliefs are the foundation of our actions and choices, but negatively distorted core beliefs result in low self-esteem and high self-criticism. They steal job/relationship success, happiness and emotional comfort. Cognitive Behavioral Hypnotherapy is an exciting option to rapidly alter core beliefs, improve self-confidence, and boost motivation. Learn basic CBT concepts and how this hypnotic method can improve your acceptance in the professional counseling/medical community and boost your income. Lecture/Demonstration/Q&A
(11102) THE POWER OF SUGGESTION—Using Pre-Talk To Create Effective And Positive Suggestions For Your Client’s Success
Ariel Sherker, CI, OB All-levels
Hypnosis is all about the power of suggestion and the most important suggestions are those we give ourselves. Clients come to us to help them on their journey of change and our job is to help them get on the right mindset for their success. This seminar will teach you how to recognize the suggestions that your clients repeat to themselves that keep them from succeeding in their goals. Upon this recognition, you will have a clear direction of where change can happen and can formulate new suggestions that are readily accepted by your clients. Lecture/Demonstration/Q&A

(11103) WIPING OUT NEGATIVE SUBCONSCIOUS BEHAVIORS
Don Mottin, DNGH, CMI, OB All-levels
Don has always felt hypnotists must be able to do three things. They need to understand a behavior is conscious, subconscious or both. Failing to accurately determine the type of behaviors that the client is presenting will dramatically decrease the success of the session. In just one hour, you will not only learn to classify the clients, but will also know what type of suggestions are needed to ensure success. Lecture/Q&A

(11104) DEALING EFFECTIVELY WITH WEIGHT CONTROL—How To See Less & Less Of Your Client
Jacob Bimblich, DNGH, CI, OB All-levels
Through many years of research and experimentation, some very effective suggestions with great impact have been developed for use in the hypnotic approach to weight control. Learn the mechanism and suggestions that will produce the best results. Learn basic nutritional approaches that will motivate the client to pursue the desired weight goal. Lecture/Demonstration/Q&A

(11105) USING MIND STYLES TO IMPROVE CLIENT RAPPORT—An Easy Technique That Improves Practitioner Effectiveness
C. Scot Giles, DMin, DNGH, CI, OB
Introductory-Intermediate
The eye-roll, when done properly discloses how hypnotizable your client can be. It also tells you a lot about the client’s personality and what sort of hypnotic approach will be most effective. The Complementary Medical Hypnotism Certification program of the NGH uses this technique extensively and this seminar will give you a boost if you desire to use those techniques in your practice. Lecture/Discussion/Q&A

(11106) PAST LIFE REGRESSION—What Every Hypnotist Must Know
Robert Merlin, BCH, CI All-levels
Learn how to help clients understand their highest self and why they keep repeating behaviors. This is an integrative process, not an alternative to traditional hypnosis. Adding this to your toolbox will add new clientele and revenue to your practice. More people are asking for the meaning in their life, wouldn’t it be rewarding if you could help them on their journey? Lecture/Discussion/Q&A

(11107) WOW - THAT’S WHAT MY BODY IS TRYING TO TELL ME!!—Understanding What Your Body Is Trying To Tell You It Needs To Be Happy & Healthy
Jini Cerio, CH All-levels
In this seminar, you will get an understanding of what the body needs to stay healthy physically and emotionally. We will go over 90 essential vitamins, minerals, elements that keep our bodies functioning properly and what happens when they are lacking. You will leave with knowing how to talk to your body/ organs and find out what is causing imbalances, not only physical but emotional. We will go over negative emotions and how they effect your body, and how to release them. Lecture/Demonstration/Q&A

11:00-11:50 AM SEMINARS

(11111) WORKING WITH CHILDREN IN TRANCE—Following The Yellow Brick Road
Ron Eslinger, CRNA, RN, APN, FNGH, CMI, OB
Introductory
I used hypnotic inductions when working with hundreds of children as their anesthesia provider. Working with children can be one of the most rewarding aspects of hypnosis. However, many hypnotists miss the importance of teaching the parents how to use hypnotic techniques to reinforce what the hypnotist suggested during hypnosis. This seminar is about how easy it is to work with children. Lecture/Video/Discussion/Q&A

(11112) WORKING WITH TIMELINES—Waking Hypnosis For Regression, Progression, And Much More
Kevin Martin, CH Intermediate-Advanced
This seminar will explain what the concept of a timeline is, how it is created and used by the subconscious mind. See how the timeline can be used for regression, progression, and much more. You will learn how to explain it to the client and how to elicit it, all without any induction. Lecture/Demonstration/Q&A

(11113) “IT’S NOT WORKING”—How To Handle This Dreaded Response In Regression And Parts Therapy
Carol Denicker, BCH, CMI, OB
Introductory-Intermediate
You use your best induction and regression. Depth testing indicates deep hypnosis. You suggest they’ll begin to become aware of a specific memory… You say, “Go ahead and be there now,” and your client says, “It’s not working.” “I don’t see anything.” or, “It’s all black.” It’s a very unsettling moment for the unprepared hypnotist and a disappointing one for the client. Learn to think on your feet, redirect a stalled regression or save the session with a powerful technique. Lecture/Discussion/Q&A

“Many of the hypnotists are motivating and inspiring. They are helpful and supportive. It’s a great place to get re-energized with the compassion they share!”
—Sally Doran, Marcellus, NY
In 1971, Ramona Garcia started handing out blessed quarters and everyone who received one, including Marlene in 1973, began to experience unlimited prosperity and abundance in their lives. Sadly, Ramona passed away. We are carrying on her tradition of Seed Money, with Marlene’s blessing. Eric and Richard will lead you through step-by-step instructions on how self-suggestive hypnotic states are applied in the most effective way and illustration of anchoring technique. Come and make your own miracle of prosperity!

**Lecture/Discussion/Q&A**

**NOON-12:50 PM SEMINARS**

**(11114) TESTING & CHALLENGES FOR DEEPENING HYPNOSIS—Techniques To Increase Your Success Rate**
*Tommy Vee, CI, OB All-levels*

This presentation will teach you how to effectively use the proper testing and fool-proof challenges to get your clients into a deeper state. Your confidence level will increase as well as your client’s. This will also eliminate subjects from saying, “I don’t think I was hypnotized.” If you have ever heard that statement, this seminar is for you! When your clients leave the session with the feeling that something “did” happen, they will be more successful.

**Lecture/Demonstration/Q&A**

**(11115) SEED MONEY—Attracting Abundance Into Your Life Using The Power Of Your Mind**
*Eric Richmond, CRNA, BCH, CI and Richard Gordon, CI All-levels*

In 1971, Ramona Garcia started handing out blessed quarters and everyone who received one, including Marlene in 1973, began to experience unlimited prosperity and abundance in their lives. Sadly, Ramona passed away. We are carrying on her tradition of Seed Money, with Marlene’s blessing. Eric and Richard will lead you through step-by-step instructions on how self-suggestive hypnotic states are applied in the most effective way and illustration of anchoring technique. Come and make your own miracle of prosperity!

**Lecture/Discussion/Q&A**

**Magen Slesinger, BS, CH All-levels**

As a hypnotist, your voice is an essential tool of your trade. Do you ever feel hoarse after several sessions? Have you been advised to find your “hypnotic voice”? Have you heard someone speak and thought, “I could listen to them speak all day”? Like teachers, politicians and speakers of all sorts, YOU are a vocal athlete. Learn vocal technique from a Certified McClosky Vocal Technician and discover “your voice at it’s best.”

**Lecture/Demonstration/Exercises/Discussion**

**Samuel Lurie, CH All-levels**

Many consulting hypnotists want to offer presentations in their communities, but feel anxious or insecure about the process. This interactive seminar will help strengthen confidence by breaking down core steps in designing workshops of any length. Also identify your own unique strengths in creating powerful workshops and experience a short group hypnosis session on confidence in public speaking. This seminar has been cited as “best of the weekend” by previous attendees.

**Lecture/Discussion/Exercises/Experiential/Q&A**

**Eric Richmond, CRNA, BCH, CI and Richard Gordon, CI All-levels**

See how we changed the words coaches and trainers use to positively affect their perceptions and outcomes and how we effectively use hypnosis and NLP techniques during the initial pre-talk. Discover the practical use of self-hypnosis for managing stress and improving sports performance and in sports, and review case studies of hypnosis techniques successfully used to help athletes. Learn how to set up a regular group hypnosis class for sports enhancement at fitness clubs, yoga studios, schools, and gyms.

**Lecture/Demonstration/Discussion/Video/Q&A**

“**A great event to connect with other professionals, learn new techniques, and grow the profession. Worth every penny.**”

—Skye Winslow, Carmel, IN
Skills & Confidence
successful hypnotists have sought out and trained in 5-PATH®.
This seminar gives you a basic understanding of why so many

Calvin Banyan, MA, DNGH, CI, OB

Approach—How The Banyan Five-Phase
Hypnotherapy Success With A Systematic
(11127) "Quantum Leap" Hypnosis &
Hypnotherapy Success With A Systematic
Approach—How The Banyan Five-Phase
Approach (5-PATH®) Absolutely Transforms Your
Skills & Confidence
Calvin Banyan, MA, DNGH, CI, OB

This seminar gives you a basic understanding of why so many
successful hypnotists have sought out and trained in 5-PATH®.
See why using a systematic approach builds your confidence
and skills. Learn how to integrate direct suggestion, age
regression and parts work. Learn why it is vitally important
that you have a way to work with secondary gain. Find out why
it is one of the fastest growing special interest groups in the
NGH.

Lecture/Discussion/Q&A

2:00-2:50 PM SEMINARS

(11021) Advanced Habit Control—Advanced
Strategies To Successfully Resolve Habits From
Cigarettes To Chocolate Cake
Robert Harrison, CH

In this seminar, learn some of the most common mistakes even
the seasoned pros make when working with habits and how to
avoid them in your practice. Learn the “kingpin” of ANY habit
that holds it together and how to explain this to your client for
maximum impact. Learn several methods for dismantling the
mental attachment to the habit in the client’s mind. Finally,
we’ll review testing procedures and troubleshooting tips and
tricks. We will use the remainder of the time to discuss some
common applications, such as smoking, weight loss, alcohol,
drugs, nail biting, etc.

Lecture/Q&A

(11022) The RX For Hypnosis Awareness In
The Medical Community—RN Demonstrates
How To Get The Medical Community Calling You
Wendy Packer, RN, BCH, CI, OB

This seminar is a guide for you to establish the understanding
of attitudes and knowledge your healthcare community has
regarding hypnosis. The information will be compiled by
having the healthcare professionals complete a 10-question
survey. The answers from the survey will direct hypnotists to
formulate their plan of action in enlightening the healthcare
community using the results of my survey as a model.
Suggestions will be made on whom to contact to facilitate the
education process, the listing of scientific and peer review
articles, the importance of documenting testimonials, proper
charting techniques, and the importance of representing
yourself as a hypnotherapy professional.

Lecture/Discussion/Q&A

(11023) Creating Your Day In The Most
Positive Way—Beyond Everyday Self-Hypnosis
Dorothy Campbell, CI, OB

What would your life be like if you could create each day
exactly the way you want it to unfold? Well that’s exactly what
this presentation will help you do. Learn the techniques that
take you beyond self-hypnosis and allow you to create each
day the way you want it to be. Experience what it feels like to
flow through the day with balance, calm, and peace. You will
feel the power of taking control of your life using a process that
only takes about 12 minutes of your morning routine.

Discussion/Exercise

(11024) Amplify Your Personal Power With
Hypnosis—Learn How To Use Hypnosis To Reach
Your Potential, Then Teach It To Your Clients
Erika Flint, BCH, OB

This seminar combines some of the best techniques available
today for reaching our full potential as human beings. You will
learn how to identify and amplify your own personal power
using hypnosis, then learn how to teach it to your clients. You
will learn the science behind these techniques to help educate
your clients and empower them for success while you enjoy
more personal success than ever before. This is an engaging
and dynamic presentation and you will walk away feeling
empowered and motivated to take your personal and business
success to the next level.

Lecture/Discussion/Q&A

“I love seeing other professionals year
after year, to hear new ideas or be
reminded of things/techniques I haven’t
thought of – Oh Yeah! moments.”
—Jonathan Leaver, N. Dartmouth, MA

To register, call (603) 429-9438
Engage their dreams for success and personal transformation. Dreams and their powers are the best kept secret among the most successful and inventive people of our time and across history. In fact, the fields of medicine, manufacturing, media, art, music, literature, psychology, science, politics and business have all been influenced by dreams – in practical ways. As professional hypnotists, we have a unique opportunity to empower our clients by guiding them to actively engage their dreams for success and personal transformation.

(11025) HOW TO USE DREAMS TO EMPOWER YOUR CLIENTS—Helping Clients To Actively Engage Their Dreams For Health, Well-Being, Guidance, And Personal Success
Janice Matturro, CI, OB Introductory
Dreams and their powers are the best kept secret among the most successful and inventive people of our time and across history. In fact, the fields of medicine, manufacturing, media, art, music, literature, psychology, science, politics and business have all been influenced by dreams – in practical ways. As professional hypnotists, we have a unique opportunity to empower our clients by guiding them to actively engage their dreams for success and personal transformation.

(11026) TREE READING INTERPRETATION—Uncovering Old Limiting Beliefs, Life Changing Events And Instant Rapport
Janet Crain, DMD, CI All-levels
In less than two minutes, unique characteristics are uncovered that reveal underlying beliefs, motivations, influences and experiences of the past that are influencing the current situation. Tree reading is not therapy. No artistic ability is necessary to uncover subconscious beliefs that can be holding your soul hostage. A tree drawing is not about personal judgement. It is about letting the wisdom of the tree guide your personal growth.

(11027) EMOTIONAL STRESS RELEASE—An Additional Tool
Carol Crenshaw, CH All-levels
This technique (originating in applied kinesiology) empowers a client to get a new perspective on an old problem. ESR aids the client in linking back brain memory blocks (the past) to the front brain creativity thinking area (the present). With ESR emotions from the past surface, yet the client can look at them safely as new, creative options surface. Information gleaned from this process can be incorporated into hypnosis work.

3:00-3:50 PM SEMINARS

(11031) MEET AND HEAL WITH THE ANGELS—Inviting Divine Miracles Into Your Sessions
Karen Paolino Correia, CH, OB All-levels
Can you imagine the comfort of never feeling alone again and the knowing that there are angels waiting to support you? Come and learn how to invite divine support into your client’s session, empowering them to heal and receive guidance. Learn how to call on specific healing angels and experience a powerful meditation to connect with your angels and to receive messages and healing to empower you in every aspect of your life.

Complimentary Coffee & Pastries will be available to all attendees
7:30-9am Fri, Sat, Sun

(11032) VERBAL SWAT—Special Words And Tactics, How To Use Them Effectively In Any Situation!
Roger Woods, RN, BCH, CI and Robert Monetta, CH All-levels
Learn how to tap into the law enforcement and first responder markets. See how we changed the words we use with crisis patients and coworkers to positively affect their perceptions and outcomes, how we effectively use covert hypnosis techniques during the initial assessment, and how we successfully integrated complementary medicine practices into the law enforcement and EMS cultures. Discover the practical use of self-hypnosis for managing staff stress and in crisis patient care. Review case studies of hypnosis techniques successfully used to help crisis patients in the emergency department.

(11033) GETTING PAST THE SPEECH JITTERS
Marx Howell, BS, CH, OB All-levels
Some individuals and hypnotists experience “the speech jitters” when asked to speak. Learn step-by-step how to work with individuals and groups to enhance presentation performance. Learn effective strategies for improving memory and specific strategies to “automatically trigger the relaxation response on demand” to counteract speech anxiety. Discover how to use this practical information. You will be able to use these techniques immediately upon returning to work. If you have attended one of Marx’s presentations in the past, you know you will receive a lot of information presented in a systematic, clear, concise manner.

(11034) GUILT, SHAME AND REMORSE—Learn How These Feelings Cripple Your Client’s Will And Sap Their Strength, And How You Can Use These Same Feelings To Power A Breakthrough
David Quigley, CH, OB Introductory-Intermediate
Many clients are wrestling with unresolved feelings of guilt, shame, and worthlessness which inhibits their achievements in hypnosis. Learn how to help clients address these conditions, using both parts therapy and spirit communication processes. If your client feels guilty, they can’t allow themselves at a subconscious level to achieve results, even when the best hypnotic techniques are applied. We must determine if the guilt comes from earlier abuse by caregivers for which the client is blaming themselves, or if there is a real crime for which the client feels guilty. Then we learn ways to effectively counter both types of guilt, and permanently release them from the client’s subconscious mind.

(11035) COACHING YOURSELF TO SUCCESS—Attracting More Clients Through Coaching
Dan LaRosa, CI, OB All-levels
You became a hypnotist to help other people achieve their dreams, and frankly to help yourself do the same. You know a lot and you’re doing okay, but you know you could be doing better. You can pay a coach hundreds or even thousands of dollars or you can learn how to be your own success coach and at the same time teach your clients how to achieve their own greatness. In this inspiring and informative course, you’ll learn how to tap into the huge personal coaching industry by learning how to coach yourself to success.
175 Expert Seminars

No Additional Charge

Included With Your Convention Fee

FRIDAY, AUGUST 9

(11036) MINDFULNESS AND ACTIVE LISTENING IN THE PRE-TALK—Setting The Table For Success
John Brochu, CI, OB All-levels
Bringing mindfulness and active listening to the pre-talk are clear, concise and relevant elements that can elevate your pre-talk from mere rapport building to a solid foundation on which a meaningful successful session can be constructed. These techniques will create an atmosphere to instill trust and foster openness. The pre-talk is the key that unlocks the door to a more meaningful session for both client and practitioner. Lecture/Discussion/Q&A

(11037) HOW TO USE PODCASTING TO GROW YOUR PRACTICE—The Obvious Expert® Way! New For 2019
Mark Eldridge and Elsom Eldridge Jr., MEd, CPC, CPMC All-levels
Podcasting is a great platform that a number of hypnotists and content creators are using to grow their business. Podcasting is extremely effective to position yourself as the Obvious Expert®. You’ll learn how to start a profitable podcast in 2019 step-by-step, how podcasting works, the one thing you must do before you start, and key things you should prepare before you begin recording. You’ll receive many resources as well. Lecture/Discussion/Q&A

4:00-4:50 PM SEMINARS

(11041) HYPERSUGGESTIBILITY FOR PERMANENT CHANGE—Could Be THE Most Suggestible State Of Hypnosis
Calvin Banyan, MA, DNGH, CI, OB All-levels
One of the big challenges you face as a hypnotism professional is that when you give hypnotic suggestions directly to client they tend to fade over time unless they are constantly reinforced. Cal Banyan has overcome this problem through his discovery of “hypsuggestibility.” Using advanced hypnotic techniques, certain insights can be created in a client that will cause them to go into this state. But that is not enough, you must know how to attach suggestions to that state. This is all covered in the talk. Lecture/Discussion/Q&A

(11042) AGE PROGRESSION—Help Clients Create Successful Outcomes
Brenda Titus, BCH All-levels
Our clients come to us to overcome challenges and make changes in their lives. They want to experience results in their everyday lives, and they expect quick results. In this seminar, we will explore the use of age progression techniques and ways to skillfully and professionally utilize them in every session. You will learn to create an expectation of successful results within your client, maximizing their confidence and ability to achieve their goals. Lecture/Exercises/Q&A

(11043) A WORLD OF INDUCTIONS!
—A Potpourri Of Induction Techniques
Joann Abrahamsen, BCH, CI, OB, All-levels
Knowing many methods empowers you to pick and apply the precise technique for each client. Learn new induction skills and improve those already possessed. Discover new variations of inductions you already know and increase your confidence level. Inductions demonstrated: instant, rapid, Ericksonian, confusion, non-verbal, etc. Learn my own special technique that shows you how to detect and overcome resistance, test the client and deepen the hypnosis in one smooth process. Lecture/Demonstration/Q&A

(11044) SIX STEP REFRAME A LA BANDLER
—The NLP Resource Generator
Elana Schondorf, LCSW, CH, OB All-levels
On the surface, strong emotions may seem negative, pungent, or toxic. Upon closer examination, each of these has a positive intent. Usually, the emotions such as guilt, shame, or fear are attempting to protect the person in some way. By establishing dialogue with this part, it allows the subconscious mind to come up with ways the person can maintain the benefit of the positive intention, but to do so in a more constructive manner. Lecture/Demonstration/Exercise/Q&A

(11045) BEFORE THE PRE-TALK
Maurice Kershaw, MA, FNGH, OB All-levels
If you are using a canned pre-talk and prepared scripts, if you are using a one-size fits all approach in your practice, this presentation is not for you! If you are creative, treat each client as an individual and tailor your sessions to that individual, then be sure to attend this information-packed event and learn to hear when you listen, see when you watch, and really tune-in to your clients’ wavelength … then you will get a case history like no other hypnologist can! Lecture/Discussion

(11046) MEETING THE INNER CHILD AND THE HIGHER SELF—Two Transformational Sessions
Susan Spiegel Solovay, CI All-levels
These hypnotic sessions can help clients for a lifetime! Communicating with the inner child and accessing the higher self can often be the key to lasting habit change. Learn to bring comfort and release of loneliness with inner child; access wisdom and strength for life’s changes with higher self. You’ll get the steps to create these sessions, learn the best times to use them, and have tools for lasting success for your clients. Lecture/Experiential/Q&A

(11047) HYPNOSIS AS A TOOL FOR BETTER SLEEP FOR BETTER LIVING
Boris Opancha, BCH All-levels
One out of three people have sleep issues at some point in their lives, 20-40% of all adults have sleep issues in the course of any year. Struggle for hours to get to sleep, no matter how tired you are? Or, do you wake up in the middle of the night and lie awake for hours, anxiously watching the clock? The better we understand sleeplessness, the more charge can begin to take of sleep and health. That includes understanding how and when hypnosis can be used. Lecture/Discussion/Q&A

Questions? Call the NGH Office at (603) 429-9438

NGH 2019 Annual Convention, Educational Conference & Exhibition
FRIDAY, AUGUST 9

5:00-5:50 PM SEMINARS

(11051) URINARY INCONTINENCE
Roy Cantrell, CI, OB  All-levels
Learn how to work with this medical issue using hypnosis as a valid working and time tested protocol for results. You can effectively work and aid both male and female clients with them noticing results at your first session of a 5-session protocol.

(11052) CLEARING AND GROUNDING AT THE END OF THE DAY—Become Refreshed And Energized
Using Simple Techniques
Elizabeth Campbell, BCH, CI, OB  All-levels
Hypnotists and energy workers have a tendency to “pick up” the energy of the people they help. Combining her background in hypnotism, bodywork, NLP, and energy work, Elizabeth teaches you how to perform an energy break to separate from the client’s energy field at the end of each session, and how to ground and clear your own energy field at any time. Additionally, she introduces easy, safe bodywork that allows your body, mind and energy field to emerge grounded, refreshed and recharged.

(11053) USE SELF-HYPNOSIS AS A MEDITATIVE TECHNIQUE: HYPNOMEDITATION TO DISCOVER YOUR GREATNESS—Self-Hypnosis And Meditation: Know How To Create Both To Be Great
Michael Myers, CI  All-levels
You can apply the Dave Elman Eye Lock Technique to bypass the critical factor and enter hypnosis or meditation easily. Use five steps to deepen any state of hypnosis and meditation successfully. You can use these three suggestions to engage the three main learning modalities. Identify and distinguish the difference between self-hypnosis and meditation and know when to use each. There is a demonstration at the end of class to experience the process.

(11054) BRAINWAVE ENTRAINMENT—Using Binaural Beats In Your Hypnotism Practice
Katherine Hardy, RN, CH Intermediate
Learn how binaural beats and brainwave entrainment can kick your hypnotism practice up a notch. Adding tools to your practice increases your level of professionalism. Binaural beats can help you assist clients into a deeper state of hypnosis faster, leaving you more time for the session and increasing their success and happiness.

FRIDAY STAGE SHOWS

7:30 PM • Amye Scharlau
Lady Amyelia - Renaissance Hypnotist
Amye combines her hypnotic derring-do with her formally-trained flair for theater (she holds a degree in it) to provide a uniquely positive and exceptional entertainment experience.

9:30 PM • Paul Ramsay
Mind Games
Paul Ramsay began his career as a stage hypnotist in 2004. Mind Games uses remote controls and polling software so that the audience can vote on what happens on stage. The concept was received enthusiastically and Paul quickly became one of the top performers in the college market.

Tickets $8.00 each show
(12091) THE FORMULA FOR A SUCCESSFUL PRE-TALK—Initial Contact + Telephone Conversations + Pre-Session Interview = Success & Referrals

Alan Alves, BCH, CI, OB  All-levels

- Learn the secrets of building good rapport and trust with a prospective client from your first conversation
- Refine & redefine your skills at building your client’s confidence in your ability to help them achieve their goals through a well crafted pre-talk
- Achieve clients’ goals

A great pre-talk is at the heart of your clients achieving their goals and your continued success. Any hypnotist who wants to see a consistent flow of clients through their doors will benefit from this workshop on developing an excellent pre-talk, beginning with the initial contact. Learn how to properly apply this method into your own practice and be a success.

Lecture/Discussion/Video/Q&A

(12092) INCORPORATING THE AKASHIC RECORDS INTO YOUR HYPNOTISM PRACTICE
—Working With The Spiritual/Metaphysical Community

Lori Chrepta, CH  All-levels

- Learn 3 step-by-step processes in combining the Akashic Records with your hypnotism practice
- Identify 5 uses of the Akashic Records for clients
- Learn and experience the step-by-step process of conducting an Akashic Records consultation.

The Akashic Records is an energetic archive of our souls, including thoughts, feelings and experiences of past, present and future. By incorporating the Akashic Records into your practice, you can expand your services to clients and blend with your hypnosis sessions. Access the Records to explore past lives and your soul purpose, understand and transform patterns and life struggles, explore relationships (why have you come together?), discover the possibilities for your life, business and more.

Lecture/Discussion/Exercise

“Lots of presentations of excellent quality and diversity.”
—Brian Jacobs, London, UK

(12093) ADAPTING THE KANSAS STUDY—Use This Study’s Success To Teach Yourself And Other Professionals How To Have Greater Impact With Clients

Roberta Fernandez, BCH, CI  All-levels

- Learn about the success of the Kansas City study used by paramedics.
- Understand the purpose of it’s specific language
- Explore how you can modify the language for other professional like physical therapists, masseurs, nurses, and you as a hypnotist
- Successfully write and share alternative versions

The short paragraph of the Kansas City Study was successfully used with paramedics. In this interactive class we adapt it for other professionals, including hypnotists, to have greater success with patients and clients. You will understand the purpose of it’s specific language, explore how you can modify the language for other medical and integrative professionals, and as a hypnotist, write and share revised paragraphs. Examine the possibilities for using this study to expand your practice.

Interactive participation

(12094) INTEGRATING BIOFEEDBACK AND NEUROFEEDBACK INTO YOUR HYPNOTISM PRACTICE—Using Biofeedback/Neurofeedback And Hypnosis With Those Who Have Emotional And Physical Pain

Norma Faraone-Ledgard, CI  All-levels

- Experience the utilization of biofeedback/neurofeedback methods for pain & stress by actually hands on experiences
- Experience how to conduct a biofeedback/neurofeedback reading with your clients
- Become familiar with a variety of biofeedback/neurofeedback tools at various costs

In this 2-hour workshop, I will conduct a warm-exercise utilizing a biofeedback/neurofeedback demonstration, followed by introduction and questions. Then, see a PowerPoint presentation about biofeedback and neurofeedback on the integration process in your practice, after which a volunteer will be asked to participate in a hypnosis/bio/neurofeedback experience. Interpretation of experience to follow along with Q/A.

Lecture/Experiential/Discussion/Q&A

(12095) EMOTIONAL INTELLIGENCE – THE HYPNOSIS REVOLUTION—Using Transactional Analysis To Improve Relationships With Self And Others

Beryl Comar, MA, MEd, CI, OB  All-levels

- Learn key concepts in EQ
- Understand how EQ can market hypnosis services
- Understand how EQ, NLP and Hypnosis are linked
- Present an Emotional Intelligence presentation within a corporation

International Emotional Intelligence Development Specialist, Beryl Comar, shares the basics of EI and how you can benefit by adding Emotional Intelligence to your portfolio with business and health care professionals. Learn the basics without reading the hundreds of books on the market.

Lecture/Exercise/Discussion/Q&A

(12096) HOW I BOOKED MILLIONS OF DOLLARS’ WORTH OF HYPNOSIS APPOINTMENTS & YOU CAN TOO (EVEN IF YOU ARE A BEGINNER)—More Clients, Greater Income & Success By Answering The Phone Right

Maureen Banyan, CH, OB  All-levels

- How to answer each telephone call and turn them into appointments
- How to take control of a call when they are just shopping around
- How to set up multiple appointments in a single phone call
- How to prevent “no-shows” and last minute rescheduling
- When and how to ask for a “doctor’s referral”
- How to schedule your appointments for “office hours” instead of evening and weekends

This workshop will help you book hypnosis clients and get your hypnotism practice buzzing with clients. If you ever intend to do any kind of marketing, remember that the reason you market or advertise is to get that telephone to ring. You must know how to book those calls in order to make your marketing efforts pay off. Maureen will share her insider techniques on how she and Cal Banyan built one of the largest and most successful hypnotism practices in the country, Banyan Hypnosis Center for Training and Services, Inc. As a bonus, Maureen will give you tips on setting up your practice.

Lecture/Discussion/Q&A
(12097) HYPNO-PARENTING—Hypnosis Education Course For Parents
Mona Abdulrahim-Santl, BCH, CI All-levels
• Become aware of the importance of the parent market
• Get introduced to marketing strategies to get parents for this course
• Discover easy ways to bring the understanding of hypnosis to parents
• Get tools to introduce easily to parents
Many hypnottists, when getting certified, realize the power of suggestion and behavior, and often wish they had had the information a hypnotist has when their kids were small. Hypnoparenting was developed specially for parents. Parents, amongst others, are hypnotizing their children everyday. This workshop will show you how to pass on the knowledge parents wished they had known in order for them to affect their children positively and teach them the basic and safe tools a hypnotist needs to de-hypnotize later on.

11:00 AM-12:50 PM
(12114) TEACHING SELF-HYPNOSIS IN GROUPS—Make Money And Inform, While Publicizing Your Practice
Lee Pascoe, FNGH, CI, OB Intermediate
• Develop the confidence to present your own class
• Make the most of skills you already possess
• Discover how to “wow” your audience
• Learn to structure your material
• Participate in a group session of “self-hypnosis”

The best way to build up a clientele is to get yourself known as an expert. Teaching a self-hypnosis class not only establishes you as a credible professional, but at the same time you remove the fear of hypnosis, educate the public, create rapport with the audience, and actually make money for yourself instead of paying out for expensive publicity. Lee will take you step-by-step through a 6-hour course, to be presented over two or three separate sessions.

(1212) CONVERSATIONAL PAST LIFE REGRESSION—Creating Past Life Trances While A Client Is In A Waking State
Michael Hathaway, FNGH, CI, OB All-levels
• Learn to listen and observe how clients connect with past lives
• Build mind models of thought processes
• Create waking trances that examine past life influences
• Reframe negative past life influences and develop past life abilities
This workshop is designed to help you recognize how people are constantly influenced by their past lives. You will learn to create models of your clients’ thinking processes and create waking trances to help examine past life influences. You will also learn how to take a client back before any past life trauma and reframe negative past life influences to help enhance abilities from a past life for current use.

(12111) HOW TO USE THE WEB MESMERIZINGLY—Project Yourself And Your Story And The Art Of Hypnosis To Make Your Practice Mesmerizing
Ralph Benko, BA, JD, CH, OB All-levels
• Produce a site design using personal narrative to make the difference between a powerful website and a mere brochure
• Design and set up a very affordable website, all elements from domain name to hosting to basics of site creation
• Find and use excellent free site content
• Present yourself professionally and powerfully
• Use the Web to build a thriving professional practice
• Promote the profession of hypnosis and your practice
Projecting your practice mesmerizingly on the Web uses the same principles as Stanford University Professor Ernest Hilgard’s definition of hypnosis: “Believed-in Imagination.” Make your website a compelling presentation of your own narrative. Convey yourself, your style, your credibility, and the ability of hypnosis to bring about compelling outcomes. This will attract clients more powerfully than description and stock images. Learn the basics of how to do this simply and effectively.

(12112) CEREBROSPINAL FLUID TECHNIQUE AND SELF-HYPNOSIS
Dorothy Kerzner, CH, OB All-levels
Experience the role of the cerebrospinal fluid (CST) in the spine and how it effects the nervous system, the meridians and the nerve plexuses that correspond to the major chakras. This technique looks for impedance to CSF flow from the coccyx to the top of the cranium at every single vertebral segment. Many CSF recipients have a spiritual experience, deepened relaxation, a sense of healing energy and are receptive to hypnosis on a physical, mental, emotional and spiritual level. Comfortable clothing is worn and through various gentle hands-on contact to induce optimum circulation, you receive the experience you need in that moment in time.

(12115) HYPNOSIS ROCKS WITH KIDS!—Using The Concepts Of Basic Hypnosis To Work With Children, Their Parents, And Families As A Whole
Vicky Thomas, CI All-levels
• Identify age/maturity level as it pertains to children and length of session based on this maturity
• Learn to construct metaphors for child clients
• Create own metaphors that can be shared with the group
• Have models of several NLP techniques that children (and their parents) respond to well
• Anchors, chunking up/down, circle of excellence
• Have an absolute statement of when to obtain outside medical or psychological referrals
• Be advised to know your own state and local laws
Today’s children navigate a complex world with many challenges. Sometimes even the most loving parents can be bewildered, frustrated, and stuck on normal life stumbling blocks. Fear of the dentist, bed-wetting, sports performance. The solution is often so much easier than you think. With a childlike attitude of wonder and fun, you can help both parents and children with insight and connection.

Lecture/Exercise/Demonstration/Participation
You’ll discover that nobody works harder to give you a better convention experience than the staff of the National Guild of Hypnotists.
(12116) PROVEN D.E.P.T.H. MODEL FOR WEIGHT LOSS SUCCESS—The Only Proven Weight Loss Program Seen On National Television

Thomas Nicoli, BCH, CI, OB All-levels
• Be able to help clients expose underlying motivators to unhealthy behaviors
• Learn a proven model to guide clients to weight loss success by focusing on the “why” & not the “what” of the problem
• Learn new quick & effective techniques to getting to the initiating cause
• Learn a variety of inductions to the hypnotic process and understand why this is important
• Learn the importance of the client’s landscape
• Increase success working with weight loss clients, or any clients, using Tom Nicoli’s D.E.P.T.H. Model

Since the exposure of Tom Nicoli’s hypnosis weight loss program on Dateline NBC, he has improved his methods and created his DEPTH Model doing thousands of sessions with continued success. His clear, concise & thorough presentation of how this program is used with any client will assist any hypnotist, whether new or seasoned veteran, to increase client success and business.

Lecture/Demonstration/Q&A

(12117) THE RELATIONSHIP CODE—Heal Your Wounded Heart

Debbie Papadakis, BCH, CI, OB All-levels
• Identify problematic areas and learn how to transform your clients’ relationships and heal the wounded heart
• Demonstrate how to energetically free your clients from past destructive relationships (if any)
• Learn how to clear cellular memory and break multi-generational patterns that are stored at the cellular level
• Define and explain the 7 energy centers and learn how to incorporate them into the session
• Apply specific techniques to transform negative emotions into positive ones using the Decoding™ system
• Outline the steps required to overcome emotional blocks and obstacles created by painful experiences/relationships
• Identify how to create the relationships your clients desire by using the power of the mind
• Partake in a powerful demonstration and group exercise to experience forgiveness and personal transformation

The Relationship Code is a systematic combination of conflict resolution techniques using the secrets of ancient healing, and visualization, with Decoding™. Debbie has further enhanced this system with the power of hypnosis, making it a highly dynamic tool for consulting hypnotists. Learn how to facilitate this very simple, yet powerful system to assist clients to heal their wounded heart. Yes, you too can learn to help your clients transform any relationship!! Debbie will guide you through a step-by-step demonstration using the techniques required to restore and renew your clients’ relationships, and heal their wounded heart by removing blockages that hinder them.

Lecture/Demonstration/Experiential/Q&A

2:00-3:50 PM

(12202) HUNA HAWAIIAN MAGIC

—Ancient Hawaiian Metaphysics

David Frederick, CH, OB All-levels
• Learn water healing techniques
• Move objects
• Manifest outcomes
You will learn how to move an object with MANA. Use water to heal. Learn MANA (life force) infusion, clearing and protection. Learn the ha rite and travel to the center.

Lecture/Demonstration

(12203) PRACTICAL APPLICATIONS OF LISTENING

—Hearing Between The Words To Quickly Formulate Positive And Effective Suggestions

Ariel Shinker, CI, OB All-levels
• Identify trigger words spoken by clients that reveal the roots of healing
• List 3 practical questions to get your clients speaking in order to formulate a proper plan of action to work with
• Apply 3 practical applications to your pre-talks that will define a clear direction to success
• Easily construct positive and effective suggestions to facilitate change for your clients

Hypnosis alone is not enough to create the changes that our clients desire, it is what we do with it that matters. In this hands-on workshop, learn universal applications that you will be able to apply with all your clients. This will fine-tune your listening skills so that you can quickly develop positive and powerful suggestions to facilitate the changes your clients desire and to effectively build your profession.

Lecture/Demonstration/Q&A

(12204) HYPNOSIS: PUTTING THE IMAGINATION TO WORK

—Nothing Happens Until It Happens In The Imagination First

Ron Esslinger, CRNA, RN, APN, FNGH, CMI, OB All-levels
• Describe and discuss the hypnotic brain
• Describe the action of images on a client’s quality world

The things that meet our needs the best develop as pictures in our Quality Worlds. The Quality World is a place in our minds that is like a picture album. As we experience life, we develop ideas about what will fulfill our needs. We know that some things fulfill our needs better than others. All mental images, thoughts and ideas influence the body’s responses in some very special ways. Hypnotic phenomenon is that special way.

Lecture/Demonstration/Discussion/Q&A

To register, call (603) 429-9438
(12025) HOW A CONSULTING HYPNOTIST CAN DESIGN A PRACTICE IN COMPLEMENTARY MEDICAL HYPNOTISM—Have A Practice That Results In A Six-Figure Income Using Referrals
C. Scot Giles, DMin, DNGH, CI, OB
Intermediate-Advanced
• Orient you to general issues & concerns of adding complementary medical hypnotism to your practice
• Practical tips on running a successful complementary medical practice from a seasoned and successful practitioner
• Discover the hidden issues that can make or break a practice
There are special issues and concerns that you must consider if you want to do complementary medical hypnotism as a serious part of your practice. Complementary medical services need to be marketed in a completely different way than other hypnotic services and there are special concerns to keep the practice lawful. This program by a successful colleague will cover these issues and show you how to run a successful and stable practice focused on medical issues.
Lecture/Discussion/Q&A

(12026) “NEVER GOOD ENOUGH”—Cognitive-Behavioral Hypnosis; A Low Self-Esteem Intervention
Patricia Pearson, CI, OB
All-levels
• How social influences and “subconscious misunderstandings” become set-ups for low self-esteem
• How Cognitive Behavioral Hypnosis rapidly alters distorted self-beliefs and self-talk
• How to apply targeted suggestions that “flip” negative self-image
• How CBH structured sessions with “after session activity” increase client commitment and satisfaction
Positive self-esteem is the belief that you are accepted and competent to succeed at life tasks. But low self-esteem erects barriers in personal and work success. Cognitive Behavioral Hypnosis rapidly alters critical self-views. Structured, contracted sessions optimize client buy-in and emotional clearing. In this workshop, learn to identify and correct erroneous self-definitions with CBH, adjunctive humor and “Stop it” method. Extensively researched, inclusion of CBH in your work can increase referrals, boost your income and professional status. Examples, handouts and demonstrations provide easy to use techniques.
Lecture/Demonstration/Experiential/Q&A

81 Special Elective
2-Hour Workshops
Tuition: $25; 5 for $100

4:00-5:50 PM

(12041) THE HYPNOTIC SOLUTION FOR OVERCOMING SELF-IMPOSED LIMITATIONS—Empowering The Client To Conquer Life’s Obstacles
Jacob Bimblich, DNGH, CI, OB
All-levels
• Learn how to change a subject’s perception and awareness of his conscious and subconscious mind
• Learn hypnotic techniques to motivate the client to achieve their goals
• Learn approaches to increase strong feelings of self-esteem
• Master the use of hypnotic suggestions for self-empowerment
• Understand how to develop a healthy self-efficacy, self-respect and self-assertiveness
In this workshop, you will learn the techniques and the script that has been used very successfully when dealing with clients. You will be able to look at a different way of thinking and doing a very effective hypnosis session. You will be able to empower the client, boost, encourage and shift away from the negative. Learn the process to help the client erase the negative thoughts and attitudes and help them live a more authentic and real life.
Lecture/Demonstration/Q&A

(12043) HYPOGENES: EPGENETICS & HYPNOSIS—The Hypnotic Prevention/Promotion Of Predisposition Gene Expression
Anthony DeMarco, LLB, DNGH, CI, OB
All-levels
• Gain practical knowledge of how predisposition works
• Gain practical knowledge of how genes work
• Methods to switch gene predisposition “on and off”
• Identification of “real and imaginary” genes for great health
• Learn immune system enhancement
Epigenetics is the field of study that assesses the mechanism by which environmental information interfaces with the genome and controls genetic activity. The outer environment and our perception of it influences our thoughts, emotions and responses. Hypnosis provides the mechanism to regulate the original predisposition gene activity, thereby regulating the cell responses. This is truly a formidable power in that we can change our destiny through changing our perceptions.
Lecture/Discussion/Participation/Q&A

(12044) CARING FOR THE CAREGIVER
Don Mottin, DNGH, CMI, OB
All-levels
Learn the secrets of helping caregivers. Too often we focus only on the person that has been injured or has become ill. Don Mottin has developed a three step approach to help caregivers. Don feels that every hypnotist should have the knowledge of how to help these very special people. There are few types of sessions that can provide the hypnotist with the feelings that they have done something wonderful. A CD filled with scripts and techniques will be provided to only those that attend the live class at the 2019 convention.
Lecture/Demonstration/Q&A

“"I always like to keep up with new techniques and see folks who think alike. I always learn something.”
—Susan Hardwicke, Columbia, SC

Lecture/Demonstration/Q&A
Running a hypnotism business is both exciting and challenging, but if you have ADD/ADHD, sometimes it’s overwhelming and plays havoc with your confidence. However, hypnosis is a fantastic tool for managing ADD/ADHD. Learn a 6-session protocol for addressing key challenges that will help improve ADD symptoms, plus additional non-hypnotic strategies that can be woven into scripts or used as coaching points. Discover advantages to having ADHD and learn to reframe the experience of ADHD to be more empowering. Experience group hypnosis exercise to increase success for you and your clients.

Lecture/Experiential/Q&A

7:00-8:50 PM

SPECIAL FREE WORKSHOP
(12071) MEET YOUR TRIBE
-MAKE NEW HYPNO-BUDDIES!
—Connections With Colleagues Equals Power In Our Profession
Cheryl DeDecker, BCH
All-levels

• Name 3 benefits of being friends with your colleagues
• Name 2 ways strong personal connections strengthen our profession
• List the names of at least 3 new contacts to continue ongoing collegial interactions during the convention
• List 2 actions to complete post-convention to continue to build hypno-buddy connections

Being surrounded by hypnotists is invigorating; finding opportunities to meet new colleagues can be a challenge. This FREE 2-hr workshop invites both new and seasoned hypnotists to mingle in this fun, interactive experience. Make new connections, meet people at another level, so you can continue to spend time during convention — going to classes, having meals, chatting ... and maybe become hypno-buddies for life! It’s FREE, it’s fun, it’s Friday night ... Join us, meet people — and continue those connections all weekend and beyond.

Lecture/Discussion/Interaction/Q&A

8:50-10:00 PM

(12072) ADVANCED METHODS OF PAST LIFE REGRESSION
—Bringing Past Abilities Forward To The Present
David Quigley, CH, OB
Intermediate

• Learn how to re-experience creative talents from the past
• Learn how these abilities can be easily accessed without formal trance induction
• Experience a past life ability and bring it forward to this life now

Most past life regression is focused on a historical review of a past life, or releasing a trauma from a past life by reliving it. You will learn how to access such creative abilities as art, music, healing powers, even social and leadership skills, and you will learn how to access these gifts whenever you need them without a formal induction. Class will include a guided journey to a creative ability in your past, and bringing it forward.

Lecture/Experiential/Discussion/Q&A

(12073) STRESS AND EMOTIONS MANAGEMENT—The Impact Of Stress And Emotions On Our Health
Maha Lahode, CI
All-levels

• Observe and identify stress
• Understand the physiological stress mechanisms on health
• Apply techniques to: reduce stress, gain self-control, activate neuroplasticity, increase imagination to achieve goals, acquire a better communication, acquire tools for consults with clients/patients, acquire personal tools

Temet Nosce, represented by Maha Lahode, offers a workshop on stress and emotions management in order to improve one’s health and well-being in everyday life. This workshop will consist of group activities, techniques, relaxation methods, role plays and will give a better understanding of how emotional stress can impact negatively our health. The practical techniques will bring you know-how in the professional and personal field.

Lecture/Exercises/Practice/Q&A

“Great learning experience. Great people.”
—Magda Ferenczi, Hixon, TN

Questions? Call the NGH Office at (603) 429-9438
(12074) THE A.P.S REPORT
—Integrating The Arno Profile System (APS) And Consulting Hypnotism, From A Christian Perspective
Mike Lips, MDiv, CH All-levels
• Define the meaning of temperament and why it is so important
• Name the 5 temperaments and the 3 areas of temperament needs
• Identify temperament strengths and weaknesses

Temperament is inborn, given to us by our Creator. It determines how we react to people, places and things. It’s how we interact with our environments and the world around us. It’s also the determining factor of how we handle the stresses and pressures of life. The A.P.S. will give you “The Power of Professionalism” you need to be more successful as a consulting hypnotist, a Christian perspective.

Lecture/Discussion/Demonstration

(12075) SO YOU’RE A HYPNOTIST - DO YOU ACTUALLY KNOW WHAT YOU’RE DOING?
—What Is Hypnosis And Why/How Does It Work? A Refresher And Perhaps An Eye-Opener For The Hypno-Pro And Must For The Hypno-Novice
Alan Stubenrauch, CH All-levels
• Describe what hypnosis really is
• Explain how and why hypnosis works
• List 4 signs that a subject is hypnotized
• List 4 rules for correct semantics during hypnosis
• Describe how to establish ideomotor response
• List 4 levels of consciousness
• List the primary thought modes and how to identify them in clients

This workshop is an informative, refresher course for the experienced, professional hypnotist, who just might find that they didn’t know it all, after all. It is especially recommended for the less experienced and novice hypnotists who may be surprised at what our amazing science of hypnosis is really about. This workshop is the product of well over three decades of clinical experience and personal research. It is offered with the hope that you will emerge refreshed in your endeavors and probably surprised at some of the concepts presented. It is expected that this workshop will not only contribute to professionalism, but that it will bring deeper understanding, success & fulfillment for all who participate.

Lecture/Demonstration/Discussion/Q&A

(12076) ADDRESSING ALZHEIMER’S DISEASE (AD) AND MILD COGNITIVE IMPAIRMENT (MCI) WITH HYPNOSIS
John Brochu, CI, OB All-levels
• Differentiate mild cognitive impairment (MCI), subjective cognitive impairment (SCI) and Alzheimer’s Disease
• The need for personalized programs to enhance pharmaceutical efficacy
• Protocol for MEND – Metabolic Enhancement for Neurodegeneration
• How hypnosis can support and enhance the chance of remission

Over 5.4 million Americans and 30 million globally are affected with age-related cognitive decline including mild cognitive impairment, Alzheimer’s disease and dementia. Early detection is key. This presentation will include both the Gothenburg MCI study and the Bredesen Protocol, developed by Dr. Dale Bredesen of the Buck Institute for research on aging. These multi-pronged approaches can help return the subject to within normal range. Understanding these protocols will allow you to be part of that healthcare team.

Lecture/Discussion/Q&A

(12077) WOW - THAT’S WHAT MY BODY IS TRYING TO TELL ME!!
—Understanding What Your Body Is Trying To Tell You It Needs To Be Happy & Healthy
Jini Cerio, CH All-levels
• Learn to communicate with your organs to find out what causes a body to be out of balance
• Demonstrate, identify & list what is needed to re-balance emotionally and physically using kinesiology/muscle testing & dowsing various charts
• Learn how hypnosis is used to find these issues and where negative emotions are blocked and why

In this workshop, you will gain an understanding of what the body needs to stay healthy, physically and emotionally. We will go over 90 essential vitamins, minerals, and elements that keep our bodies functioning properly and what happens when they are lacking. You will leave with knowing how to talk to your body/organisms and find out what is causing imbalances, not only physical but emotional. We will go over negative emotions and how they effect your body and how to release them.

Lecture/Demonstration/Q&A

(12078) HYPNOSIS AS A TOOL FOR BETTER SLEEP FOR BETTER LIVING
Boris Opancha, BCH All-levels
• By proper understanding what causes trouble falling asleep or staying asleep through the night
• How we as hypnotists can help people to improve their lives

One out of three people have sleep issues at some point in their lives. 20-40% of all adults have sleep issues in the course of any year. Struggle for hours to get to sleep, no matter how tired you are? Or, do you wake up in the middle of the night and lie awake for hours, anxiously watching the clock? The better we understand sleeplessness, the more charge we can begin to take of sleep and health. That includes understanding how and when hypnosis can be used.

Lecture/Discussion/Q&A

“Lots and lots of workshop options, all good ones. Met great people everywhere (elevators, dinner, speakers), learned a bunch. Most delightfully tired I’ve been in ages.” —Lisa Harrison

“It’s always a fun, friendly convention. There is new information for hypnotists at all levels.” —Scott Babb, Amherst, NH

“The NGH convention is the best run and accomplished with the most valuable and useable information I have ever attended.” —David Chandler, Quaker Hill, CT
5 Special Elective
3-Hour Workshops

Tuition: $25; 5 for $100

Please note:
An important notation below the seminar or workshop description indicates what technique the presenter is using and would include at least one of the following: Lecture, Discussion, Demonstration, Participation, Q&A, Visual, and Experiential.

Questions? Call the NGH Office at (603) 429-9438

2:00-4:50 PM

(13021) RAPID NLP TECHNIQUES FOR CHANGE—That You Can Use In Your Practice Or For Demos
Kevin Martin, CH & Brenda Martin, CH All-levels

• List at least four scenarios in which you can use demos or techniques
• List the types of questions to ask to get the best candidates in demos
• Easily relate these demos to hypnosis for your audience
• List the types of issues that these techniques can be used for
• Demonstrate that you can perform one of these techniques on others

This workshop will show you three incredible and quick NLP based demonstrations that can create change within a person instantly. Every demonstration will be broken down to show you how they work and everyone will be given a chance to practice one or two of these demos. These can be done anytime and anywhere and will be valuable in your practice.

Lecture/Demonstration/Q&A

Complimentary Coffee & Pastries will be available to all attendees 7:30-9am Fri, Sat, Sun

VISIT THE NGH CONVENTION BOOKSTORE!

Each year participants tell us one of the things they like best about the NGH Convention is the chance to purchase the books, audios and videos of our featured speakers. You will be able to choose from a wide assortment of books, audios and videos not easily found elsewhere.

RAVE REVIEWS

“A great place to recharge your professional batteries. The variety of topics presented always allows you to add new tools to your hypnotic tool box.”
—Roger W. Newbury, Sr, Litchfield, CT

“I look forward to gaining knowledge of our craft each year at the convention.”
—Sherri Bernier, Southington, CT

“Most devoted and generous group of faculty members eager to help every participant get better. I love this community.”
—Xing Griffith, Arlington, MA

“Learned many, many new ideas I didn’t know til the convention!”
—Bill Reynolds, Kingston, NY

CDs
Afraid You’ll Miss One Workshop by Going to Another? Don’t Worry! CDs of all the Seminars & Workshops will be available to order at the convention. We’ll Take Your Orders There!
7:00-7:50 AM SEMINARS

(210701) YOGA EXERCISE
Dorothy Kerzner, CH, OB

Begin your day relaxed and in control with stress-reducing, easy movements for body and spirit. Attendees should wear comfortable clothing and bring a towel to sit on.

(210702) TAI CHI MORNING EXERCISE—Experience The Mind/Body Connection Through Tai Chi
Stanley Ou Yang, BCH, CI

Through a series of slow, relaxed, rhythmic, graceful movements, you will learn to maintain good body alignment to promote stability and balance, and connect your mind and body to enhance wellness and health.

8:00-8:50 AM SEMINARS

(210801) RETRIEVE YOUR PERSONAL POWER—Three Methods To Respectfully Reclaim And Maintain Your Power, Today, And Forever More
Anne Archambault, CI

Whether we are aware of it or not, we all take each other’s power. We trade power with our parents, teachers, partners, business associates, bosses, children, friends, and others, often without meaning to do so. Come learn how to identify a personal power “theft,” and discover two effective behind-the-scenes ways to respectfully retrieve it, in order to eliminate the emotional charge and restore balance in even the most difficult relationships. After practicing the easy-to-learn methods for just minutes per day, you may soon find yourself happily sitting down to lunch with someone with whom you once thought that impossible.

(210802) WORKING WITH FIBROMYALGIA CLIENTS
Roy Cantrell, CI, OB

Learn current issues and medical diagnosis for our potential client, when to refer out, determining if you are qualified. Discover how to sell these services to the numerous specialists, physicians and GPs. What training should you have? How much stress reduction training do you know? Are you qualified to work with these clients?

(210803) SUCCESS WITHOUT STRUGGLE—Learn To Have A Successful Practice And Office With Little Effort
Larry Garrett, BCH, OB

After 48 plus years of full-time practice, I have come across some ideas which might allow you to have a successful practice. Sometimes it is good to learn from experience instead of trials and tribulation. Learn how to get your phone ringing and have more people sign up for sessions with you.

(210804) C.R.P. MOTIVATION METHOD FOR EASY RESULTS—Empower Clients Using The Root Desire Of Their Goal
Linda Donalds, BCH, CI

CPR Motivation Method is a powerful yet simple tool to help you achieve success with any goal. It identifies one’s true root desire and uses it to maintain proper focus while providing an extra boost of inspired motivation to keep going until you have succeeded. Learn the 3 key elements in a CPR statement and why “context” is critical to motivation and outcome. Learn how to guide your clients through the 9-step process of writing a powerful CPR statement, and how to use it within their hypnosis session.

(210805) HYPNOTIC APPETITE SUPPRESSANT—Help Clients Suppress Their Appetite Without Drugs Or Side Affects
Celeste Hackett, BCH, CI, OB

Most clients who want to lose weight think they could do it if they just weren’t so hungry all the time. A hypnotic appetite suppressant, done correctly, will not only take away unnecessary hunger, but will also convince clients hypnosis really works for weight loss and that you are a great hypnotist.

(210806) HOW TO GENERATE REPEAT CLIENTS—Proven Strategies To Encourage Your Clients To Visit You Every 6 Weeks For A Tune-Up
Timothy Jones, BMin, FNGH, CI, OB

Like visiting their chiropractors every 2 months to maintain their well-being, clients should feel confident enough in you to visit regularly for “tune up’s” even after they’ve met their original objectives so you can help them remain motivated and invigorated. This is a presentation of often overlooked techniques that express you’re not only inspired in what you do, but that you look and feel like a respected practitioner.

(210807) RE-FRAMING THE HEARTBREAK OF DIVORCE—Rediscovering One’s Sense Of Self
Elizabeth Marian Kilkenny, CH, OB

Divorce has been defined as “the ultimate assault on one’s sense of self” – an incalculable insult to who you thought you were. Through hypnosis, we allow the client to revisit their own individuality prior to the union and to uncover and reinforce the client’s own uniquely acquired accomplishments and abilities. As hypnotists we can arm the client with a burst of self-confidence that might otherwise take years to unveil.

(210808) SEVEN KEYS TO LANDING CORPORATE CLIENTS—Power Of Your Hypnotic Marketing Pen
Robert Martel, BCH

Attend this seminar and you will be able to create your own strategy for easily, magically and almost effortlessly landing corporate clients for workshops, coaching and for private hypnosis work with employees. A review of conversational hypnosis will be briefly covered to illustrate its role in creating effective direct mail, and how it applies to landing page content, and all communication with a prospect. A self-hypnosis script for overcoming fears and obstacles to success will be made available.

“Must have convention for knowledge and friendship. Like finding your tribe.”
—Robert Merlin, Summerfield, NC
(210809) THE HYPNOTIC FOUNTAIN OF YOUTH —Hypnosis For Healthy, Youthful Vitality
Gloria Constantas, CI Introductory-Intermediate
Did you know the most common signs of aging are based on personal beliefs? Learn how to rejuvenate the body, mind, and spirit, using hypnosis! Learn to use NLP language patterns to enhance the immune system, increase energy, and improve memory and cognition. Help your clients improve their overall health and youthfulness and remain youthful throughout their lifetime.

(210810) SHOW YOUR HAND(WRITING) FOR A BUMPER STICKER ANALYSIS—Your Trump Card Revealed & How To Play It
Pearlan Feeney-Grater, CH, OB All-levels
Allow Pearlan to weave what she sees into a conversation that leaves you feeling understood where others might not. Even more, she will provide a powerful tool that will empower you to ask the right questions to make this happen. Decide for yourself the value of this scientific tool that reveals the blueprint of your subconscious mind. Use of this knowledge with your clients, supports the process of bypassing the critical factor of the conscious mind just by conversing (hypnotically). This entire process can happen in minutes without the subject slipping into a trance or ever being aware of when the hypnosis began. When you come to this session, you will see how Pearlan “nails it” by using samples of handwriting from willing participants. Talk about “Sharing the Vision” when we use the gateway to the subconscious mind.

(210811) HOW YOU SAY IT MAKES ALL THE DIFFERENCE - Really- It's Not What You Say ... It's How You Say It...
Scott McFall, DCH, LMT, CI, OB All-levels
We will be exploring and practicing the extraverbal skills of master hypnotists. Rather than focusing on the words chosen, we will be focusing on all of the characteristics needed for your clients to believe the way you speak. Learn the magic of inflection, timing, drama, and effect to give your sessions the real skills of a master.

(210812) OPIOID ALTERNATIVE—The Neuroscience And Practice Of Hypnotic Pain Relief
Fredric Mau, BCH, CI, OB All-levels
Approximately 100 people die each day due to opioid abuse, and annually Americans average three prescriptions for opioids – physicians prescribe ever more powerful substances for relief. In 2017, the American College of Physicians issued new empirically-based clinical guidelines for the use of relaxation instead of opioids. The neuroscience of hypnotic pain relief is now well-established. This is the opportunity to step forward and help alleviate this crisis with one of our most effective tools.

(210813) EFFECTIVE EMOTION MANAGEMENT FOR STRESSFUL CLIENTS—Proven Hypnosis Techniques To Restore Hope And Confidence
Marcia Peng, CH All-levels
Many people experience sadness and depressive feelings in their daily life. Emotion management intervention and self-management skills are effective tools to quickly alleviate bad feelings to prevent it from affecting people’s health and life quality. Effective hypnotic intervention strategy will be shared through successful case study.

9:00-9:50 AM SEMINARS

(21091) EFT FOR THE CLIENT AND YOU —Powering Our Professionalism
Charles Crenshaw, Jr., Mdiv, CI, OB All-levels
EFT has evolved out of the subtleties of our understanding of the human energy body (chi body). The general consensus is that EFT is just blindly tapping and talking, but it is a lot more subtle than that. It can be used as a tool to help hypnotists help themselves, in addition to self-hypnosis, something that is often overlooked.

(21092) INTRODUCTION TO THE BODY LANGUAGE CODE—Get A Glimpse Into The Tool Box Of Non-Verbal Communication
Petra Frese, BCH All-levels
Did you ever desire to read your client’s mind? If you wish to have way more efficient, sustainable and rewarding hypnosis sessions, this seminar is for you. Experience to decipher the non-verbal messages of your vis-à-vis. Learn and practice. Make your business and private life easier by using this knowledge. Improve the power of our profession by learning the body language code.

(21093) ANGRY AT THE WORLD —Addressing Anger In And Out Of Hypnosis
Penny Chiasson, RN, BCH All-levels
It seems we all have an abundance of clients and potential clients who are angry and frustrated. Our older clients were told to stuff it and hold it down, while our younger clients have been told to “express their rage.” Yet, neither solves the problem. This seminar will give you powerful information to take back to your clients to help them understand the true purpose of anger and how to deal with it effectively. This gives your client some sense of control while you employ two powerfully effective methods that we will discuss to get to the root of that anger and release the rage.

To register, call (603) 429-9438

“The teachers, as always, were fabulous. I always learn so many new tools at the NGH convention.”
—Elana Kogan, Stoneyville, MA

“Where else can you meet so many like-minded professionals under one roof?”
—Amanda Ferguson, Chlelmsford, MA
(21094) THE MAGIC SCRIPT
—As A First Session, Fall-Back & Foundation
Lisa Halpin, BCH, CI, OB  All-levels
Would you like a magic script to add to your work with clients to help them be more successful in changing their behavior? Or, a magic script that would be a good place to start with almost any client, or when you haven’t yet figured out what to do? Very simple and straightforward, Hartland’s script helps produce amazing results. Even if you’ve seen the script before, come learn the secrets of its success and how to apply it. Every year I’m thanked by previous attendees from years ago who tell me that this seminar “saved” their practice or increased their income, and resulted in greater client success. Join me for this updated class to add this “magic” to your practice!
Lecture/Visual/Q&A

(21095) WHO IS THE HEALER?
—Balancing Confidence And Humility
Peter Blum, CI, OB  All-levels
We will examine different belief systems about who gets credit for successful results, and who gets blamed for lack of successful results. It is our professional responsibility to do the best we can for our clients to help them achieve their stated outcomes. However, there is much that is beyond our control – we cannot guarantee results. If things go well, we are sometimes perceived as all powerful magical beings. The most self-empowering things we can do for our clients is to help them accept some responsibility for co-creating their positive changes.
Lecture/Demonstration/Discussion/Q&A

(21096) LOUISE L HAY’S POWERFUL PROCESSES FOR CREATING CHANGE—Discover Several Louise L Hay Methods For Use In Your Clinic
Patricia Meister, BCH, CI, OB  All-levels
This is a seminar that will introduce you to Louise L Hay strategies and techniques to affect change. You will discover new strategies and techniques to help your client with a variety of unresolved issues and perceive a new vision for the future. Acquire methods and processes that help clients access feelings and emotions that govern their thinking and behavior. Approaches include LL Hay change work and methods to transform health, relationships and career.
Lecture/Demonstration

(21097) CORPORATE STOP SMOKING, WEIGHT LOSS & STRESS REDUCTION PROGRAMS
—Learn How To Find The Companies Like AT&T Who Paid Us $11,700 For 3 Group Sessions
Tommy Vee, CI, OB  All-levels
Learn how to find the right companies and how to increase your success ratio on a corporate level as well as in your private practice. Discover how to get the presentation appointment and how to use my special techniques that will win over any committee. Find out how to structure advertising and your introductory contact letters and learn what I do in the session.
Lecture/Demonstration/Q&A

Complimentary Coffee & Pastries will be available to all attendees
7:30-9am Fri, Sat, Sun

(21091) SEX!—Get Your Mind Out Of The Gutter, I’m Talking About The Unconscious Mind
Brian DiRamio, CH  All-levels
This introductory class will discuss and describe the Freudian concept of the unconscious mind and the connection between this theory and hypnosis. Most importantly, you will learn why this may answer why hypnosis works and why, in some occasions, hypnosis does not work. Understand why this may answer when and when not to use hypnosis. This presentation will attempt to improve your practice by instructing you in the concept of the subconscious.
Lecture/Q&A

(21092) MARKETING MASTERY - FREE MARKETING EDITION—Top 3 ‘FREE’ Marketing Tools To Fill Your Practice
Robert Harrison, CH  All-levels
In this seminar, you will learn some of the most common mistakes even the seasoned pros make with their marketing and how to avoid them in your practice. You will then learn some easy steps you can take to troubleshoot your specific marketing campaign and fix them. Next, we will discuss marketing best practices and where to start whether you are just starting out or re-tooling your marketing campaign from top to bottom. If your marketing isn’t returning at least 4:1 for your marketing dollars and/or earning you at least an executive level income, this seminar is for you.
Lecture/Discussion/Q&A

(21093) DEMYSTIFYING HIGHER MIND
—Learn How Easily You Can Take Your Clients Up!
Elizabeth Campbell, BCH, CI, OB  All-levels
Although many teach a lengthy method of getting to higher mind, learn instead to use context in your language and induction to achieve this heightened state. This is valuable for your spiritually-minded clients and can also be far more comfortable for those who have resisted the idea of going down, deeper, etc. Learn how to quickly and effectively guide healing in body/mind/spirit. Experience this state during the class to easily reach your own higher mind.
Lecture/Demonstration/Q&A

(21094) ANGER AND HOW TO CONTROL IT
Don Mottin, DNGH, CMI, OB  All-levels
Most people who experience high levels of anger know that there is something wrong. These same individuals who need help are not very likely to rely upon talk therapy. This is where hypnosis comes in. Individuals with anger issues are looking for a short effective way of helping themselves. Don will show you how to control anger with three simple sessions. To help these people you must know the correct induction, the correct deepening techniques, the right wording, and the correct types of post-hypnotic suggestions.
Lecture/Q&A

“The presenters are generous with their materials and supportive during practice sessions.”
—Susan Raskin, Yorktown Heights, NY
THERAPY?—What’s The Real Scoop On Past LIVES?

Lucy Portlock, CH  All-levels

This seminar is designed to present up-to-date information on the truth of “past lives” through discussion of actual research, citing numerous authors and their published works. It will also show the merits of using past life regressions in your hypnotism practice as well as explaining why past life regressions have been viewed as make-believe stories of the mind in past years. Are past lives real or just stories? Is there any use in doing past life regression in your practice? Would you like to try having a past life regression yourself? Come to this seminar for the answer to these questions.

Lecture/Discussion/Experiential/Q&A

SPORTS HYPNOSIS: EMPOWER ATHLETES TO SHINE!—Boost The Mental Game Of Elite Competitors

Gloria Drewritz, CH  All-levels

Elite athletes are highly motivated and have a great work ethic. They already possess a high level of energy and self-discipline. Often, however, they can lose confidence when they have to prove themselves at important events. Helping athletes succeed provides personal satisfaction and financial reward. This seminar will help you spot the mental pitfalls athletes experience and give you the essential skills to assist them in accessing their personal best at every competitive event!

Lecture/Exercise/Discussion/Q&A

SOMETIMES YOU JUST HAVE TO THROW YOUR CLIENTS OUT THE DOOR—Why Some Clients Are Bad For You, Your Sanity And Your Bottom Line And What You Have To Do About It

Roger Willard, CH  Introductory-Intermediate

If you are a new hypnotist, or even one who has been around a few years and you are in the business of helping people make change, you want and need clients. However some of them are toxic, but in their calls to you, they will sound sincere and want you to help them. When they show up for their appointment and sometime during the session, something happens. You can prevent yourself from being tricked into taking them in the first place (if you can deduce that on the phone, then they are not right for you) or get rid of them as soon as possible if they come to a session with you. You will hear examples of such people and the ways they were dealt with.

Lecture/Q&A

11:00-11:50 AM SEMINARS

THE CROWLEY PROTOCOL- GATEWAY TO THE COLLECTIVE UNCONSCIOUS—Step-By-Step Method For Profound Results In A 50 Minute Hour

Cecilia Bergstein, BCH, CI  Intermediate

The Crowley Protocol is a unique combination of distraction, disturbance, or turbulence, stillness and release which results in rapid resolution of situations presented. When one thinks negatively, bad things begin to co-create around you. Similarly for healing with hypnosis, while we are harnessing the power of the unconscious mind we can create a positive experience and environment for change.

Lecture/Demonstration/Discussion

SOS: SESSION RESCUE!—No Mistakes, Only Opportunities To Make The Session Better

Susan Spiegel Solovay, CI  All-levels

Every hypnotist needs an SOS toolkit. If a session is going awry, you want the confidence to steer it quickly back on track. Dealing with noises, coughs, yawns, hearing problems? Deep snoozing, or steep resistance? You made an error? Lost your script? Lost track of time? No problem! I’ve made every mistake already, so I’ll give you the best tools so problems don’t happen – and quick, effective fixes if they do.

Lecture/Q&A

PROFESSIONAL SEMINAR TO EDUCATE YOUR COMMUNITIES OF WHAT HYPNOSIS CAN DO FOR GETTING A GREAT NIGHTS SLEEP

—A Complete 50 Minute Seminar With Handouts And Scripts Ready To Present

Vilene Farina, CI  Introductory

Be able to just read the entire materials and have a well presented 50-minute seminar. Handouts, scripts and teaching hints included. This seminar has been presented by new hypnotists and experienced hypnotists needing to present a 50-minute seminar. Great seminar for CIs to teach to students because the materials are part of the NGH Training package.

Lecture/Q&A

THE POWERFUL ROLE OF THE HYPNOTIST—How To Keep A Safe Space Between You And Your Client

Marcel Klasen, BCH, CI, OB  All-levels

Hypnosis can facilitate healing but hypnotists can easily be affected by their work. Learn three effective methods to prevent absorption of negative energy released by clients. Hands-on instructions will help your energy be safer and more protected in doing healing hypnosis sessions. You will learn how to balance your own energy centers and those of your clients.

Lecture/Experiential/Demonstration/Q&A

MEMORY -TRUE OR FALSE

—Staying Out Of Legal Problems

Roxanne Louise, BA, CH, OB  All-levels

There is a real need to know about and to recognize false memories, how to avoid their creation, and what to do if already found or suspected. Creating a false memory is, unfortunately, easy to do through a particular line of questioning and then adding visualization. Learn how memory is stored, retrieved, and distorted. Learn what you can do instead to help a client heal while avoiding false memory creation.

Lecture/Q&A

NGH 2019 Annual Convention, Educational Conference & Exhibition 31
NOON-12:50 PM SEMINARS

(21121) IMAGERY AND SELF-HEALING
Nat Harris, MS, LMSW, CI, OB  All-levels
You will gain information about the effectiveness of imagery-based methods in the healing process. Discussing one’s ability to “image” to improve goals experimentally, behaviorally and physiologically are open for analysis. You will learn how the presenter applied the “Ten Steps to Guided Imagery” to his personal battle with colon cancer. The story is used as a template for you to learn how to apply the “Ten Steps” to any of your issues.  Lecture/Discussion/Video/Q&A

(21122) THE MANY ASPECTS OF PROFESSIONALISM AND HOW THEY AFFECT YOU AND YOUR BUSINESS—Your Professional Image Is A Key Defining Element That Shapes Your Reputation
Walter Meister  All-levels
Professionalism is not just on how good you are as a hypnotist and the great results you are getting with your clients. The perception and image people have of you defines your reputation at work and your personal life. Your conduct, behavior, appearance, non-verbal and verbal communications used in your day-to-day life, social media and messaging all help to define people’s perception of you as a professional.  Lecture/Discussion/Q&A

(21123) COMPLEMENTARY MEDICAL HYPNOSIS—FOUR CASE HISTORIES
Bonnie Hammersley, BCH, CI  All-levels
Hypnosis is an effective complementary tool for addressing common concerns of pre and post-surgery clients and general well-being. This presentation will review actual cases – the clients and their goals, how hypnosis was used and the effects. Cases include a mastectomy, installation of trigeminal nerve pillows, shoulder replacement and effects of cancer treatment.  Lecture/Q&A

(21124) EXPLORING THE MEMBERS AREA OF THE NEW NGH WEB SITE—Get The Most Out Of This Valuable Benefit Of Your NGH Membership
Robert Dunscomb, BCH, OB and David Shaun Ezzell, CH  All-levels
The new NGH website is unique among sites related to hypnosis, with valuable information available only to registered NGH Members. In addition to back issues of The Journal of Hypnotism®, there are selected research articles and moderated discussions of issues, problems and concerns related to the hypnotism profession. Learn how to access and participate in these conversations.  Lecture/Q&A

(21125) INTEGRATE CONFLICTING PERSONALITY PARTS WITH ERICKSONIAN HYPNOSIS—How To Get Good Results With Complex Problems
Charles Curtis, BCH, OB  All-levels
Some clients sabotage their success. Seemingly “fixed” at the end of their sessions, they walk out the door and continue to have the problem. Regression-to-cause integrates the differing agendas of these parts. Learn a simple technique, how to approach more complex problems, and a source of many more Ericksonian hypnosis techniques for handling difficult issues.  Lecture/Experiential/Q&A

(21126) EVERYTHING YOU WANTED TO KNOW ABOUT GETTING MEDICAL REFERRALS IN A CHANGING MEDICAL ENVIRONMENT—The Mindset Of The Medical Profession Is Changing And It Is Time For The Hypnotist To Join The Referral Network System
Rosemarie Schulman, RN, CI, OB  All-levels
My presentation will advise and inform you on how to communicate with and encourage healthcare professionals to recommend hypnosis as an added modality in order for their clients to achieve their goals. This information will provide you with constant referrals. I will guide you on how to combine resources with proper charting and follow-up notes that the healthcare practitioners will value. In the seminar, I will go into detail how and what to do while working within the practice of healthcare professionals so that the data they rely on to publish could be achieved.  Lecture/Discussion/Q&A

2:00-2:50 PM SEMINARS

(21021) ARRGH, THAT NOISE!—Use Hypnosis To Help With Tinnitus And Other Common Hearing Problems
Scott Babb, BCH, CI  All-levels
More than 20% of the world’s population suffers from one or more of the “big three” hearing disorders – tinnitus, misophonia, and phonophobia. Discover how hypnosis can help those people get relief from their suffering, often when nothing else works!  Lecture/Discussion/Q&A

(21022) THE POWER OF PROFESSIONALISM IN PRESENTING FUN AND UNIQUE HYPNOTIC TECHNIQUES—Effective Yet Simple Techniques Allowing Yourself And Your Clients New Experiences For Pleasure And Enjoyment
Richard Gordon, CI  All-levels
Just take a moment to think about where you could present while educating your community that hypnosis is not scary or to be feared. Show your community by Sharing The Vision as you build your practice. Take people’s education of hypnosis to the next level. This seminar gives detail information on over a dozen subjects so you can use them immediately.  Lecture/Q&A

(21023) QUICK RESET HYPNOSIS—The New Super Fast Hypnosis Method
Marcel Klasen, BCH, CI, OB  All-levels
The super fast AHA hypnosis method creates an opportunity for hypnotists to avoid distraction and immediately focus on the client’s issue. The unique and innovative technique you will learn hands-on in this seminar is highly effective when you need a quick solution for any challenging feeling or situation. It can be used in sessions or easily taught as a self-help method. You will receive a step-by-step instruction sheet plus a handy quick-reference card.  Lecture/Experiential/Demonstration/Q&A

Don’t forget to visit
COUÉ’S CAFE
175 Expert Seminars
No Additional Charge
Included With Your Convention Fee

SATURDAY, AUGUST 10

(21024) EMPOWERING SUCCESS - EMPOWERMENT
SESSIONS FOR YOUR HYPNOTISM PRACTICE!!!
—All Clients Need Empowerment Sessions – It’s
Time To More Fully Enhance Lives, And Turbo
Charge Improvement!!!
John Cerbone, FNGH, CI, OB All-levels
Corporate, stage, and TV star John “Trance-Master” Cerbone
will teach you how to make on the spot demonstrations,
in good taste, mind blowing, fun, more workable and
unforgettable, having hosted thousands of these kinds of
demonstrations himself. Included in this class are three must
have private sessions every modern hypnotist needs for their
practice to improve lives, inculcate change, and boost the
client and the next best moments of their lives, carefully
constructed and designed for maximum client benefit.
Lecture/Discussion/Q&A

(21025) PURGING PAST POVERTY BELIEFS WITH
HYPNOSIS—Re-Framing WANT:LACK With
WANT:DESIRE To Promote A Successful Future
Elizabeth Marian Kilkenny, CH, OB All-levels
Childhood poverty is a documented cause of low self-esteem.
Binge eating, extreme materialization, substance abuse, and
the inability to succeed have all been connected to childhood
poverty and the belief in “lack” as a way of life. You will be
shown how we, as hypnotists, have the power to change this
belief and in turn change the lives of all the children, grown or
not, who are lost in this belief.
Lecture/Discussion/Q&A

(21026) A TRIP TO THE BEACH—Ridiculously
Effective Self-Hypnosis And Much More
Clay Dinger, CH All-levels
This is much more than just a beach induction. You will learn
to use the hypnosis, visualization, and NLP techniques blended
in this specialized procedure to teach your clients how to
mentally step away from overwhelming or stressful situations,
re-focus, and proceed with calmness and clarity — all in the
space of a breath or two! As an added bonus, learn to teach
your clients to exponentially amplify these effects by adding
powerful suggestions to achieve their specific goals. During
this seminar, you will learn the factors that make this technique
so effective, and experience them for yourself during an
experiential session.
Lecture/Experiential/Q&A

(21027) ADVANCED PRE-TALK STRATEGY
—The Induction Is Only As Good As The
Expectations Of The Client
Scott McFall, DCH, LMT, CI, OB All-levels
This class gives you the step-by-step formula used to create
clear proof that the induction of hypnosis will work for the
specific client in front of you. Build a powerful pre-talk that
creates exceptional client reactions to your sessions. The
emotional and physical evidence that builds expectations will
be solid before you leave.
Lecture/Q&A

Questions? Call the NGH
Office at (603) 429-9438

3:00-3:50 PM SEMINARS

(21031) UTILIZING EMOTIONAL INTELLIGENCE AS
A SPRINGBOARD FOR HYPNOSIS—Breaking
Hypnosis Barriers Using Emotional Intelligence
Amber Cox, BCH All-levels
In this presentation, you’ll learn why emotional intelligence is
far more than just a handy set of “people skills,” and why all
the research says that it’s the one skill you must have to be
successful in today’s workplace! Emotional intelligence is the
foundation and gateway to utilize your hypnosis skillset. Join
me, and discover exactly what emotional intelligence is and
why it’s recognized as one of the hottest performance tools for
thousands of success-minded people like you, and how you can
easily use emotional intelligence to break into any business
and immediately impact the bottom line. It is a powerful model
to use as a springboard for change work.
Lecture/Q&A

(21032) THE IMPACT OF STRESS ON HEALTH
—Solutions With Hypnosis
Maha Lahode, CI All-levels
Learn how society exposes individuals to over-stimulation of
requirements, performance, and competition. This generates a
harmful stress corresponding to any environmental and social
condition that has the effect of disrupting the homeostasis of
our body. It constitutes the dynamic process of psycho-
physiological adaptation. On a structural, cellular and
functional level of the nervous system, it affects the areas of
the brain involved in the coordination of cognition and
emotions. This will impact physical and psychological
well-being: depression, illness, impaired concentration and
memory.
Lecture/Exercises/Practice/Q&A

(21033) INTRODUCTION TO VIRTUAL REALITY
TECHNOLOGY UTILIZING HYPNOSIS,
SUBLIMINALS, AND METAPHORS—Create VIRTUAL
REALITY Videos And Interactive Game Interfaces
Using Your Guided Mediation And Imagination
David Shaun Ezzelli, CH All-levels
Experience guided meditation in a new way using virtual
reality technology. I will teach you how to get started on
creating a virtual reality video and interactive game interface
using your client’s imagination or your own imagination.
Learn how to create beautiful landscapes with subliminals,
metaphors, relaxing music, and guided meditation in virtual
reality and how you can help more people and generate more
business online with your virtual reality creations.
Lecture/Demonstration/Q&A

(21034) DIVERSITY AND RAPPORT
Steven Rollins, CI All-levels
Diversity and rapport is a facilitated discussion on the benefits
that understanding diversity has on the hypnotist’s ability to
relate to and achieve success with a client. People don’t fall
into nice neat categories that can be memorized, and there are
no set formulas that can assure success with any one group.
That said, we can improve our ability to build rapport by
gaining understanding about the wonderfully diverse world in
which we live. You are encouraged to participate by sharing or
asking for information on various demographics and by
sharing your personal experiences.
Lecture/Discussion/Q&A
(21035) EVERYDAY PENDULUM USE
—A Tool In Life’s Toolbelt
Sandra Bemis, BCH, CI
All-levels
In this fun, experiential seminar, learn how to personally use pendulums and incorporate them into your daily life for guidance, assistance, and business practice uses. You’ll learn steps, interpretation and understandings of pendulums and muscle testing methods. There are many every day uses for dowsing and pendulum use that go beyond the Chevreul’s suggestibility test for both adults and children. Bring your pendulum if you have one! Lecture/Discussion/Exercise/Q&A

(21036) NEUROBIOLOGY IN NLP AND HYPNOSIS
—What Is Neuroplasticity
William Horton, PsyD, MCAP, BCH, CMI, OB
All-levels
Learn what neurobiology is. Learn what neuroplasticity is. How can this be used in hypnosis and NLP? Learn some simple neuro hacks for success and habit control. The science of neuroplasticity is accessible to everyone. Neuroplasticity is a growing field of research in neuroscience, and new findings can help us help people. Lecture/Demonstration/Q&A

(21037) ETHICS FOR THE PROFESSIONAL HYPNOTIST—Ethical Reasoning For Professionalism
Curtis Ryal, CH
All-levels
This presentation will cover the concept of professionalism, and ethical theories for reasoning through best practices including principlism, consequentialism, and virtue ethics. The presentation will cover issues related to the hypnotism profession, and best ethical practices. Lecture/Q&A

4:00-4:50 PM SEMINARS

(21041) HOW TO RUN A G.I.F.T. PROGRAM AT YOUR LOCAL YMCA
Deborah Yaffee, CI
All-levels
Review the steps of the NGH G.I.F.T. program and discuss why it is a perfect package to offer the YMCA or other fitness and wellness centers. Learn how to market the program once it’s been scheduled at the YMCA. Learn how to use your YMCA G.I.F.T. program to build your business. NGH Certified Consulting Hypnotists learned about Dr. Richard Harte’s Goal Image Focusing Technique (GIFT) during their training. Learn why this program is an ideal way to bring hypnosis to your local YMCA. Offering the GIFT at your local Y is an easy way to build your business. Lecture/Discussion/Demonstration/Q&A

(21042) THE AFFECT BRIDGE REGRESSION
TECHNIQUE—Powerful, Emotional Age Regression Technique That Will Increase The Success For Both You And Your Clients
Debi Boushey, BCH, CI, OB
All-levels
The affect bridge technique is a powerful, effective emotional releasing technique. By utilizing the affect bridge technique, you can understand how past time emotional experiences can cripple a client in present time situations, eliminate fears about doing regression work, guide your client to the first emotional situation which is influencing their life, and help them release, let go and move on with real resolution. Lecture/Discussion/Q&A

(21043) THE DANGERS OF SOCIAL MEDIA & TECHNOLOGY ADDICTION—Combating The Dangers Of Social Media, The Associated Mental Distortions And Addiction
Larissa Brazier, CH
All-levels
Social media has many benefits to a lot of people, however it can effect us all in negative ways as well. Often times, the viewing of this material can cause someone to want the lives of other people they do not even know, which may manifest into feelings of sadness and a lack of joy. Although social media was created to bring us closer together, it has in fact lessened communication and created jealousy in many areas. Researchers from the University of Michigan assessed Facebook usage and found that the more people that used it, the more negativity they experienced concerning their day-to-day activities, as well as over time, incurring higher levels of dissatisfaction with their life overall. Lecture/Discussion/Q&A

(21044) NO-PRESSURE SALES MODEL
—Sales Model That Closes 8 Out Of 10 Sales
Jason Kropidlawski, CH
All-levels
This sales model will benefit those hypnotists who dislike using pressure tactics or overcoming objectives in their approach to closing more sales. This no-pressure model allows hypnotists to focus on the clients’ needs, and to allow the information presented to sell itself. This reduces both hypnotist and client tension, and strengthens rapport rather than creating distrust due to persuasive or manipulative tactics. This model has consistently resulted in closing eight out of 10 screenings. Lecture/Discussion/Demonstration/Q&A

(21045) HOW TO GET GREAT TESTIMONIALS!
—Set Up For Testimonials & How To Produce Them
Heather McFall, CI
All-levels
This course will improve your confidence in asking for a testimonial. You will leave understanding how to get the results that will earn a testimonial and why they are necessary for you and your client. Your client’s success and longevity can be improved by having this conversation. If you are unsure of your success rate or have clients who don’t come back, this class is a necessity! Lecture/Exercise/Discussion/Q&A

(21046) BALANCING TWO PROFESSIONS—How To Take Them Both From Surviving To Thriving
Suzi Nance, CI
All-levels
Many newly and not so newly certified hypnotists take the advice, “don’t quit your day job yet” when starting their hypnotism practice. While in many cases quite practical, balancing two professions can be daunting … but also very doable and very rewarding. Well, your “soon I will …” is now and you will leave this seminar energized and inspired with practical tools and strategies to do it and enjoy the rewards that come with it! Lecture/Q&A

“It was a grand reunion with “old friends” and a marvelous opportunity to meet the next generation of fellow hypnotists.”
—Nancy Reed, Lexington, MA
(21047) SOLVING SERIOUS SLEEP DYSFUNCTION: AN OPPORTUNITY TO HELP
—Healthcare Is Seriously Dropping The Ball
Debbie Papadakis, BCH, CI, OB and Jean Eljay, CI

Sleep problems are complex and mostly ignored by conventional practice. Grow your practice using our new advanced techniques for solving sleep problems. We provide an easy to learn and straightforward method that is the result of decades of diligent effort. Learn to protect your clients and their loved ones from the negative impacts of these intrusive sleep problems.  

5:00-5:50 PM SEMINARS

(21051) HYPNOSIS FOR THE CAREGIVER
—Learn to Help the Forgotten, The Caregiver, With Hypnosis
Angella Ocheltree, CH

The patient is always the central focus in critical or chronic illness situations, and the caregiver is often forgotten in the care equation. As the knowledge and belief in integrative medical care comes of age it opens the doors to hypnotherapists to assist the medical community in helping their patients mentally, emotionally, and spiritually, as well as physically. It is vital to remember the caregiver’s well-being is critical. Offering these services to the caregivers of patients, and even of the elderly, will give them the tools to handle their new role with more ease while maintaining their own health.

(21052) THE POWER OF NINE
—Design And Deliver Your Own Overload Induction
Michael Raugh, BCH, CI

A lot of hypnotists avoid confusion inductions because they depend on tricky wording, timing, or delivery. Using the principle of “seven plus or minus two,” you can design a confusion-style induction that is logically consistent, easy to deliver, yet overloads your client’s conscious mind so that they practically dive into trance for you. An example induction will be designed and performed during the seminar to show you exactly how well it works.

(21053) HEALING THE ROOT CAUSE
—With Soul Entrainment™
Karen Paolino Correia, CH, OB

We all want to help our clients access the root cause of their issues, pain, or dis-ease, so they can heal and move forward. During this powerful hour, you will discover the wisdom of the soul and how it knows everything about your client especially, how to help them access and heal the root cause of their challenge. Receive a script to access the soul consciousness and experience a group session to connect to your soul.

Don’t forget to visit COUÉ’S CAFE

(21054) THE OTHER BRAIN WAVE—Exploring the Use of Gamma Waves in Client Work
Paul Ramsay, BCH, CI, OB

It’s common for practitioners to discuss beta, alpha, theta, and delta waves with their clients when giving pre-talks about hypnosis or when giving presentations to groups. Some practitioners are unaware that there is a fifth wave form – the gamma wave. Gamma waves are the highest frequency of brain wave, reaching as much as four times the frequency of beta waves. Why does this brain wave frequency receive so much less attention than the others? How could gamma waves create phenomenal breakthroughs for our clients? We will explore these questions in this seminar.

(21055) THE KEY TO PROFESSIONALISM
—A Positive Self-Esteem
Sherri Bernier, EdD, MS, CH

The emphasis on this seminar is the reflection on a client’s vision of their self-esteem as it relates to their professionalism in the workplace. As hypnotherapists, we have the strategies and tools to assist a client to obtain a positive self-esteem. In this seminar, specific techniques will be taught in reestablishing a client’s best self. You will have the opportunity to practice the “Mirror, Mirror” technique as well as other positive reflection exercises.

(21056) SLEEP IS A DECISION OF SUBCONSCIOUS MIND
Marcia Peng, CH

This 1-hour seminar introduces you to the theory behind a 4-step hypnotic protocol to help client sleep issues. A systematic view of mind/body sleep mechanism will be presented. This understanding sheds light on the causes of various kinds of sleep issues. Based on this theory, a proven 4-step hypnotic sleep treatment protocol will be presented.

(21057) HELPING CLIENTS WITH PUBLIC SPEAKING, FEARS, AND PERFORMANCE ANXIETY—Using Hypnosis To Resolve And Build Confidence
Marcia Proctor, CI

Statistically, some people would rather die than speak publicly – their fears are that great. In today’s office, public speaking and presentations are commonplace. This can be daunting and lead to fears, and anxiety. If the individual is unable to make the presentation or speech, it can affect the person’s work, or ultimately cost the person their job. It does not have to be this way! We can help resolve this through hypnosis. Helping your clients resolve their fears can bring more clients to you.

“The NGH has many excellent presenters & the subjects are wide! You can always find your niche.”
—Mary Lou Bulmer, Berwyn, PA

“The best opportunity to learn.”
—Andrea Paladines, Lynbrook, NY
9:00-10:50 AM

SPECIAL 2-HR WORKSHOP $35 (INCLUDES DVD)

(22091) NON-VERBAL HYPNOTIC INDUCTION
Marx Howell, BS, CH, OB        All-levels
• Observe a complete demonstration
• Step-by-step explanation
• Guided practice session
Inspector Marx Howell explains the easy-to-follow procedure for using his non-verbal induction technique. Learn how to induce trance without saying a word. Use this technique with hearing-impaired individuals. It’s like nothing you’ve ever seen! You will receive a DVD, which includes a demonstration and step-by-step explanation of the technique.

Lecture/Demonstration/Practice

(22092) INTERVENE IN IRRITABLE BOWEL SYNDROME: GUT-DIRECTED HYPNOSIS, PLACEBO AND VITAMINS
—Improve Quality Of Life in These Debilitating And Disabling Diseases
Jean Eljay, CI        All-levels
• Review the different characteristics of Irritable Bowel Syndrome (IBS), and the genetic counterparts in Inflammatory Bowel Disorders (IBD) including Crohn’s Disease and ulcerative colitis
• List three lifestyle changes that augment treatment of IBS
• Summarize the effectiveness of Gut-directed Hypnosis (GDH) in diminishing the symptoms of drug-resistant IBS
• List three ways the literature can be used to support rapport with your client
• Learn a fast induction that works in IBS clients
• Learn to apply a comprehensive, step-by-step method of selected metaphors that ease the complications and occurrence of IBS
• Define 2 useful anchors to lock-in these positive results
Irritable Bowel Syndrome (IBS) and its nearest neighbors greatly impact the quality of life of those afflicted, especially the drug resistant forms of these harsh diseases. IBS is one of the few areas where Gut-directed Hypnosis (GDH) has been shown in large population studies to positively improve outcomes and decrease complications. Learn the different types of IBS and their individual hypnotic interventions.

Lecture/Demonstration/Practice/Discussion/Q&A

(22093) PARTS MEDIATION WORK BRINGS SUCCESS WHEN EVERYTHING ELSE HAS FAILED—Easily Overcome Secondary Gain And Complete The Journey Of Success!
Calvin Banyan, MA, DNGH, CI, OB        All-levels
• “Success is a Journey,” but Secondary Gain impedes success
• Identify Secondary Gain
• Conduct a parts mediation work session
• Be able to “segue” to make hypnotic suggestions much more powerful
• Seamlessly work this into a system of hypnosis
In this fast paced workshop, you will learn how to help clients that get stuck, and seem hopeless. Learn to identify Secondary Gain and how to remove it using Parts Mediation Work. This is an insight process that will make your clients more suggestive and successful.

Lecture/Demonstration/Practice/Discussion/Q&A

(22094) REPROGRAM YOUR WEIGHT WITH HYPNOSIS
—Learn The Powerful Reprogram Your Weight Process For Weight Loss With Hypnosis
Erika Flint, BCH, OB        Introductory-Intermediate
• List the reasons why people have a hard time losing weight
• Describe the latest scientific research supporting what the brain is doing to keep people trapped in unhealthy eating and unmotivated living
• Describe the 2-pronged approach that leads to success with weight loss
• Describe the role of emotional eating and how to eliminate it
• List the strategies, tools, and techniques for reprogramming clients to lose weight and keep it off for life
Learn the basics of the Reprogram Your Weight process for helping clients lose weight and keep it off for life with hypnosis. This process is outlined in my best-selling book Reprogram Your Weight: Stop Thinking about Food All the Time, Regain Control of Your Eating, and Lose the Weight Once and for All. This very successful process has been used with hundreds of clients who have lost thousands of pounds without a specific diet or complicated exercise program. Use the unlimited power of the mind along with specific brain hacks and highly effective hypnosis techniques to help change your clients’ relationship with food for good and grow your hypnotism business and personal fulfillment in helping people reach their potential.

Lecture/Demonstration/Practice/Discussion/Q&A

(22095) RESOLVING GRIEF TECHNIQUE—How To Conduct A Healing Journey
Samuel Lurie, CH        Intermediate-Advanced
• Learn a specific technique to lead clients on a healing journey to resolution and freedom
• Identify 2-3 ways to recognize grief and loss issues with clients
• Identify a range of ways grief and loss may manifest, such as loss of a job, home, or relationship as well as death of a loved one
• Increase your own confidence when working with clients who have grief and loss issues through participation, observation and Q & A of step-by-step healing technique
• Observe a 6-9 step Healing Journey as a 1:1 demonstration
This talk describes and demonstrates a healing journey process for successfully guiding a powerful grief session. A client’s grief and loss can be from any drastic change, including loss of job or relationship as well as the death of a loved one. Regardless of how long ago the loss occurred, this beautiful healing journey process provides a model process to help guide a grieving client into a place of love, hope, renewal and freedom. Step-by-step guidance handout will be provided.

Lecture/Demonstration/Experiential/Q&A

(22096) YOUR VOICE AT ITS BEST—Tips And Tricks For The Vocal Athlete
Magen Slesinger, BS, CH        Introductory-Intermediate
• Improve your vocal sound, endurance, and health by engaging in relaxation exercises, practicing proper posture, and doing simple vocal exercises
• List 3 things you can do to continue to improve your vocal health & endurance for your hypnosis practice, such as proper hydration, how to use the “easy onset” when speaking, and where to pitch the voice for optimal endurance and health
As a hypnotist, your voice is an essential tool of your trade. This session will provide you with time to practice vocal techniques to improve your tone, inflection, vocal health and endurance. You will leave this workshop with a noticeable change in your voice and with the knowledge you need to continue practicing. Learn from a Certified McClosky Vocal Technician & discover “your voice at its best.”

Lecture/Demonstration/Exercise/Discussion/Q&A
11:00 AM-12:50 PM

SPECIAL FREE WORKSHOP
(22111) ETHICS AND LEGAL ISSUES FOR THE CONSULTING HYPNOTIST 2019—Where Does Our Profession Stand With Legislation
C. Scot Giles, DMin, DNGH, CI, OB  All-levels
- Learn about how hypnotism is legally regulated around the nation and in Canada
- Learn the NGH methods for safe and lawful practice of hypnotism
- Discover what the laws are in your state for the practice of consulting hypnotism
- Become aware of the legislative and political climate around professional regulation
- Ascertain that your consulting hypnotism practice complies with the law

Every practitioner needs to know the rules for safe and lawful practice. The National Guild of Hypnotists has been the undisputed leader in protecting the rights of hypnotic practitioners around the nation and in Canada, and takes responsibility in this free two-hour workshop to educate its members about the law. You will not only learn what the laws are in your state, but how you can comply with them.  Lecture/Q&A

(22112) DOWNSIZING - “TUNING INTO YOUR INTUITION” —Instant Rapport & Appropriate Inductions Every Time
Dorothy Campbell, CI, OB  All-levels
- Learn how to become balanced and centered to allow the intuition to process
- Understand how to use dowsing rods to tune into your intuition for practical, spiritual and healing purposes
- Learn how to ask clear, precise questions to receive accurate answers
- Learn how to locate and access the 4 energy fields surrounding the body and the chakra energy centers in the body

When you know the condition of the energy fields and chakras of your client, you have the information that will assist in choosing the most appropriate induction for that client. This workshop teaches how to tap into your intuition through dowsing and accelerate the power of each hypnosis session. Learn how to locate and assess the client’s energy fields and chakras to determine their physical, emotional, mental and spiritual condition before they arrive for their session. Discussion/Demonstration

(22113) VERBAL MEDICINE —Covert Hypnosis Used In The Emergency Department That Can Work Anywhere!
Roger Woods, RN, BCH, CI and Marc Sacco, RN, BCH  All-levels
- Identify the use of 3 covert hypnosis techniques during the initial assessment of an emergency room patient
- Describe the techniques used to relax and gain compliance with trauma patients
- Name 5 common words that can set patients & staff up for failure or success
- Describe 6 case studies in which covert hypnosis was dramatically successful in the emergency room
- How to adapt these techniques to any environment

Learn the words we use with patients and coworkers to positively affect their perceptions and outcomes, how we effectively use covert hypnosis techniques during the initial triage assessment, and how we successfully integrated complementary medicine practices into the emergency room setting effectively. Learn the practical use of self-hypnosis for managing staff stress, the practical use of hypnosis in trauma patient care, and see a review of case studies of hypnosis techniques successfully used to help emergency department patients. Lecture/Demonstration/Discussion/Video/Q&A

(22114) ACHIEVING GOALS IN YOUR PERSONAL “NEW YEAR” —Make It The Best Year Yet!
Brenda Titus, BCH  All-levels
- Identify 2 ways that you can incorporate maximizing “new year effect,” overall into your practice throughout the year
- Identify a cycle of life that speaks to you in your own life that helps you set and achieve goals
- Practice the bday protocol using the cycle of the NGH year as a model
- Identify 2 ways that you will add this technique into practice in next 30 days; begin utilizing based on the presentation

Every year, January comes and our offices are filled with clients and their New Year’s Resolutions. Learn a goal achievement process that can fill your calendar year-round with clients focused on their own “new year” cycles, personalized for them. We’ll discuss ways to easily incorporate this process into your practice, maximizing client success year-round, bringing repeat and ongoing clients into your practice. Lecture/Demonstration/Q&A

(22115) HOW TO BE THE “EXPERT” IN “TAKING CARE OF THE CAREGIVER”
—Learn Everything From A To Z
Wendy Packer, RN, BCH, CI, OB  All-levels
- Define the caregivers in our society
- Identify caregiver needs and address with hypnosis
- List where and how to market caregivers
- Name 3 items in one’s caregiver portfolio

Taking care of the caregiver will open up a new world of business opportunities for hypnotists around the world. Caregivers and the complexities of that role will be thoroughly examined. You will leave with a complete understanding of how to create and administer the perfect hypnosis plan – from the marketing aspect to the hypnosis session itself. Become an expert and make a difference in the life of a caregiver! Lecture/Discussion/Demonstration/Q&A

(22116) DREAM CIRCLE —Bring A Dream And A Friend
Janice Matturro, CI, OB  Introductory-Intermediate
- Understand the importance of adding dreamwork to your hypnotism practice
- Learn a quick and easy way to share a dream
- Experience guiding fellow-participants to understand the meaning of their dreams that are most true for them
- Gain confidence in working with clients’ dreams

The best place to begin to learn how to work with your dreams is at the breakfast table, sharing dreams with loved ones. The next best place is to join a dream circle, sharing dreams with friends. Learn how to share a dream in a quick and easy and empowering way. All you need to participate is the openness to share dreams with your peers and the willingness to serve as a dream guide. Lecture/Demonstration/Experiential/Q&A

“This truely is a friendly convention! Met new folks, made new contacts and friends. Have missed a few years - it’s good to be back.”
—Lynn B. McGrath, Erie, PA
2:00–3:50 PM

(22021) COMBINING HANDWRITING AND TREE READING INTERPRETATION—Gaining Subconscious Insights To Envision The Best Of You And Others
Janet Crain, DMD, CI and Pearlean Feeney-Grater, CH All-levels

• Experience the benefits of tree reading and handwriting analysis as part of the hypnotic session
• Describe the connection between Tree Reading, Handwriting Analysis and the subconscious mind
• Identify 10 common characteristics in both mediums that can help you to create a focus for your personal growth
• Identify influences from the past, present or future that influence your beliefs

Handwriting and tree drawing are subconscious activities, and therefore communicate insight far beyond words. Both techniques are not only fascinating and informative, they are also fun, and highly revealing! The tree and handwriting never lie. Learn about you! You’ll gain a better understanding about yourself, strengths, subconscious drives, tendencies, and abilities. This self-awareness increases your ability to help others help themselves.

Lecture/Participation/Q&A

(22022) SUBJECTIVE/OBJECTIVE CONVERSION TECHNIQUE—Powerful Systematic Desensitization Technique
David Frederick, CH, OB All-levels

You will learn how to defuse anger, stress, emotional hurt, and physical pain through this powerful technique. A passive approach to a positive outcome.

Lecture/Demonstration/Participation

(22023) THE BODY LANGUAGE CODE—Fill Your Tool Box With A Dozen Clues Of Non-Verbal Communication
Petra Frese, BCH All-levels

• Know the 3 communication channels and value their significance
• Name 4 types of communicators
• Recognize & analyze at least 4 different handshakes
• Recognize & analyze at least 2 positions of feet/legs
• Identify 3 indicators for non-authentic behavior

It is refreshing to be with like minded people and to learn from experts in the field.”
—Cristina Lipka, New York, NY

Did you ever desire to read your client’s mind? Learn and practice to read the non-verbal messages. Make your business and private life easier by using this knowledge. Improve the power of our profession by learning the body language code.

Lecture/Discussion/Practice/Exercises/Q&A

(22024) THE SIMPSON PROTOCOL—Opening A Window To The Superconscious
Timothy Horn, BCH, CI All-levels

• Construct a pre-talk that will facilitate the process
• Create a step-by-step scenario of a typical session using the Simpson Protocol
• Write down language patterns that can be utilized in different sections

This workshop is designed to build the groundwork for working beyond the Esdaile State. Accessing the deeper levels of hypnosis allows the hypnotist to more quickly and efficiently deal with their clients’ issues. After the structure and execution of the Simpson Protocol are modeled, you will ask questions during the demonstration to gain an active understanding of the technique. You will see the process completed and learn how it allows the client to release the issue with less difficulty.

Lecture/Demonstration/Discussion/Q&A

(22025) MAKE 100K IN A HYPNOTISM HOME OFFICE—How I Make 6 Figures Working Out Of My Home As A Hypnotist And How You Can Too
Celeste Hackett, BCH, CI, OB Introductory-Intermediate

• Identify 3 methods to remove blocks to success in attaining a 6 figure income
• List 5 proven marketing & promotional strategies to help attain a 6 figure income
• List necessary hypnotic training and techniques to sustain a 6 figure practice

This 2-hour class is all about how to make great money (six figures or more) as a hypnotist working from your home. You’ll learn what hypnotic techniques you need to master to consistently get excellent results with clients, practical strategies for promoting and marketing and most importantly how to become mentally tough to sustain the momentum needed on a daily basis to achieve your goal. We’ll also talk about ongoing development of your practice and how you can give yourself a raise by becoming an instructor.

Lecture/Discussion/Q&A
Lives? —What's The Real Scoop On Past TALES, TRUTH OR THERAPY?

Would you like to try having a past life regression in your practice? just stories? Is there any use in doing viewed as make-believe stories of the why past life regressions have been hypnotism practice as well as explaining using past life regressions in your works. It will also show the merits of numerous authors and their published discussion of actual research, citing Get up-to-date information on the

Robert Harrison, CH All-levels
• Identify and name top 3 entry points to corporations that are absolutely free
• Understand the 5 characteristics that make or break the corporate relationship
• Learn the 8 key convincing points you must cover to gain trust and credibility with any corporation
• Understand how a free corporate talk can turn into a $7,000 paid speaking gig instantly

This presentation is paramount for any hypnotist/coach who wants to leverage the power of public speaking and get droves of clients to sign up from a 1-hour free talk. Robert has scooped up more than $10,000+ from a 1-hour brown bag lunch talk at more than one corporation. He has delivered a free keynote that turned into over $13,000 in back of the room sales and over $25,000 in backend hypnosis programs.

Lecture/Demonstration/Discussion/Q&A

4:00-5:50 PM

(22026) EASY WAY TO BOOK CORPORATE SPEAKING GIGS
—The Easiest Way To Book High Paying Corporate Speaking Long Term Relationships With Big Corporations

Robert Harrison, CH All-levels

(22042) START YOUR BUSINESS RIGHT THE FIRST TIME
—It’s All About The Really Important Business Things You Do Before You Open Your Office

Roger Willard, CH Introductory-Intermediate
• Identify basic long term presets in creating a hypnotism business
• Help the newcomer to this or any business in establishing a good business foundation and not have to be reworked because of unthought out mistakes
• Help you to create a plan/list of actions to create or recreate a business
• Help you to continue the move forward with a business like attitude

Too often a hypnotist was only to do the hypnosis and not have to be bothered with the business end of this profession. But the truth is there must be a conscious and unconscious level of business attitude in doing hypnosis professionally. If you haven’t already made the commitment to be professional, you will be doomed to be unprofessional, unable to help others to overcome their problems. Learn how to get the basics of being in business right the first time. If you are already in business, how to change and prevent problems that will happen in the future.

Lecture/Q&A

(22043) UP YOURS!—How To Bring Your Best Game To Life!

Robert Martel, BCH All-levels

Even the best hypnotist needs to focus on bringing their best self to their practice and to the client, both for success in addressing the presenting issue and in building a healthy and thriving business. As a result of this workshop, you will feel uplifted and optimistic by having tools for personal assessment and a clearer picture of your unique reasons for being in practice. A self-hypnosis script for overcoming fears and obstacles to success will be made available.

Lecture/Discussion

(22044) USE EVERYTHING
—Stacking For Success!

Roxanne Louise, BA, CH, OB All-levels

• List and then demonstrate multiple ways to easily strengthen positive expectancy, motivation, and awareness of internal resources while weakening resistance, fear or doubt about success
• Practice each technique with role play and scripts

Questions? Call the NGH Office at (603) 429-9438

From the first phone call to session end keep stacking positive expectancy. Point out every client resource and harness to the desired change. Reframe failures as valuable learning experiences. Set up anchors that keep the mind focused and motivated. Use the induction itself - from sitting down, to eye lock, to arm drop, to arm catalepsy, to awakening, to outside noises, clocks and chimes to reinforce key suggestions, increase motivation, release resistance, and empower the client to succeed. You will be given scripts and pair up to alternate as client and hypnotist to practice key techniques.

Lecture/Demonstration/Practice/Q&A

(22045) VALIDATING HYPNOSIS

Don Mottin, DNGH, CMI, OB All-levels

If you have successfully validated hypnosis for each client, three important things will take place. First, your success rate with all types of sessions will increase. The second benefit will be that your clients will know without a doubt that they have been hypnotized. One of the best things that happen when you have validated hypnosis is that referrals will increase by over 50%. We validated hypnosis before, during and after the session. A CD filled with scripts and techniques will be provided to only those that attend the live class at the 2019 convention.

Lecture/Discussion/Q&A

(22046) FEARLESS LIVING
—From Survival To Thrival

Dan LaRosa, CI, OB All-levels

• Identify the 5 common types of fear and their root causes
• List the 7 step-method of teaching clients how to overcome fear
• Learn 3 hypnotic scripts for dealing with fear and for increasing motivation
• Understand how to use hypnotic story-telling to motivate clients to visualize, and create a compelling hypnotic future
• Learn the 1 secret of all self-confidence that will instantly transform how clients see themselves

Fear is everywhere and ... wait a minute. Fear is not everywhere. It’s created in the mind and the solution is also in the mind. In this program, you will learn how to help your clients (and yourself) conquer fear and, more importantly how to live an inspiring and productive life. Every human knows fear, now you will know exactly how to help them & at the same time greatly improve your bottom line.

Lecture/Demonstration/Q&A

NGH 2019 Annual Convention, Educational Conference & Exhibition
8:00-10:50 AM
(23081) GET SOBER, STAY SOBER: A HYPNOTIC INTERVENTION PROGRAM FOR SUBSTANCE ABUSE—Genetic Needs That May Lead To Substance Abuse
Ron Estlinger, CRNA, RN, APN, FNGH, CMI, OB
Advanced
• List the 5-Basic Needs
• Describe the client’s quality world and how it gains control
• Illustrate how all behavior is total behavior
Ron will share with you how he designed, developed and marketed his Get Sober, Stay Sober Program he taught, plus two other programs, anger management and stress management, in the county jail. The programs were contracted for 18 months and were both fun and very profitable as part of an alternative to detention programs. It took me months and lots of investment in developing this program. I will get you started with an outline.
Lecture/Discussion/Q&A

2:00-4:50 PM
(23021) THE SCIENCE OF SELF-HYPNOSIS—Understanding The Evidence-Based Way To Hypnotize Yourself Effectively
Adam Eason
All-levels
• List the most influential figures, academics and prominent researchers in the history of self-hypnosis along with their contributions to the modern day approaches
• List the modulating factors that contribute to the most effective mindset that raises the efficacy of self-hypnosis according to science
• Apply a research informed model of self-hypnosis to yourself and to teach your clients
• Identify the central psychological mechanisms that contribute to the efficacy of clinical applications of self-hypnosis
• Describe the 5-step model of self-hypnosis that is breaking ground in modern research
• Describe the steps required to use self-hypnosis to elicit hypnotic phenomena for yourself and have undeniable proof of your own self-hypnosis skills
This presentation offers the very latest findings and most up-to-date evidence base from one of the world’s foremost current researchers of the topic of self-hypnosis. Adam presents the existing research in support of applications of self-hypnosis and explains what he and his colleagues are doing at Bournemouth University in the UK that is causing a stir in the academic hypnosis fraternity, and how that can benefit the field of hypnotism and advance what hypnotists do to help their clients. This presentation will be the first time many seemingly controversial findings from his research has been publicly presented and seeks to put self-hypnosis in a much more important position within the field of hypnotism. In addition to the strong theoretical underpinning, you will learn tangible hypnotic phenomena skills that can be used to test and convince of self-hypnosis abilities and that can be taught to clients to develop all important self-efficacy.
Lecture/Exercise/Demonstration/Discussion/Q&A

To register, call (603) 429-9438

ANNUAL RE-CERTIFICATION INFORMATION
This is a Great Way to Earn Your Continuing Education Hours
This is a recommendation not a requirement.
This annual re-certification recommendation is standard among other professions and has been enacted by the Guild for the advancement of our members and the profession since 1990.
We recommend that you have 15 hours of annual continuing education for your re-certification. Here are just some ways you can accumulate 15 hours for approved continuing education programs:
• Attendance at the annual NGH Convention, Solid Gold Weekend, an NGH continuing education workshop/seminar, or course given by an NGH Certified Instructor.
• Attendance at NGH chapter meetings.
• Submit a completed quiz from the Journal of Hypnotism®.
• Any pre-approved (by NGH) course or seminar conducted by a recognized professional hypnosis group.
The annual period in which to attain these fifteen hours of credit starts on your dues renewal date (if your renewal is due January 1, 2020, you have until January 1, 2021 to accumulate the next fifteen credit hours).
Keep track of any of the ways in which you achieve your re-certification hours during the next 12 months. Have that information available when you pay your yearly dues. Approved credits sent to NGH during the year will be entered as you accumulate them and will appear on your dues invoice next year. It’s up to you to keep track and to inform us as you accumulate hours ... it’s up to us to add the hours to your computer information. We keep track of only the number of hours, not the breakdown of the courses.
Important—If you do not complete the continuing education recommendation your membership will still remain active on payment of your dues. If you need assistance, please call the NGH at (603) 429-9438.
7:00-7:50 AM SEMINARS

(31071) YOGA EXERCISE
Dorothy Kerzner, CH, OB All-levels
Begin your day relaxed and in control with stress-reducing, easy movements for body and spirit. Attendees should wear comfortable clothing and bring a towel to sit on. Experiential

(31072) TAI CHI MORNING EXERCISE—Experience The Mind/Body Connection Through Tai Chi
Stanley Ou Yang, BCH, CI All-levels
Through a series of slow, relaxed, rhythmic, graceful movements, you will learn to maintain good body alignment to promote stability and balance, and connect your mind and body to enhance wellness and health. Experiential

(31073) INTERFAITH SERVICE OF WORSHIP—Welcoming the New Day
Interfaith Service

8:00-8:50 AM SEMINARS

(31081) NEUROPLASTICITY—How The Brain Can Reroute, Reprogram, Grow And Regrow And What About The Body’s Second Brain
Thom Bloomquist, MSN, CRNA, CI All-levels
This presentation explores how the brain rewires, reprograms and reorganizes itself — a process called neuroplasticity. Factors that enhance and inhibit neuroplasticity will be discussed to give the hypnotist a deeper understanding of how nature, and hypnosis causes neural changes and how we might use this information to our clients’ advantage. Lecture/Discussion/Q&A

(31082) THE CARE AND KEEPING OF YOUR CLIENTS—The Give Give Get Principal And Making It “Rain” Before, During, And After The Appointment, Sell, Sell, Sell
Margaret Worthington, BCH, CI All-levels
Promote yourself without going out of your comfort zone, without costly advertising, and grow your business by letting your clients do it for you. Imagine a system set in place that increases clientele and blows away the non-NGH Hypnotist in your area. The care and keeping of your clients is the answer to happy, convinced, and anxious to refer you to their co-workers, friends, and family. It’s a win-win for everyone! Lecture/Discussion/Q&A

(31083) THE HYPNOTIST’S GUIDE FOR HOW TO DO A TEDX TALK—How To Gain Instant Credibility And Worldwide Exposure By Delivering An Awesome TEDx Talk
Ryan Mazurkivich, CH All-levels
Have you ever wanted to gain instant global exposure as a hypnotist? Some of the most famous people in the world have delivered powerful TED talks and now you can too! Learn from a fellow hypnotist and TEDx Hartford speaker how to get booked as a TEDx Speaker as well as tips for crafting and presenting your talk. Take your hypnosis public presenting skills to the next level! Lecture/Demonstration/Discussion/Q&A

(31084) SLEEP WELL ALL NIGHT LONG AND GET RID OF NIGHTMARES—Help Your Clients With Sleeping Problems To Have Nice Dreams And Have A Restful Night
Estela Oliver, CI All-levels
Learn how to work with clients who are suffering because of sleeping problems or recurrent nightmares. Discover proven techniques that will allow your clients to find a way to have a deep sound sleep at night and be free from nightmares. By assisting your clients to sleep better, they will be able to live a happier life. You will be helping your clients to move on to the next step in their lives easily and effortlessly. Lecture/Q&A

(31085) HYPNOBIRTHING – MAKING CHILDBIRTH LESS SCARY AND MORE JOYFUL!—How Reducing Fear And Empowering Families Makes Birth Easier, Safer And More Satisfying!
Tiffany Timmins, CH Introductory-Intermediate
Many pregnant women have debilitating fears about birthing their babies. HypnoBirthing is about empowering moms and birth companions to achieve calm and confident birthing experiences! Learn why and how releasing fears is a must in pregnant women. Learn about the sources of fear and how to reduce or even eliminate those fears. Lecture/Discussion/Q&A

(31086) HYPNOSES AND POP CULTURE—The Popular Culture Affects The Beliefs And Success Of Your Clients
Amye Scharlau, CI All-levels
Explore the world of popular culture and how it affects your image and effectiveness as a hypnotist. This fun filled romp through social media, films, books, and the earliest publications is as insightful as it is enjoyable. We will discuss the latest cultural memes on hypnosis, how to address them, and how to create credibility and rapport with your clients for great hypnosis! Lecture/Discussion

“NGH convention is life changing! I learned a lot. I think it will continually expand the practice as it integrates more on a holistic approach. It’s my first time to attend the convention and it has already opened my life to many pathways for personal expansion.”

—Sarah Lim, Malden, MA
(31091) PROTECTING YOU, YOUR OFFICE AND YOUR CLIENTS—Strategies To Maintain A Safe, Professional Office Experience For You And Your Clients

Andrew Neblett, CH All-levels

This seminar will teach you to set up and maintain an office environment of professionalism and safety for you and your clients. Learn how to identify and handle problematic adults, parents with children and adolescents. These techniques and tools are based on years of experience. They work, every time. Remove worries and concerns and make your office run smoothly, professionally and, safely, for you and your clients.

Lecture/Demonstration/Exercises/Q&A

(31092) BLUE SALVE—Becoming An Active Participant In The Healing Process!

Clay Dinger, CH All-levels

You will learn how to use the hypnosis and visualization techniques in this specialized process to make your mind-body communication even stronger. This process can also be used to reduce chronic pain but keep in mind that you do not want to reduce or hide pain unless you know exactly what is causing the pain. Learn the factors that make this technique so effective, and experience them for yourself during an experiential session.

Lecture/Experiential/Q&A

(31093) AVERSION HYPNOSIS - YES OR NO?

Boris Opancha, BCH All-levels

Aversion hypnosis is a form of behavior therapy in which an aversive (causing a strong feeling of dislike or disgust) stimulus is paired with an undesirable behavior. This classical conditioning is intended to cause the client to associate the stimulus with unpleasant sensations in order to stop the specific behavior such as smoking, overeating or alcohol use.

Lecture/Demonstration/Q&A

(31094) HOW TO REVERSE THE AGE AND DISEASE PROCESS—By Tapping Into The Magical Powers Of The Mind

Pratap Singhal, MD, CH All-levels

The average person thinks that the aging and disease is a natural phenomenon and therefore one has no control over it, which is not true. I shall show you that you do have the control over the disease and even the aging process. I shall demonstrate how to tap into the magical powers of the mind and/ or behavior to achieve that goal. I will give nine practical demonstrations on how to do it.

Lecture/Demonstration/Q&A

(31095) HELP CLIENTS TO OVERCOME “FEAR OF PUBLIC SPEAKING”—All You Need To Develop A Six Figure Niche

Kazi Anam, CI All-levels

America’s #1 fear is the fear of public speaking. This seminar would be a refresher on the neuropsychology and origin of fear. You will learn when a client may benefit from age regression, how effective anchoring and breathing techniques improve physical symptoms. How to effectively structure a 3-session package, write suggestions and create visualizations based on client input.

Lecture/Discussion/Q&A

(31101) DIY VIDEO MARKETING FOR HYPNOTISTS

—How To Project A Polished, Professional Image

Cynthia Lindner, CH, OB All-levels

In the ever evolving world of internet marketing, one thing is certain – if you do not keep up with the latest strategies, you will be left behind. Using video is an exciting low cost or no cost way to market a hypnotherapy practice. I will dispel the myths about producing video and teach you the value and ease of using video as part of an internet marketing plan.

Lecture/Discussion/Q&A

(31102) FILL YOUR SCHEDULE WITH CORPORATE WELLNESS PROGRAMS—Become A Confident Corporate Wellness Trainer

Sandra Grace Sherman, BCH, CI All-levels

In the competitive corporate training scene, it is important that businesses are well aware of the benefits of corporate wellness programs. Your hypnotherapy practice can increase health, productivity, creativity, sales and leadership for these multi-billion dollar companies and these see the value in having it. From my experiences with international media companies, John Deere and such, you will leave this class with your outline of a four week program ready to sell.

Lecture/Discussion

(31103) HOW TO INCREASE YOUR PRACTICE WITH LECTURE-DEMOS—These Mini Presentations Can Produce More Clients

Tommy Vee, CI, OB All-levels

This is a step-by-step method to finding venues, booking venues, and what to do when you arrive as a guest speaker. Your job is to educate and impress your guest, and they will book your services. Learn how to do this right here.

Lecture/Demonstration/Q&A

(31104) GROW A PROFITABLE HYPNOTISM BUSINESS USING THE POWER OF THE PROFESSION!—Book Your Client Schedule Solid With Powerful Business Strategies

Lois Hermann, BCH, CI, OB Introductory-Intermediate

It is feasible to grow a solid hypnotism business - all without expensive advertising. Board Certified Hypnotist, Lois Hermann is booked eight weeks out with a list of clients eager to start. As we use the power of the mind to help business professionals, we naturally grow our business. Learn secrets from Lois’ 40 years in business to become an expert in your community and confidently connect with others to book your schedule solid with clients.

Lecture/Discussion/Exercise/Q&A

“A wide variety of topics & options. Friendly & very knowledgeable presenters. Smooth early registration Thursday evening. Nice to have a continental breakfast available daily.”

—Rosemarie Malec, Edinboro, PA
(31111) HIDDEN FOOTPRINTS FROM THE PAST—How Past Lives Can Influence The Present Lifetime
Lucy Portlock, CH All-levels
This seminar is about relating perceived cause and effect of past lives on our present one. It is to show that past lives are a series of parables or metaphors and examples will be taken from the presenter’s personal experience as well as some from well-known hypnotists and authors. There will be a guided group hypnosis session for you to experience a past life regression of your own, in which you will be instructed to find a connection or lesson in that life which relates to your own life today. This seminar looks at the "time stream hangovers" or “footprints” that can be a leftover of a memory in a traumatic past life. What are these “footprints”? Are they harmful? Can you get rid of them? Come and find out and even have a past life regression of your own!
Lecture/Demonstration/Q&A

(31112) THE MYELIN MODEL—Improving Client Success By Understanding Neuroscience
Paul Ramsay, BCH, CI, OB All-levels
Scientists around the world have studied myelin directly or indirectly since the 1700’s, but the importance of this substance has only come to the forefront of neuroscience since the turn of the millennium. Now, research on myelin is exploding, and for good reason – every skill we rely on how much myelin our brain has devoted to the nerve pathway associated with that skill. The implications for the work we do as hypnotists are huge.
Lecture/Discussion/Q&A

(31113) HYPNOSIS FOR ADHD—A Look Inside The Distracted Mind
David Huffman, CH All-levels
In this presentation, we will begin by discussing the most common symptoms of ADHD and how they can affect the mind of someone who has it. We will learn to identify which symptoms your client is suffering from and different ways to address them. A demonstration will be given of techniques used to help clients deal more effectively with the challenges they face daily. We will then close with time for questions and answers.
Lecture/Demonstration/Q&A

(31114) HOW TO PREPARE A WINNING CONVENTION PROPOSAL—Strategies For 2020
Elsom Eldridge Jr., MED, CPC, CPMC All-levels
At times hypnotists with important programs may be overlooked because of poorly prepared proposals. But, just what does it take to create a proposal that sells itself to the Convention Committee? In this informative seminar, Convention Director Elsom Eldridge, Jr. unlocks secrets to successful seminar and workshop proposals. Get the inside scoop.
Lecture/Demonstration/Q&A

SUNDAY, AUGUST 11

11:00-11:50 AM SEMINARS

1:00-1:50 PM SEMINARS

(310101) INVESTIGATIVE HYPNOSIS—A Magnifying Look At Hypnosis
Brian DiRamo, CH All-levels
This introductory class will discuss and describe investigative hypnosis. Most importantly, you will learn that the subject of the presentation is not forensic hypnosis and what the difference is between forensic and investigative hypnosis. You will understand when and when not to use investigative hypnosis. This presentation will attempt to improve the hypnotism practice by instructing you in the value of hypnosis to the field and ideals of research, as well as a new tool to provide clients.
Lecture/Discussion/Q&A

(310102) MINDSCAPING HYPNOSIS TO OVERCOME FEAR—Change The Symbols, Change The Story, Change The Fear
George Guarino, CH All-levels
The stories we tell ourselves and the symbols contained within the stories keep us stuck in the outcome of the story. Fear is an outcome of our story. As I show you how to help guide your client toward identifying their story we can relate that to a map of their outcome that can be adjusted – Mindscaping Hypnosis. I’ll explain Mindscaping Hypnosis and demonstrate the process on a volunteer for the purpose of changing a fear.
Lecture/Discussion/Q&A

(310103) BEYOND MINDFULNESS — HYGGE AKA HAPPINESS
Roy Thaller, CI Introductory-Intermediate
The American mind has been hacked into believing that pleasure and happiness are the same thing or that reward can buy contentment. Instead this has resulted in more obsessions and depressions. Learn how the brain responds to pleasure, happiness and stress. Each is a separate system yet they interact with each other, but not in a good way. Mindfulness is a start but there needs to be more. Learn easy ways to improve happiness and contentment. Explore what the happiest countries are doing - Hygge.
Lecture/Discussion/Experimental/Q&A

(310104) HOW TO BREAK THE Worry HABIT—How To Help Clients Break The Worry Habit Before It Breaks Them
John Koenig, BCH, CI All-levels
Are you a worrier? If so you are not alone. Almost 50% of people report worrying every day. Worry keeps many of our clients awake at night. It can rob people of productivity, peace-of-mind and even health. Yet worry is a habit. This seminar will show you how to help clients (and yourself) break the worry habit with a simple five step program.
Lecture/Discussion/Q&A

Complimentary Coffee & Pastries will be available to all attendees 7:30-9am Fri, Sat, Sun

“This is a world class professional convention. Top presenters, engaging, informative, inspiring sessions!”
—Gary Cameron, Kingston, Ontario, Canada
(310105) CONQUER STRESS WITH HYPNOSIS —Turn Your Weight-Loss Program Into A Stress Management Program

Joel Levitt, BSEE, MSSEE, MA, EE, CH All-levels

Weight and stress management are both huge markets. Combine them! The key to stress busting is addressing the root cause and showing confidence that comes from understanding. That’s “the power of professionalism.” We’ll examine actual mechanisms involved in the nervousness-diet connection that will enable you to overcome client resistance and tailor suggestions. I’ve seen panic attacks (several/week for years) disappear in two weeks. Hypnotically reinforced diet maintenance is a harmless approach with fantastic benefits.

Lecture/Demonstration/Q&A

(310106) WORKING WITH ALLERGIES

Kevin Martin, CH All-levels

Did you know some, if not most, allergies can be impacted by hypnosis? The immune system can be heavily influenced by our unconscious mind, and it is thought that many allergic reactions may have a fundamentally psychological trigger. Come learn why and methods that are highly effective on allergies.

Lecture/Demonstration/Q&A

(310107) THE ROLE OF HYPNOSIS IN HEALING MIRACLES—The Importance Of Positive Belief

Rose Neves-Grigg, CH and Michael Hathaway, FNGH, BCH, CI All-levels

This seminar demonstrates how the belief of an individual can play an important role in attracting desired results through the use of positive thoughts that when reinforced on a repetitive basis has the potential to produce what is often considered to be miraculous results. Rose Neves-Grigg, a member of NGH and an intuitive healer, will share the story of how her belief has propelled her to follow and fulfill her life purpose.

Lecture/Demonstration/Q&A

(310108) LEARN THE TOP THREE MISTAKES MANY HYPNOTISTS MAKE THAT KEEP THEM STRUGGLING TO ATTRACT CLIENTS AND MAKE MORE MONEY! —STOP The Cycle Of Roller Coaster Revenues!

Debi Boushey, BCH, CI, OB All-levels

Are you stuck in your practice? Are you tired of struggling to attract consistent clients? Do you have uncomfortable feelings about the financial aspect of your hypnotism business? Are you ready to take your practice to the next level — easily? There are specific mistakes many hypnotists and other holistic practitioners make that block them from having a thriving, successful, financially abundant practice. In this seminar, you will learn what those mistakes are and how to avoid them. One of my strongest passions is to help other practitioners, like yourself, become successful with your practice. Why? Because there are so many people in need of your unique services!

Lecture/Experiential/Demonstration/Q&A

To register, call (603) 429-9438

Questions? Call the NGH Office at (603) 429-9438

(310109) MAKING IT STICK —Giving Your Suggestions Staying Power

Michael Raugh, BCH, CI Introductory-Intermediate

A lot of hypnotists find sometimes it’s hard to get a suggestion to really take hold in their client’s mind. In this seminar, we will explore some of the reasons this can happen and arm you with techniques to help seat those suggestions more firmly in your client’s subconscious mind. We’ll review the mechanics of what really happens in your client’s mind when they receive your suggestion, the factors that can work against your client receiving it and absorbing it, and ways that you can stack the deck in your favor to increase the chances of a positive outcome.

Lecture/Q&A

(310110) TRANCE-GENDER: HYPNOSIS WITH TRANSGENDER CLIENTELE—A Crash Course Introduction To Working With And In The Transgender Community And Making Your Practice Tran-Friendly

Christian Skoorsmith, CH Introductory-Intermediate

The transgender community is richly diverse and broadly underserved, and transgender individuals can benefit tremendously from hypnosis. This presentation will introduce you to transgender vocabulary, culture, and theory. It includes an orientation to transgender issues; strategies and techniques for working with clients in transition; and specific steps for working with transgender clients generally and for making your practice more trans-friendly. Taught by a cisgender practitioner who has specialized for several years in working with transgender clients.

Lecture/Q&A

(310111) EXPAND YOUR HYPNOSIS BRAND ON INSTAGRAM—Take Your Instagram Account To The Next Level And Grow Your Brand Bigger Than Ever

Zach Pincince, CH All-levels

Now with over one billion monthly active users, Instagram is one of the biggest social media platforms in the world. Teens and young adults especially are using Instagram more than ever and if you don’t have a solid account, you are missing out on a huge untapped market. Learn the secrets to not just surviving but thriving in the Instagram world to grow your hypnotism practice bigger than ever.

Lecture/Exercise/Discussion/Q&A

(310112) MEET YOUR MAIN SPIRIT GUIDE —A Journey To The Mansion Of Your Higher Self

Eric Richmond, CRNA, BCH, CI All-levels

There will be a discussion of the difference between spirit guides and guardian angels. A nice progressive relaxation induction will be followed by opening the flow of energy throughout the body. Along the way, psychic protection will be applied. After arriving at your mansion, your main spirit guide will be introduced. A method of communication will be established between you and your main spirit guide. You can ask questions of your guide.

Lecture/Exercise/Q&A

“Fantastic presenters from all over the world!!”

—Vilene Farina, Lewiston ME

175 Expert Seminars
No Additional Charge
Included With Your Convention Fee
(310113) HOW TO RUN A SUCCESSFUL GROUP HYPNOSIS SESSION—Individuals May Not Have The Money To See You, Group Sessions Give Access
Doug Jones, BCH, CI All-levels
Do you ever get client calls saying they would love to work with you but you’re too expensive? If you answered yes, this class is for you. Learn how to run a group class. Learn to feel comfortable talking in front of groups. Learn how to price your group sessions. Learn marketing to bring in clients. Identify clients for individual sessions. Experience making the money you know you are worth for the same amount of time.

Lecture/Q&A

(310114) HOW TO BETTER UNDERSTAND THE FEMALE MIND FOR IMPROVED RESULTS—The Secret To Unlocking The Power Of A Woman’s Mind
Peggy Hyde Hollingshead, CI All-levels
How to better understand the female mind for improved results is more necessary in our present time than ever before. The “me too” movement is just one indication the veil has been removed and the voice of the woman is being heard, more than ever before. You will learn how to be more understanding, insightful and effective when dealing with the female mind and the issues they bring to the table. If you are looking for a new and hot audience for your services, this is it!

Lecture/Q&A

2:00-2:50 PM SEMINARS

(31021) HOW TO RUN A VISION BOARD WORKSHOP—For Fun And Profit To Expand Your Business
Geraldine Boudrot-Cook, CH All-levels
Vision board workshops are a great way to grow your business and teach clients how to bring dreams into realistic goals. What makes vision boards work? Clear vision that is being created with intentions. These workshops work well with adults, children, groups, and individual clients. As hypnotists, we are always looking for additional tools to add to our clients’ tool boxes. This tool is not only great for your clients, it’s great for you as a hypnotist to grow your business. I will share some of the tips that I have incorporated into my seminars over the years.

Lecture/Discussion/Q&A

(31022) HOW TO BE AN EMPATHETIC HYPNOTIST—Enter Your Client’s World
Sherri Bernier, EdD, MS, CH All-levels
The emphasis on this seminar is to inform hypnotists of the importance of empathy in their hypnosis businesses. As hypnotists, we have the strategies and tools to enter the world of our clients through being empathetic. In this seminar, there will be demonstrations and exercises that strengthen and improve one’s own empathy. You will have the opportunity to learn the four elements of empathy and how to incorporate them into your clients’ sessions.

Lecture/Exercises/Demonstration/Q&A

(31023) BETTER WORDS FROM ADULTS = BETTER OUTCOMES FOR KIDS—Enlightening Parents, Teachers, And Coaches
Wendy Schaeetz, BCH All-levels
Learn an easy format for a 45-minute presentation to educate adults about the power of words they use with kids—perfect for you to present to parents, teachers or coaches! As an SLP and Consulting Hypnotist, I can’t ignore grown-ups using language that creates the opposite of what they’re trying to achieve. It makes sense for hypnotists to educate adults about how word choices affect behavior and outcomes in kids. This is a great way to promote your profession within your community!

Lecture/Discussion/Q&A

(31024) HYPNO YOUTH AND BEAUTY—Use Hypnosis, NLP And Chinese Acupressure To Rejuvenate And Look Young, Healthy And Beautiful
Stephanie Ho, CI, OB All-levels
This seminar will show you how to use hypnosis to stimulate and rejuvenate the cell systems, enhance beauty, and look younger. You will learn how to teach clients self-confidence so that they may view and place many aspects of their lives in the proper perspective, keeping them young and healthy.

Lecture/Demonstration/Q&A

(31025) TAI CHI APPLICATION FOR EGO STRENGTHENING—The Innovative Ego Strengthening Technique You Can Use Anytime And Anywhere
Stanley Ou Yang, BCH, CI All-levels
The ego strengthening technique has often been effective for increasing confidence in the subject. It can also be used in self-hypnosis. Stanley Ou Yang is going to introduce the simple Tai Chi movements for Ego-Strengthening in waking self-hypnosis since there is a close connection between mind and body in Tai Chi practice. You can teach your clients to apply this innovative technique anytime and anywhere as a complementary tool.

Lecture/Exercise/Q&A

(31026) YOUR LEGAL OBLIGATION TO KEEPING KIDS SAFE—A Practical Guide To Recognizing & Reporting Child Neglect/Abuse
Elana Schondorf, LMSW, CH, OB All-levels
Hypnotists are seeing more children for eneuresis, encopresis, ADHD, scholastic underachievement, nightmares, etc. Children have little independent power and rely upon the adults in their lives to protect them and keep them safe. As mandated reporters, we are legally and ethically bound to report any suspicion of child abuse, maltreatment, or neglect. We need to take our role as helping agents seriously and protect our younger more vulnerable clients.

Lecture/Discussion/Q&A

Don’t forget to visit COÜÉ’S CAFE

“Presentations were clear, easy to understand, relevant and practical. Presenters were personable, approachable, and excellent.” —Katy Redmon, Redding, CA

NGH 2019 Annual Convention, Educational Conference & Exhibition
SUNDAY, AUGUST 11

175 Expert Seminars
No Additional Charge
Included With Your Convention Fee

(31027) SPEECHLESS FOR SIX MONTHS—Hypnosis For Conversion Issues And Body Effects
Fredric Mau, BCH, CI, OB All-levels
Case study of a 16-year-old African American woman who was physically unable to speak for six months following a severe flu, including dramatic audio of her recovery during a rapid induction process. Medical diagnosis revealed no physical problem. This seminar explores the neurological reasons hypnosis is the best process for addressing conversion, dissociation, and trauma issues, as has been demonstrated since Mesmer cured Maria Theresia von Paradis of hysterical blindness in the 18th Century.

(31031) SLEEP EASY WITH SELF-HYPNOSIS
Laura Tyler, RN, CH All-levels
This is an easily taught and extremely effective method for helping clients with primary sleep problems. Use the technique in individual sessions or groups. It is ideal as an easy and fun community presentation to grow your clientele. Learn how to skillfully teach a very specific formula of breathing and affirmations that gets consistent results.

(31033) MAKING A SUCCESSFUL HIGH SCHOOL PRESENTATION—Get Teachers/Students/Parents Excited About Hypnosis
Wesley Kubacki, CH All-levels
Schools are usually an untapped audience just waiting for the right presenter. As a former teacher, an exciting presentation is welcome at any superintendent’s day. Teachers, especially those with accelerated classes, are always looking for outside people in the community to interact with their students. Teachers, aides, students, and their parents are all potential clients.

(31034) GET OVER WHAT’S HOLDING YOU BACK!—Take The Leap!
Robin Roberts, CH Introductory-Intermediate
So you’ve trained … and you’ve trained … and you’ve trained … but you’re hesitant to get out there and create your world-changing business. You aren’t sure that you can do it “right,” you’re worried about taking on clients and not being able to meet their needs … and the list goes on and on. This seminar is to move the new(ish) hypnotist across the bridge from hopeful, trained, anxious novice to confident, impactful, working professional.

(31035) STRESS RELEASE AND THE MIND/BODY CONNECTION—Why Stress Release Is Important To Your Client
Ina Oostrom, CI Introductory
Stress is at the core of many problems. Stress can be at the core of your “difficult” client and even prevent a client from entering hypnosis. How do you recognize a stress problem and how do you deal with that? Learn simple techniques that can help release stress of the client before, during or after the induction.

(31036) THE MAGIC OF MAKE BELIEVE—How To Act Your Greatest Role - You!
Lee Pascoe, FNGH, CI, OB All-levels
“Make-Believe” means “creating a belief.” We may know what we want, but cannot believe it’s possible. Lee Pascoe uses her background experience in theater, education and hypnosis to show how we can “trick” our mind into accepting new beliefs and exploring new possibilities. Based on Lee’s book of the same name, published by Findhorn Press, and available at the NGH table, this is a fun-packed hour dipping into the powerful and wise magic of childhood games.

Questions? Call the NGH Office at (603) 429-9438

Please note:
An important notation below the seminar or workshop description indicates what technique the presenter is using and would include at least one of the following: Lecture, Discussion, Demonstration, Participation, Q&A, Visual, and Experiential.

CDs
Afraid You’ll Miss One Workshop by Going to Another? Don’t Worry! CDs of all the Seminars & Workshops will be available to order at the convention. We’ll Take Your Orders There!
81 Special Elective 2-Hour Workshops
Tuition: $25; 5 for $100

SUNDAY, AUGUST 11

8:00-9:50 AM

(32081) MINDFUL JOURNALING FOR PEACE OF MIND—Getting The Noise Out Of Your Head
Charles Curtis, BCH, OB  All-levels
- History of journaling, recent journaling systems
- 8-step model for reducing stress through journaling
- Journaling as a method of moving from sympathetic to parasympathetic nervous system activation
- Research on health efficacy of journaling
- Dialing back chronic illness through regular journaling
- What is mindful journaling, learning how to utilize it as a daily practice
  - Ceasing activity, become mindful of the moment to quiet your mind. Give unexpressed thoughts a voice to relieve stress. Move through superficial thought to contact profound inner wisdom. Journal in a mindful way to move from problem consciousness, the feeling that “something is wrong,” to solution consciousness, a deep peaceful sense that “all is well.” Learn how to do this with individuals and groups.

  Lecture/Experiential/Q&A

(32082) CERTIFIED INSTRUCTORS: ARE YOU READY TO OWN AND OPERATE A LICENSED SCHOOL?—Learn What It Takes To Apply For, Open, Teach At & Remain In Compliance At A State Licensed School
Scott McFall, CI, OB  All-levels
- Educate NGH Certified Instructors about the benefits as well as the challenges of establishing and maintaining a State licensed school
- Discuss the possibility of teaching the NGH certification training at colleges and what that would entail
  - This workshop is designed for NGH Certified Instructors or those considering becoming NGH instructors who would like to open licensed schools in states that require career training to be licensed. You will learn what to expect and how to prepare to succeed at opening a licensed school. Learn what you will need to satisfy the requirements of the Education Departments in your respective states. Learn what to avoid and how to process your proposals as quickly and trouble free as possible and what the financial obligations of licensed school ownership are.

  Lecture/Demonstration/Discussion/Q&A

(32083) RELEASE THE RAGE—The Wisdom Of Anger And The Power Of True Forgiveness
Penny Chiasson, RN, BCH  Intermediate-Advanced
- State the purpose anger serves
- Distinguish between erroneous anger and righteous anger
- Identify correct method to approach each type of anger
- List 5 steps in the forgiveness process
  - Repressed rage poses a significant impact on happiness and physical well-being. In this workshop, you will learn how to identify if your client’s anger is an old useless anger, or righteous anger. The importance of this is discussed as well as the different methods of addressing them. We will discuss in detail an effective way to gain a deep, subconscious, true forgiveness for the client. This includes use of the Ten Keys to Forgiveness and being a champion for the client that has bottled up this rage. Learn the story of a client who experienced a profound benefit from forgiveness work.

  Lecture/Q&A

(32084) THE AFFECT BRIDGE REGRESSION TECHNIQUE—Powerful, Emotional Age Regression Technique That Will Increase The Success For Both You And Your Clients
Debi Boushey, BCH, CI, OB  All-levels
- Understand how past time emotional experiences can cripple a client in their present time situations
- Eliminate fears about doing regression work within a session
- Easily guide your client to the first emotional situation which is influencing their life
- Learn about Anchors and Triggers
- Learn how this technique can be applied to habits and behavioral change
  - The affect bridge is a powerful, effective emotional releasing technique. Watch your success rate increase with your clients as you gain certainty by learning how to properly apply this method into your hypnotherapy practice. By properly utilizing the technique, you can eliminate fears about doing regression work within a session. Easily guide your client to the first emotional situation which is influencing their life. Help them release, let go and move on with real resolution. After this workshop, you will know how to incorporate the affect bridge technique into your sessions with a client.

  Lecture/Demonstration/Practice/Q&A

(32085) CREATING PROFITABLE HYPNOSIS PROGRAMS—How To Create Hypnotic Programs That Create Revenue And Raving Fans
Dan Candell, BCH, CI  All-levels
- Discover why you should offer programs instead of offering single sessions
- Learn fee structures of programs
- Discover the benefit of naming your programs
- Discover what goes into a program
- Leave the workshop having developed an outline of your own program
  - Would you like to learn how to increase value and revenue? In this two-hour workshop, Dan will teach you the ins and outs of creating profitable programs for your clients. He will give you some powerful strategies of how to create your own hypnosis programs and what to include in them. You will leave this workshop with a powerful program outline as he works with you to create your own program for your practice.

  Lecture/Exercise/Discussion/Q&A

(32086) MELT FOR HYPNOTISTS—Eliminate Chronic Pain And Feel Fantastic In Just 10 Minutes Per Day!
Bonnie Hammersley, BCH, CI  All-levels
- Identify the relationship between chronic pain and stuck stress in the connective tissue
- List the 4 R’s of MELT (the recipe to get out and stay out of chronic pain)
- Demonstrate an assessment technique for the “mini soft ball hand treatment”
- Demonstrate an assessment technique for the “soft ball foot treatment”
  - MELT is a simple self-care solution that hypnotherapists can use to help the body remove the “stuck stress” from sitting too long, stiff shoulders and neck, repetitive motion, etc. in as little as 10 minutes per day. This course will explain the relationship between chronic pain and connective tissue and get the recipe to get out and stay out of chronic pain. You will experience the MELT hand and/or foot treatments.

Lecture/Demonstration/Practice/Q&A

“Some of the best people you will ever meet.”
—Kevin Martin, Lowell, MA

To register, call (603) 429-9438

NGH 2019 Annual Convention, Educational Conference & Exhibition  47
(32087) CLIENT-CENTERED INTERACTIVE HYPNOSIS —Tailoring The Session To The Client
Michael Raugh, BCH, CI
Introductory-Intermediate
• Explain 2 to 3 shortcomings of using scripts in client sessions
• Enumerate 2 to 3 benefits of a client-centered, interactive approach
• Determine a client’s motivational patterns and favored modalities during pre-talk and information gathering
• Perform at least two unscripted, interactive hypnotic inductions
• Devise suggestion strategies based on a given client’s mindset

Every client is unique; we all know that. So why do so many hypnotists rely on generic scripts instead of taking advantage of the resources each client brings to the session with them? This workshop is all about letting go of the script book and tailoring every part of the session to the client you have in front of you. We’ll talk about how you can use your pre-talk and information gathering to gain insights into how your client processes ideas and what motivates them. Then we’ll demonstrate with an audience volunteer how to use these techniques to elicit information about a client’s thought processes, choose an induction that will engage the client’s mind, and form suggestions that their subconscious will readily accept, working extemporaneously from your own stores of knowledge and techniques.

10:00-11:50 AM

(32101) 21ST CENTURY NLP FLASH TECHNIQUE
—Remove Restrictive Movement, Or Pain In Under 5 Minutes
David Frederick, CH, OB
All-levels
• Remove any restricted movement
• Remove chronic pain
• Remove facial tics, stuttering, weight, sports enhancement

You will learn the best of an NLP and EFT technique to dramatically remove a variety of problems in under 5 minutes and it’s permanent. You will learn how to remove restricted movements in under five minutes. Learn how to use it with chronic pain, facial tics, weight, self-improvement, stress and much more.

Lecture/Demonstration/Participation

(32102) WEAVING THE STORY WEB—The Art Of Hypnotic Storytelling
Peter Blum, CI, OB Intermediate
• List 3 ways in which stories can be told for hypnotic purposes
• Name at least 3 examples of stories told for hypnotic reasons and describe the logic for their selection
• Describe 3 ways that the use of voice dynamics and phrasing change the impact of a story
• Describe 3 ways to insert embedded commands into stories
• Describe 3 ways to use interspersal techniques inside stories

Stories are hypnotic and capture our attention by providing novel possibilities for unique outcomes. Humans are neurologically wired to respond to stories and to determine the meaning and purpose of stories they hear. The art of storytelling as hypnosis consists of telling stories that stimulate and promote the search for unique answers to common problems found in the stories. In this workshop, you will learn how to do this work more successfully.

Lecture/Demonstration/Experiential/Q&A

(32103) HOW TO ADD 10K TO YOUR INCOME—Learn To Run A Recurring Group
Cheryl DeDecker, BCH All-levels
• Describe the benefits of recurring groups to your hypnotism practice
• List the 3 specific steps in developing an ongoing hypnosis group
• List four components of a group participant agreement
• Name 5 steps involved in each group session
• Describe 2 common pitfalls of group facilitators

Would you like to add 10k to your income, build your practice and become better known in your community? Run recurring HypnoGroups! Learn secrets for facilitating a group that has members coming back, month after month. You will learn how to structure a group, be an effective facilitator and keep clients engaged. The workshop will also cover how to avoid common facilitator blunders to ensure a smooth running, cohesive group.

Lecture/Discussion/Exercise/Q&A

To register, call (603) 429-9438

(32104) HYPNODONTICS —Kick Start Your Practice Into High Gear With Dental Hypnosis
Timothy Jones, BMin, FNGH, CI, OB All-levels
• Identify the differences between dental anxiety, fear, and phobia, and how to measure them
• The inherent precautions of pain removal while enhancing and accelerating the client’s natural self-healing abilities
• How to approach the dental practitioner and how to have their front office staff work for you referring clients
• The most effective ways to advertise your services, and how to easily generate referrals from clients

80% of all people grow up affected with dental fear from a combination of experiences. Of those, it’s estimated 40-50% don’t seek dental help until their discomfort exceeds the level of pain expected during treatment. This workshop details how to help reverse those negative dental beliefs, boost client confidence and overall physical health, which results in a noticeable increase in word-of-mouth referrals.

Lecture/Demonstration/Discussion/Q&A

(32105) SOUL MEDIUMSHIP® —Healing Grief And Connecting With Loved Ones In Spirit
Karen Paolino Correia, CH, OB All-levels
• Help clients connect to their loved one in spirit for healing
• Assist clients in healing unresolved issues before/during the passing of their loved one
• Help clients hear, feel and receive messages from their loved one(s) in spirit
• Help clients release their fear of death and receive validation about the continuum of life

Come and discover how you can help clients move from grief and loss of a loved one to healing and profound peace. Learn an induction guiding your client to reconnect with loved ones who have passed and discover how this process can help your client heal relationship issues left unresolved, say goodbye, and gain inner peace that love never dies. Witness an individual session demonstrating the process and experience a group session to receive your messages and healing.

Lecture/Demonstration/Experiential/Q&A

Questions? Call the NGH Office at (603) 429-9438
(32106) MULTIPLE STREAMS OF INCOME FOR HYPNOTISTS—Build Your Offline/Online Business
Lisa Halpin, BCH, CI, OB  All-levels
• Describe the concept and long-term benefits of “multiple streams of income”
• Identify up to 5 paths of income streams for hypnotists
• Name at least 3 strategies you personally can pursue
• List the “next steps” to begin to activate an action plan immediately
Waiting for another client to pay you can be scary. The hypnotists who’ve been around the longest, and those who are most successful aren’t just waiting for that next client. Expand your horizons and your business by learning how you can have multiple streams of income to boost your success. You’ll explore new options, do some self-discovery, and make progress toward a plan you can embark on as soon as you get home. Stop waiting for the next client and join this class!
Lecture/Visual/Experiential/Discussion/Q&A

(32107) INDUCTIONS, INDUCTIONS, INDUCTIONS!—A Potpourri Of Induction Techniques
Joann Abrahamsen, BCH, CI, OB  All-levels
• Rediscover inductions you already know
• Learn new inductions and variations
• Become skilled in induction techniques
• Gain confidence
• Choose the right induction for each client
• Practice many of the inductions learned
Knowing many methods empowers you to pick and apply the precise technique for each client. Learn new induction skills, discover new variations of inductions you already know, and increase your confidence level. Some of the inductions demonstrated are instant, rapid, Ericksonian, confusion, non-verbal, etc. Learn and practice my own special induction technique that shows you how to detect and overcome resistance, test the client and deepen the hypnosis in one smooth process.
Lecture/Demonstration/Practice/Q&A

(32108) SOCIAL MEDIA MARKETING & SALES—Learn To Use Social Media To Increase Business And Spread Your Message
Larissa Brazier, CH  All-levels
• Identify and learn about the many forums for social media
• Define the various types of social networks/media
• Define the functionality of each and identify the individual benefits
• Describe the history and development of various social networks
• Understand the importance of monitoring and responding to the community that forms around your message
• Take away methods to help increase the amount of clients by formulating a social media marketing plan
• Explain the characteristics of digital content including the life of information, the restrictions of the communication medium, and the ownership of the information
This class will provide a launching point to social media to start working for you, targeting those in our industry who want to get their names and message out there more, expand your clientele base, and increase sales. This course will address what social media is and how you can use it as an efficient tool to boost your business. This course will give you the tools and knowledge you need to start utilizing social media for marketing and sales. Introducing social media sites such as Facebook, Twitter, LinkedIn, YouTube, Google+, YouTube, Pinterest, Instagram & more!
Lecture/Discussion/Q&A

(32022) SOUND MIND POWER—Expand Your Hypnotism Practice Using Voice, Sound & Music As New Tools
Marcel Klasen, BCH, CI, OB  All-levels
• Why sound affects us physically
• The importance of tonality in hypnosis sessions
• Ways to use induce trance through toning sounds
• How we resonate with vibrations in our surroundings
• Effective methods to use sound, voice and music as hypnotic tools
Sound, voice and music are potent tools for restoring the inner balance of the body and awakening the spirit. Understanding how sound and vibration affect us is essential for practitioners to fine-tune their techniques. Applying the musical principles of entrainment, resonance, toning, and harmonics help to achieve overall wellness, greater energy, and a deep level of fulfillment. Using the power of sound helps hypnotists to take their practice to a higher level and create ongoing business.
Lecture/Experiential/Demonstration/Q&A

2:00-3:50 PM

(32023) FREEDOM FROM COMPULSIVE HABITS—Hypnosis & NLP For Alcohol & Drug Issues
William Horton, PsyD, CADC, CMI, BCH, OB  Introductory-Intermediate
• Learn the addiction process
• Discover the medical disease model
• Explain the cycle of recovery
• Learn the 12-Step model
Learn from Dr. Horton’s 20 years in the field of addictions. He has worked in inpatient, outpatient, criminal justice, detox and long-term treatment facilities. Dr. Horton was the regional director for the Governor’s Commission for a Drug Free Indiana. He teaches you how to blend traditional methods with cutting edge techniques for rapid and lasting change.
Discussion/Demonstration

Please note:
An important notation below the seminar or workshop description indicates what technique the presenter is using and would include at least one of the following: Lecture, Discussion, Demonstration, Participation, Q&A, Visual, and Experiential.

To register, call (603) 429-9438

“A very good value. Lots of excellent information. Very pleasant environment.”
—Joselle Gagliano, Niskayuna NY
SUNDAY, AUGUST 11

81 Special Elective
2-Hour Workshops
Tuition: $25; 5 for $100

(32024) BETTER SUGGESTIONS = BETTER RESULTS!—Improving Your Clinical Private Sessions Through Better Suggestion Intake, Writing And Design
John Cerbone, FNGH, CI, OB  All-levels
- Learn advanced information gathering - your key for higher impact
- How to acquire and use more precise information for better suggestion writing from a best selling author of cutting-edge hypnotic suggestion techniques in use around the world
- How to avoid the pitfalls of excessive and extraneous information
- How to bypass client’s limitation systems of belief
- How to create “knowing-ness” consciousness
- How to write self-adapting suggestions while harnessing the power of the subconscious mind
- How to get the client’s mind to work out improvements automatically

After hosting and designing thousands of private sessions in a career spanning decades, hypnotist, John Cerbone will share with you a career filled with ideas and insights that truly enhance client intake and suggestion design, hoisting your session results to new heights.

Lecture/Discussion/Q&A

(32025) A PORTAL BETWEEN HEAVEN AND EARTH—Concert & Meditation
David Young  All-levels
- Experience the healing music and mystical meditations of David Young!
- Everyone will have some form of spiritual experience, either with the Inner Light or Sound, an Ascended Master, an out of body experience, a past life awareness, or reconnecting with a loved one.

Whether people have been meditating a short time or for 30 years, attendees consistently say they’ve had the most profound, spiritual experience of their entire life. The healing thread that connects all of David’s music is his amazing ability to tune in to the Universal energy as he plays two flutes at once. This creates a harmonic resonance and a frequency that millions of people all over the world have experienced and call “The Most Heavenly Music on Earth.” This is truly a transformational experience of channeled music, messages and healing energy. You will not want to miss this journey.

Lecture/Experiential/Q&A

(32027) HOT FLASH!!! HYPNOSIS AND THE MYTHS OF MENOPAUSE—Hypnosis Is The Only PROVEN Drug-Free Treatment For Hot Flashes!
Amye Scharlau, CI  All-levels
- Learn to identify the physical symptoms of menopause
- Examine cultural expectations of menopause and how that shapes the experience
- Explore the best ways to inform and empower your clients with the latest research from around the world
- Gain awareness of the many ways menopause affects the lives of your clients and families
- Receive a “HOT FLASH DRIVE” containing scripts and useful studies!

Are weight gain, lack of concentration, mood swings, diminished sexual desire, and the whole list of negative beliefs surrounding menopause even true? What does the most current international research conclude? Learn to tell fact from fiction in order to provide the absolute best care and support for your clients going through “the change.” Help your clients ease genuine physiological changes, dispel the fears and myths of rampant misinformation, and empower and honor your clients as they enter a fabulous new chapter in life!

Lecture/Exercise/Discussion

CDs
Afraid You’ll Miss One Workshop by Going to Another? Don’t Worry! CDs of all the Seminars & Workshops will be available to order at the convention. We’ll Take Your Orders There!

Don’t forget to visit COÜÉ’S CAFE

“Excellent conference. I highly recommend to anyone in the field of behavioral change.”
—Emile Allen, Boca Raton, FL

“Every year, it is exciting and fun. Meeting like minded people & learning new things or refreshing old things.”
—Linda Coughlin, Hanson, MA

You’ll discover that nobody works harder to give you a better convention experience than the staff of the National Guild of Hypnotists.
WHAT PEOPLE HAVE TO SAY:

“The NGH convention 2018 delivers again! Workshops & seminars deliver new information and refresh proven techniques. I’m leaving re-ignited, re-committed to hypnosis as a valuable healing modality for today’s issues impacting all segments of population. Networking is great and I love seeing folks year after year.”

—Denise M. Simpson, Derry, NH

“I always leave feeling energized and inspired.”

—Amye Scharlau, St. Paul, MN

“I’m an RN - semi retired - used hypnosis in relation to nursing care in the past. Still find the conference very stimulating and informative. I like to choose seminars on topics I’m not familiar with – finding that learning something new is stimulating whether it applies to you or not.”

—Kathleen C. Russell, Milford, CT
You’re Invited To Join The Union

THERE ARE NFH UNION HYPNOTISTS IN 37 STATES AND CANADA

Our Guild union affiliation - The National Federation of Hypnotists Guild 104 OPEIU, AFL/CIO, CLC - has been part of the International union for almost a quarter of a century and now is honored to be part of a new membership concept. We are now classified as a “Guild,” since we meet different criteria of our needs from the OPEIU. Obviously, we don’t require contract negotiations, strike benefits and such, since our members are for the most part self-employed, but often need assistance in legislative threats to our practice of our profession of Consulting Hypnotist.

NFH 104 is now regarded in a separate category of union affiliation as a union Guild. We still have all of the many benefits for our union members and their families, plus the strength of the International union, which has helped us so many times in the past, but now at a more reasonable cost.

Naturally, we are passing this savings on to our NGH members who also belong to NFH Guild 104. This is an opportunity to receive all of the many discounts and benefits for you and your family as part of your membership, while helping to make our profession as Consulting Hypnotists stronger against any legislative interference by other professions.

<table>
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<th>$96 - Annual 12-month membership</th>
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<tr>
<td>To join or for more information contact</td>
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<tr>
<td>NFH 104 Sec./Treas. - Julie Hazen</td>
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<tr>
<td>PO Box 815 - Merrimack, NH 03054</td>
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<tr>
<td>(603) 429-9438 • <a href="mailto:nfh@ngh.net">nfh@ngh.net</a></td>
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With all of this in mind, we’ve looked at member union benefits that will help each of us personally, such as a WellCard discount health program, OPEIU free college benefit, Howard Coughlin scholarship, Nation Safe Towing benefit, student debt reduction, identity theft protection, electronic copy of the White Collar and AFL-CIO Union Plus benefits listed below.

**Disneyland & Disney World Discounts**
- Entertainment Discounts - Save on movie tickets, theme parks, theaters, sporting events and more.
- Worldwide Vacation Tours - Save $150 on discounted international travel packages and tours.
- AT&T Wireless Discounts - Save 15% off select monthly wireless service plans from AT&T, the only nationwide unionized wireless company.
- Budget Truck Rental - Save 20% off truck rentals from Budget.
- Computer Discounts - Save up to 30% on Dell & HP laptops and desktops.
- Flowers - Save 20% when you send flowers, gifts or plants.
- Gift Certificate Discounts - Enjoy the convenience of buying multiple gift cards all in one location from some of America’s most popular merchants.
- Mortgage - A mortgage program to help you and your children buy a home.
- Moving Boxes - Union families save 15% off moving boxes and supplies.
- Pet Food, Medication, & Toy Discounts - Save 10% on pet food, toys and supplies. Save $1 off pet medications.
- Pet Savings - Save 25% on veterinarian services, pet supplies and more.
- PODS Discounts - Save up to 10% on moving and storage with PODS.
- Real Estate - A real estate program to help union members and their family buy or sell a home.
- Auto Insurance - Save with competitive group rates.
- Consumer Credit & Budget Counseling - Get free, confidential budget and credit counseling from certified counselors.
- Pet Insurance - Save up to 15% on pet health insurance premiums.
- Auto Buying Service - Save time and money when you buy a new or used car or truck.
- Car Rental Deals - Save up to 25% on car rentals with discounts from Alamo, Avis, Budget, Enterprise, Hertz, & National.

**Goodyear** - Save 10% off all Goodyear tires and 5% off all sales tires at company-owned Goodyear, Just Tires or Allied Tires & Service Stores. Save up to 10% off all car service.

**Union Plus Motor Club** - Get emergency roadside assistance.

**Consumer Reports Online Discount** - Save 27% on a subscription.

**Legal Service** - Speak to a lawyer free about any legal question or problem. Free document review and 30% off additional services.

**Union Plus Scholarship** - Awards $150,000 annually to members and their families pursuing higher education.

**Health Club** - Pre-negotiated 15% to 30% discounts on monthly fees at over 10,000 health clubs nationwide.

**Health Savings** - Helps cut out-of-pocket costs on prescriptions, dental, vision, hearing, physician and hospital care for the whole family.

**The OPEIU Free College Benefit** is a last dollar scholarship that fills the gap between the cost of tuition, fees and e-books at Eastern Gateway Community College and any federal, state or employer education grants for which you are eligible. It is a type of financial aid so students must comply with federal, state, and college academic and financial aid policies, which can be found on the EGCC website. In order to determine the amount of your scholarship, students first apply for and use any federal student aid awarded through the Free Application for Federal Student Aid. Even if it’s determined that you are not eligible for any grants, OPEIU’s last dollar scholarship has you covered. It will still be applied to your remaining balance for tuition, fees, and e-books. For step-by-step instructions on how to apply, visit FreeCollege.OPEIU.org.

**And More ...**

**Shopping Discounts** - Visit workingadvantage.com and use OPEIU’s password (744387769) to enjoy discounts ranging from 20% to 70% on items like HP and Lenovo computers, printers and accessories; Sprint; Restaurant.com; WSJ Wine Club and Laidighthouse’s Wines; 2920 beds, mattresses and pillows; Diamondback and Raleigh bicycles; Verizon FIOS; SimpliSafe home protection systems; Lendket student loan refinancing; Rosetta Stone; Blue Apron; Omaha Steaks; 1-800BAS-KETS; and many, many others.
The National Guild of Hypnotists
5-Day Intensive Train The Trainers Program

NGH CERTIFIED INSTRUCTOR HYPNOTISM
CERTIFICATION COURSE

presented by Don Mottin, BCH, CMI, DNGH, OB

This exclusive program is designed for all Certified Hypnotists who want to teach NGH Hypnotism courses to new students and who desire to enter the lucrative seminar business. During the 5 days, you will learn & be trained to teach:

• Preliminary Suggestibility Tests — demonstrated and practiced.
• Favorable and Unfavorable Influences of Hypnosis. • How to hypnotize — A 3-step classical hypnotic induction procedure is taught and practiced. Authoritative and Permissive methods are discussed.
• Suggestion Management - How to deliver suggestions under hypnosis. • How to utilize color, visual and kinesthetic imagery under hypnosis.
• Depth Stages of Hypnosis — The depth stages of hypnosis for judging trance depth.

Learn how to teach the integration of hypnosis, imagery and suggestion to manage most problems brought to a hypnotist by clients. Special emphasis is given to fears, self-esteem and confidence issues, sports performance, sales relationship and business problems.

In addition, you will learn how to teach:

◆ Self-Hypnosis Training — You will learn the rationale for using self-hypnosis and how it can positively influence all phases of your life.
◆ How To Structure A New Hypnotism Practice — The various possibilities and options available to enhance a profitable hypnotism practice are explored. This includes how to market one’s private and teaching practice.
◆ Various time-formats which will meet NGH requirements while accommodating prospective new students

The structured course you will be teaching your students, to qualify them for NGH Certification, will include an easy way to explain hypnosis to clients and other professionals, and covers:

• What is Hypnosis?
• Structure & number of sessions with a client.
• Assessment – Goal Setting – Reinforcement and Encouragement.
• Image Psychology and Hypnosis.
• Teaching a Self-Hypnosis Course.

NOTE: Want the full 14 page brochure, with complete descriptions of all of the benefits? Make your request at: dmottin@hotmail.com

This Train The Trainer class has over $2,000 in bonus materials.

Upon Completion of the 5-day Trainer’s Course:

You will have learned how to set up workshops that will get you doctor’s referrals and give you entrée into corporations and government agencies. This will be a game changing experience for you and your future students.

Your Five Days of Instructor Training will include:

How to start and expand an office practice, including advertising and marketing. A step-by-step approach on how to offer health, sales enhancement and motivated training programs. How to set up a profitable teaching practice – how to get students, literature preparations, establishing instructional objectives and course curriculums, training materials required, and much more.

SUNDAY-THURSDAY, AUGUST 4-8
TUITION: $2,150 INCLUDES CONVENTION
Call 603-429-9438 for a FREE course syllabus
NGH Summer Institute
Pre-Convention
August 4-8 & August 13-16

SUN-SUN, AUG 4-11
(152) CONSULTING HYPNOTIST CERTIFICATION COURSE with Patricia MacIsaac, DNGH, CMI, OB
Become a certified consulting hypnotist, recognized, registered and certified by NGH. Explore a whole new career as a highly respected professional. Learn how to use hypnosis to increase your self-confidence and potential. Gain self-satisfaction and gratification by helping others. Master the techniques of visualization and self-hypnosis. Improve your own life, help others, and open new doors in an unlimited field. Once completed, you will be qualified to be considered for certification. Course consists of discussions, demonstrations, case studies, simulations, role-playing activities, exercises, and homework assignments, and tests. Receive the complete Convention registration including Saturday Night Extravaganza.
Tuition $1,595 includes Convention

MON-THUR, AUG 5-8
(142) HYPNOBIRTHING’S INSTINCTIVE BIRTH PROGRAM with Marie Mongan, CI, OB, Gina Kochany, CH and James Womack, CH
This unique course will show you how to teach relaxation techniques to eliminate the fear and tension that causes long labor and discomfort, replacing it with confidence and understanding. When a woman is properly prepared for childbirth and when the mind and body are in harmony, nature is free to function in the same well-designed manner that it does with women in other cultures and with all other creatures. Develop methods of teaching birthing companions skill in transferring hypnotic rapport. Master specific techniques of hypnotic anesthesia for birthing or other pain management. Explore the three stages of labor and the ways in which the mother’s body is designed to work in neuromuscular harmony with nature. This 4-day workshop is a must for hypnotists, midwives, birthing educators, and obstetrical nurses.
Special NGH Convention Tuition $1,100
Special NGH Convention Attendee Tuition $995

TUE-THUR, AUG 6-8
(131) THE ULTIMATE STAGE HYPNOTISM WORKSHOP with Tommy Vee, CI, OB
Do you want to earn more money as a hypnotist? Do you want to do this without spending thousands of dollars on advertising? If you answered YES to these questions, then this course is for YOU!!! Create additional streams of income to your practice by becoming a Stage Hypnotist. Discover the details and secrets that turns a good show into a great one. Proven techniques will be demonstrated and explained in simple easy-to-learn terms. Whether you are a seasoned professional or a novice, this workshop can enhance your career on stage and in your practice. Discover dynamic introductions, inductions and routines that “kill” audiences. Receive hands-on training and supervised practices that will assist you in developing your own style and show.
Tuition $1,195

WED-THUR, AUG 7-8
(121) PAIN MANAGEMENT CERTIFICATION with Ron Eslinger, CRNA, RN, APN, FNGH, CMI, OB
The management of pain is a billion dollar industry. It is simple. Learn the Pain Brain Connection. Add the tools and techniques of cell memory. Visit pain as a metaphor, how to create effective individualized scripts and you become the expert in pain management. This class is the most in-depth pain management course you will take. The purpose of this deeper and more intensive training program is to provide you with a deep consideration for taking your skills to the next level. This intensive includes video case presentation with discussion, practice sessions, skill-building, clinical exercises, live demonstration. Learn to handle the most common pain scenarios including: back pain, headache, fibromyalgia and phantom limb pain. You will receive hundreds of scripts, articles, client forms, etc.
Tuition $375

Each all-day and multi-day Pre- and Post-Convention NGH Summer Institute Course provides an opportunity to learn techniques and explore topics in-depth. Each intensive course is a separate learning opportunity. Registration is separate from and not included in the Convention registration fee, except where otherwise noted. All participants registered for the full 3-day NGH 2019 Convention are eligible for a $50 discount on each Pre/Post course except for #151 and #152.
To register, call (603) 429-9438

NGH 2019 Annual Convention, Educational Conference & Exhibition
(122) TWO DAY BUSINESS MENTORSHIP

with Paul Ramsay, BCH, CI, OB & Sandra Grace Sherman, BCH, CI

Mentorship is the single biggest factor in achieving a successful hypnotism practice. When you have a mentor, you find clarity sooner, identify the right action to take more easily, and produce results more quickly. This two day mentorship program will help you find clarity about what you really should be doing as a hypnotist, not because it’s what everybody else is doing, but because it’s what lights you up inside. Get clear on what you really want and build a plan with us for how to make it happen. Identify your true needs and how being a hypnotist gets your needs met. Identify your value system and how it meets your true needs either functionally or dysfunctionally. Leverage your needs and values to clarify the type of consulting hypnotism that will be the most enjoyable and profitable for you. Establish a more accurate brand identity moving forward. Set goals that come directly from your value system. Build a business development plan for post-convention action and accountability.

Tuition $375

THUR, AUG 8

(111) THE ULTIMATE SMOKING CESSATION TECHNIQUE

with Jacob Bimlich, DNGH, CI, OB

Smoking causes approximately 440,000 premature deaths in the United States annually, leading to 13.2 years of potential life lost for male smokers and 14.5 years for female smokers. According to the Center for Disease control and Prevention, about half of all the people that continue to smoke will die because of the smoking habit. Smoking is the single most preventable cause of death in our society. Expand your expertise and learn step-by-step how to do successful smoking cessation sessions and turn smokers into non-smokers. Examine aversive methods for smoking cessation and discover how effective it is even when dealing with difficult clients. Leave completely equipped to successfully deal with smoking cessation clients and with the knowledge of how to attract new clients to your practice.

Tuition $225

(112) PAST LIFE REGRESSION

with Michael Hathaway, FNGH, CI, OB

Do You Do Past Life Regressions? Is your answer “NO”? Then you’ve lost a great client and you may also have lost credibility as a hypnotist, not to mention a lucrative source of income. PLRs are very interesting to conduct and clients gladly pay more for them. Hypnotists are expected to do PLRs. It’s time for you to acquire this skill! All hypnotists need to know how to conduct professional past life regressions. If you’re not currently offering past life regressions as one of your services, it’s time you were! When you open your mind to hypnotic past life exploration techniques it will enable you to unlock the subconscious mind to the gifts of enlightenment and healing. The wisdom gained from past life memories can create a greater understanding of how to improve current life situations.

Tuition $225

(113) NEUROPLASTICITY AND DIABETIC PAIN: END YOUR CLIENT’S SUFFERING

with Jean Eljay, CI

Chronic pain in Type 2 Diabetes (T2D) leads to significant disability, morbidity and mortality. Pain is substantially increased by the co-morbidities of anxiety, depression, fear, anger, sadness and loneliness as well as generalized sleep dysfunction. Pain in T2D exacerbates disease and negatively impacts healing. Hypnosis is unique, in that, it negates phantom pain, and limits both acute and chronic pain above and beyond pharmacologic interventions. Hypnosis coupled with functional neuroplasticity reduce pain and improves quality of life. Learn how new hypnotic interventions are solving these burdensome and debilitating problems.

Tuition $225

(114) HYPNOTIC ONCOLOGY: A CERTIFICATION CURRICULUM BY THE NATIONAL GUILD OF HYPNOTISTS

with C. Scot Giles, DMin, DNGH, CI, OB

Helping people live with cancer is exciting and lucrative work. This certification program is based on the I Can Act Now (ICAN) program for cancer patients that has been helping such people with hypnosis since 1990 at AMITA LaGrange Memorial Hospital in Illinois. Organized around the general principles of the Exceptional Cancer Patients Program developed by Bernie Siegel, MD, this established program has a proven track record of long-term success. This course will be taught using the same format at the actual ICAN program. You will experience the actual exercises and techniques used in the clinic. You will learn the structured check-in technique and the use of projection objects and symbols. You will learn how to use drawing and dream analysis to gain clues on how to help cancer patients, and will experience typical examples of the sort of hypnosis done in the program.

Tuition $225

(115) PROVEN D.E.P.T.H. MODEL FOR WEIGHT LOSS SUCCESS

with Thomas Nicoli, BCH, CI, OB

Tom Nicoli is bringing this very popular training back to the NGH convention. This class is for all levels. The success of Tom Nicoli’s work was witnessed by millions on American national TV when he helped a Pastry Chef lose 40 pounds on Dateline NBC’s The Ultimate Diet Challenge. Everything you need to know to effectively help weight loss clients will be in this jam packed 1 day of learning. You will learn things Tom has perfected after successfully helping thousands of weight loss clients reach their goals. All students will participate in individual and group interactive exercises to create an optimal learning experience. Attend this class and benefit from Tom’s 18 years successful career of working with thousands of clients from all walks of life and from around the world. Whether you work with clients or would like to begin, the time for this class is NOW.

Tuition $225

“It’s always worth coming half way around the world to attend the NGH convention.”

—Beryl Comar, Spain

“Wonderful selection of lecturers who presented on a wide variety of topics.”

—James Cullum, East Meadow, NY

“Very educational. The Presenters are excellent, taught important topics.”

—Janet Newcamp, Erie, PA
(211) SECRETS OF SONIC TRANCE
with Peter Blum, CI, OB
Increasingly, the power of sound and music is being recognized by science to influence mood and the body’s healing response and immune system. Many hypnotists are curious about how they can begin to utilize sound and music in their practice. Music, drumming, chanting, and sound in general have been used since pre-historic trance to induce and sustain trance. Learn, from this master soundhealer and musician, how to incorporate the magic of rhythm and melody into your hypnosis and/or healing practice. We will explore how sound entrains brain wave activity, and experience directly the magic of singing bowls, tuning forks, and frame drumming for shamanic journeying. Without any prior musical training, you will easily learn theories and techniques of working with sound frequencies.

Tuition $225

Please note:
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(212) GROW YOUR PRACTICE AND FILL YOUR APPOINTMENT BOOK ... WITH EASE!
with Debi Boushey, BCH, CI, OB
Learn marketing tools and techniques to effectively attract clients to you. These marketing strategies are simple things you can do right away that won’t cost you lots of money! I will share the networking steps I have taken to create healthy, prosperous relationships with other practitioners in my area. Using the Affect Bridge technique, we will uncover and release emotional frozen areas. Using the Affect Bridge technique, we will uncover and release emotional frozen areas. Using the Affect Bridge technique, we will uncover and release emotional frozen areas. Using the Affect Bridge technique, we will uncover and release emotional frozen areas. Using the Affect Bridge technique, we will uncover and release emotional frozen areas. Without any prior musical training, you will easily learn theories and techniques of working with sound frequencies.

Tuition $225

(213) THE SCIENCE OF SELF-HYPNOSIS
with Adam Eason
This presentation offers the very latest findings and most up-to-date evidence base from one of the world’s foremost current researchers of the topic of self-hypnosis. Adam presents the existing research in support of clinical applications of self-hypnosis and explains what he and his colleagues are doing at Bournemouth University in the UK that is causing a stir in the academic hypnosis fraternity, and how this can benefit the field of hypnosis and advance what hypnotists do to help their clients. This presentation will be the first time many seemingly controversial findings from his research has been publicly presented and seeks to put self-hypnosis in a much more important position within the field of hypnosis. In addition to the strong theoretical underpinning, you will learn tangible hypnotic phenomena skills that can be used to test and convince of self-hypnosis abilities and that can be taught to clients to develop all important self-efficacy.

Tuition $225

(214) REPROGRAM YOUR WEIGHT WITH HYPNOSIS
with Erika Flint, BCH, OB
Learn the basics of the Reprogram Your Weight process for helping clients lose weight and keep it off for life with hypnosis. This process is outlined in my best-selling book Reprogram Your Weight: Stop Thinking about Food All the Time, Regain Control of Your Eating, and Lose the Weight Once and for All. This very successful process has been used with hundreds of clients who have lost thousands of pounds without a specific diet or complicated exercise program. Use the unlimited power of the mind along with specific brain hacks and highly effective hypnosis techniques to help change your clients’ relationship with food for good and grow your hypnotism business and personal fulfillment in helping people reach their potential.

Tuition $225

“NGH is a gift of authorities, knowledge and super colleagues who share and truly support each other and the profession. How wonderful to see old friends and how delightful to make new friends each & every year.” —Cecilia Crowley Bergstein, Manorville, NY

(215) INTERVENING IN UNHELPFUL & UNHEALTHY SLEEP: NEW APPROACHES
with Debbie Papadakis, BCH, CI, OB and Jean Eljay, CI
Are you overlooking one of the largest populations? Sleep problems are epidemic (> 60%). This is even greater (up to 2/3) in the teens and young adults. We can help most Americans who are anxious or stressed about sleep. Indeed, 75% of depressed individuals also have sleep issues. Help your clients solve the associated health, mental, and/or spiritual problems. Learn 7 complementary approaches and experience 3 demonstrations of the resolution of sleep problems. You will focus on improving long-term outcomes. Be instrumental in bringing your client back to a full-night’s restful sleep.

Tuition $225

Please note:
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VISIT THE NGH CONVENTION BOOKSTORE!
Each year participants tell us one of the things they like best about the NGH Convention is the chance to purchase the books, audios and videos of our featured speakers. You will be able to choose from a wide assortment of books, audios and videos not easily found elsewhere.
(222) THE BODY LANGUAGE CODE  
with Petra Frese, BCH  
This program lifts the hypnotist’s self-awareness to a higher level and makes rapport building much easier. Experience to decipher the underlying truth of what your vis-a-vis is telling you with his/her words. As the voice is part of our body we send other body related signals as well. From posture to handshake, everything has a meaning. You will learn to understand this language in this class. Why is this so important? As a picture says more than 1000 words the body tells you even more. Sometimes it not even necessary to talk, so powerful is this channel as in a pantomime theater. As your pet dog understands you without words so can you. Our modern civilization un-learned a lot of these capabilities and I will bring them back to you to become more successful in your profession as well in your personal life. Learn and practice to read the non-verbal cues. Increase your professionalism and your impact, make your business and private life more peaceful, more fulfilled and richer by understanding and using the language of the body.  

Tuition $375

(223) THE SIMPSON PROTOCOL  
with Timothy Horn, BCH, CI  
This is a developing and extraordinary course that teaches students how to bring clients into the deepest levels of hypnosis (Esdaile and beyond) in order to access the Superconscious Mind. This is done by allowing the hypnotist to continue to communicate with the client at every level to obtain the best results for them (this is the first time this type of communication has become available at the Esdaile level). Normally, when a subject enters the Esdaile level, they find themselves so comfortable and relaxed that they no longer wish to communicate with the hypnotist. This is the first time we can teach how to communicate with clients – even at that deep level. You will learn how to bring your clients into the Esdaile level; verify they have reached that level with specific tests and validating it for the conscious mind. From there, you will learn what questions to ask to elicit the most important answers to the client’s deepest problems and then learn how to assist the client to resolve them from within using the Superconscious Mind.  

Tuition $375

“Wonderful to see and talk with colleagues I had not seen in years!”  
—Monica Angustine, Stillwater, MN

(224) 6 KEYS TO WINNING SPORTS  
with Angela Ocheltree, CH  
One of the more frequent challenges faced by all athletes is how to improve their performance. In many cases, the problem is rooted in self-doubt, which limits their levels of performance. Using hypnosis and NLP, the client will learn how to identify and accept self-doubt. Once this is achieved, the client can stop dwelling on past failures and other negative feelings and images through hypnosis techniques, positive imagery, and concentration-focusing skills. Whether the athlete feels held back by physical fear or by negative comments from competitors, trainers or officials/judges or by performance anxiety, this course will help the hypnotist to help their clients replace a “losing” mentality with the winning edge to heal the source of the traumas.  

Tuition $375

(225) SOUL ENTRAINMENT  
with Karen Paolino Correia, CH, OB  
Working with the techniques of Soul Entrainment will empower your client to understand the profound wisdom they hold within themselves. They will discover that their soul wants to guide them to the answers they are searching for regarding relationships, health, life purpose and experiencing more love, joy and fulfillment in their lives. The gift of working with the soul is the soul knows everything about your client’s past, present and future and their soul will always guide them to their highest and best. So if they are ready to heal deep core issues they will and if it’s time to know their life purpose or what steps to take to create happiness the soul will share. The soul guides with unconditional love, support and protection so you can trust and your client can receive exactly what they need.  

Tuition $375

(231) 3-DAY HYPNOTIC AGE REGRESSION CERTIFICATION COURSE  
with Calvin Banyan, MA, DNGH, CI, OB  
Age regression hypnosis is the most powerful tool available to the hypnosis professional, period. Nothing gets to the root cause of the problem as quickly or as completely as age regression hypnosis done right. The key is to make sure that you are doing age regression hypnosis correctly. Basic and entry level hypnosis certification courses simply don’t spend much time teaching this most powerful tool. There simply isn’t enough time, and new students are simply not ready for this kind of advanced training. Now is the time for you to take this next step because, Cal Banyan, the highly recognized authority in the use of hypnotic age regression work, is teaching this very special Age Regression Certification course that covers everything you need to know to be among the best age regressionists in the world.  

Tuition $495

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—Ian R. Conway, Westminster West, VT

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—Raymond Czarnecki, Berwyn, IL

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—Lori Nelson, E. Wareham, MA

CDs  
Afraid You’ll Miss One Workshop by Going to Another? Don’t Worry! CDs of all the Seminars & Workshops will be available to order at the convention. We’ll Take Your Orders There!
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Mona Abdulrahim-Santl [BCH, CI; Mind Your Power, Dubai, UAE] lives & works in Dubai and Lebanon, fluent in 4 languages. She is a hypnotist, NLP and Emotional Intelligence trainer. She offers complete communication & development solutions to corporations, schools, and also to the medical field. She trains motivational workshops across the MENA region. She is also the founder and president of the Lebanese Syndicate of Hypnotherapists, and a founding member of FourTuned®.

Scott Babb [BCH, CI; Northern Lights Hypnosis, LLC, Amherst, NH] has been a hypnotist since 1977. He is in full-time practice in Amherst, NH where he helps clients make both remedial and generative changes. He's written books, delivered corporate training, done live talks, performed stage hypnosis shows, and done both radio and television appearances. He was voted the 2018 Best Hypnotist in the Souhegan Valley area.

Joann Abrahamsen [BCH, CI, OB; Hypnosis For A Change, Yonkers, NY] is an NGH Board Certified Consulting Hypnotist and received the NGH Hypnosis Achievement award in 2012. In 2009, she was inducted into the NGH Order of Braid, recognizing a lifetime of outstanding dedication, achievement, and service. She is a freelance writer, has written several hypnosis books and other hypnosis & self-help articles.

Calvin Banyan [MA, DNGH, CI, OB; Banyan Hypnosis Center For Training and Services, Plano, TX] has a Masters Degree in Psychology, has written several highly praised books, manuals and produced many hypnosis related audio and video training programs. He has received many awards from the NGH (including, Instructor of the Year and Educator of the Year), and is a member of the Order of Braid.

Alan Alves [BCH, CI, OB; Southcoast Hypnosis Center, Fall River, MA] is a full-time Consulting Hypnotist. He received his Hypnotist Member of The Year in 2013 and in 2016 was inducted into the Order of Braid. In 2015 he was awarded the first ever Gerald Kein Omni Award for “Excellence In Hypnosis”. He has appeared on various radio and TV programs, national magazines and has been featured in four books and two documentaries.

Maureen Banyan [CH, OB; Banyan Hypnosis Center For Training and Services, Plano, TX] is a Certified Hypnotist & General Manager of the Banyan Hypnosis Center for Training and Services, Inc. She trains receptionists and hypnotists how to answer the telephone and make appointments. She is the recipient of the 2010 NGH Hypnotism Achievement Award and was inducted into the Order of Braid in 2015.

Kazi Anam [CI; Hypnosis Leader inc., Manhattan, NY] is a licensed certified Consulting Hypnotist and in his practice, he has developed a niche helping clients overcome fear of public speaking and stage fright. His clientele include CEOs, executives, actors, actresses, musicians as well as students. He is a member of several professional associations including the NGH. He has been seen on ABC, CBS, NBC and Fox affiliates and was also featured in Dr. Oz’s GoodLife Magazine.

Sandra Bemis [BCH, CI; Ipswich, MA] is a business owner, public speaker and writer. Her wellness practice spans more than 25 years & incorporates a multi-modality model. She holds workshops and lectures to groups across the nation and to people from all over the world. Her hypnosis successes were recently written about in a medical physician's published book. Referrals from psychologists, local school systems and medical doctors, Sandra sees clients of all ages.

Anne Archambault [CI; Freeport, ME] is a certified hypnotist and is certified in NLP. She is a Certified Instructor, and practices in the Portland, ME area. Anne’s specialties are group presentations, specifically in stress management, sleep issues, EFT, This is Your Brain”, Charisma 101, Seeking Your Life Partner, and Teaching 101. She is passionate about helping others find their life’s shortcuts to thriving, feeling successful and enjoying a sense of wonder every day.

Ralph Benko [BA, JD, CH, OB; N. Potomac MD] has received the NGH’s highest honor, the Order of Braid, and has been featured on the cover of The Journal of Hypnotism®. He is the author of the internationally award-winning book on best web practices — The Websters’ Dictionary: How to use the Web to transform the world. He, with Wendy Packer, is co-founder of HypnoticBeauty.com and HypnoticCharisma.com & is a long time adjunct faculty member at NGH conventions.

Cecilia Bergstein [BCH, CI; Beaches Wellness Center, Manorville, NY] was a hypnotist in her teenage years and enjoyed the benefits of better sleep as a result of self-hypnosis. She is a Certified Life Coach, Board Certified Hypnotist and a Certified Instructor. She has demonstrated a proclivity for healing at an early age and has shared this gift with others. She shares this gift with others. She has a passion for hypnosis as a way for the mind to control the body for peak performance.

Sherri Bernier [EdD, MS, CH; Bernier Hypnosis & Life Enrichment, LLC, Southington, CT] is a college professor, where she incorporates guided imagery and stress reduction in her curriculum. She teaches courses in personal growth and development. In her hypnosis practice, her mission is to guide clients to well-being and empowerment. Students and clients learn how to use the “Mirror, Mirror” technique reflecting their positive image of themselves.

Jacob Bimblich [DNGH, CI, OB; Brooklyn, NY] is a certified hypnotherapist by the NGH and a life member of the National Psychiatric Association. He is the Executive Director of the Institute for Advanced Studies in hypnosis and holistic sciences. He is a 36 year member of Mensa and past member of its Board of Directors. He has conducted many lectures and workshops at various institutions in New York State.

Donna Bloom [BCH, Wise Mind Hypnosis, Bethpage, NY] is a Board Certified Hypnotist and Certified Life Coach. Her unique approach helps clients experience inner calm and leads them to follow their own inner guidance system to achieve goals & dreams. She teaches meditation classes and gives talks on Law of Attraction and Ho’oponopono. Working with Donna is a journey of self-discovery.
Your 2019 NGH Convention Faculty

Thom Bloomquist [MSN, CRNA, CH; Beyond BHRT, LLC, Concord, NH], being a polio survivor, amputee, and ex-chronic pain patient, dedicated his life to relieving pain for others as a nurse anesthetist, pain management specialist & teacher. Thom earned his credentials from the Riverside Hospital School of Nursing, Cleveland Clinic School of Anesthesia. Thom is a fellow in the American Academy of Pain Management, various field related organizations and a member of the NGH. ...

Peter Blum [CI, OB; Entranceways/ Sounds For Healing, Woodstock, NY] has had a full-time practice in hypnosis for the past 30 years. He was awarded “Hypnosis Instructor of the Year” by the NGH, and is a member of the Order of Braid. Peter is a respected soundhealer. The 7 CD’s in his “Sounds For Healing” series are known for use in conjunction with hypnosis, meditation, massage and yoga sessions. ...

Geraldine Boudrot-Cook [CH; Life Path Hypnosis and Coaching, Greer, SC] is an NGH Board Certified Hypnotist. She has taught her Tips on Stress Workshops at the Workforce Center and Diabetic Wellness Class through Adult Ed in Central MA. She has volunteered for women’s recovery programs with hypnosis and coaching sessions. She has enjoyed hosting Vision Board Parties and Vision Journal Workshops for years.

Debi Boushey [BCH, CI, OB; Healed Heart Hypnosis, Berkshires CA] has been practicing and teaching meditation and hypnosis since 1982. Her training/coaching programs have been described as a personal life transformation experience. She was the National Guild of Hypnotists Member of the Year in 2006, a Solid Gold Presenter in 2006 and 2011 and was inducted into the prestigious Order of Braid Council in 2010. ...

Larissa Brazier [CH; Summit Hypnosis and Wellness, Palm Beach Gardens, FL] is a NGH Certified Hypnotist, 5-PATH® Certified Hypnotist, and 7th Path Self-Hypnosis® Certified Teacher. Creating a healing process by strengthening the mind/body connection. Larissa works full-time as a Consulting Hypnotist with Summit Hypnosis and Wellness in Palm Beach Gardens, FL.

John Brochu [CI, OB; Brochu Hypnosis Center, Fayetteville, AR] is the Northwest Arkansas NGH chapter president. Besides a full-time hypnotism practice and hypnosis instructor, John is also a licensed massage therapy instructor and certified equine dental care provider. His work in Olympic and professional athletes has heightened his passion for working with the potential of the human mind and the synchronicity of the mind/body connection...

Dorothy Campbell [CI, OB; Self-Power Center, Attleboro, MA] has established a holistic approach to hypnosis in her private practice by incorporating many modalities that integrate body, mind and spirit into one whole, healthy, happy being. She is certified in NLP & mind/body work. She is a speaker on a national level with collegiate, Olympic and professional athletes and has taught her Tips on Stress, sleep better...

Elizabeth Campbell [BCH, CI, OB; TranceformU, Stuart, FL] is a Board Certified Hypnotist, Certified Instructor & NLP Practitioner, Master NLP Instructor, and a Reiki Master. She teaches nationally & internationally, sees private clients, conducts group workshops such as manifesting, abundance and past life regression. She is the President of the Hypnotists of the Treasure Coast NGH Chapter...

Dan Candell [BCH, CI, Northborough, MA] is an award-winning Board Certified Hypnotist, Author and Podcast Host. He has a successful private hypnosis practice, a library of online programs, & conducts stage shows, classes, seminars, and motivational keynotes. He enjoys teaching other hypnotists the keys to massive success. He looks forward to teaching you powerful techniques he has used to build his career...

Roy Cantrell [CI, OB; Charleston, SC] is a Certified Complementary Medical Hypnotist, Certified Medical Hypnosis Practitioner, Certified Diabetes Motivational Coach, Certified Limbic Practitioner. He has been a leader in the field of clinical hypnosis. He is the NGH South Carolina Chapter President and provides courses, workshops and seminars to the general public and other hypnotists...

John Cerbone [FNGH, CI, OB; Cerbone Hypnosis Institute, Staten Island, NY] has taught public speaking on the college level and has hypnotized tens of thousands of people. He has helped people start companies & colleges all over the USA, on the Las Vegas Strip & has appeared on radio stations, MTV and Fox News. He has helped others permanently quit smoking, lose weight, reduce stress, sleep better...

Jini Cerio [CH; Jini Connecting, Dewitt, NY] has been training in the holistic/spiritual wellness for emotional healing since 1987. She is a certified holistic health practitioner, experienced dowsers, certified emotion code practitioner, body code, and member of the American Dowsers. Certified NGH hypnotist, Reiki master, Kuruna and other energy modalities...

Penny Chiasson [RN, BCH, Philadelphia, MS] has been involved in caring for others since 1992. She has been a hypnotist since 2013 helping clients break free of their misperceptions, erroneous beliefs about themselves so that they may live a more fulfilled life. Practicing in the 5-PATH method and working with chronic pain clients, Penny has extensive experience with the impact of anger and helping clients release it...

Lori Chrepta [CH, Succasunna, NJ] is a Certified Hypnotist and Hypnotherapist since 2008 and certified practitioner in NLP, EFT and medical support hypnosis. In addition to her private clinical hypnosis practice, Lori works as a consulting hypnotist at an integrative medical facility. She has a metaphysical practice as a practitioner & teacher of the Akashic Records, providing energy healing and spiritual hypnosis sessions...
Beryl Comar [MA, Med, CI, OB; The CHANGE Association] became an entrepreneur to establish a training, coaching & counseling company in Dubai introducing NLP, EFT & hypnosis to the Middle East. The information she presents in her seminars comes from over 40 years living and learning amongst expatriate populations where emotions and relationships can become very messy. She has been inducted into the NGH Order of Braid. .......... 12095

Gloria Constantas [CI; Tarpon Springs, FL] has been a certified hypnotherapy consultant for over 20 years. She earned a master’s degree in Counseling in 1995, and then became certified by the NGH in 1996. She has guided her clients to overcome fears, anxiety, low motivation and poor self-image, using hypnosis. With her assistance, her clients have conquered stress & other barriers to success. Gloria became a certified instructor in 2006. .......... 210809

Amber Cox [BCH; Auburn, ME] is a client-directed change expert and her work encompasses individuals, groups and communities to incorporate cohesive relationships and behavioral changes according to goals, desires. She has done extensive training with leaders in the area of Emotional Intelligence, Neuro-Linguistic Programming and hypnosis. She coaches over 100 doctors and their teams as well as runs a private practice. .......... 21031

Janet Crain [DMD, CI; The Center For Headaches and Facial Pain, S. Amboy, NJ] is an expert tree reader, retired dentist, author and hypnotherapist. Using the variety of tools in her toolbox she is the most unique relationship consultant. She has appeared on television and radio. Her first book, If You Want an Eggroll, Get Out of the Pizzeria has helped women across the country shop for a life they love. .......... 111026, 22021

Carol Crenshaw [CH; Tools For Joyful Living LLC, Indianapolis, IN] is a Certified Hypnotist & Certified Practitioner in NLP, EFT, & Emotional Stress Release. She is a contributing author to Clinical EFT Handbook & Energy Psychology magazine. She is a yogi, meditation teacher for over 25 years & initiator in meditative tradition of the Himalayan sages. She is a former University of Phoenix faculty member, Dept of Humanities. .......... 11027

Charles Crenshaw, Jr. [Mdiv, CI, OB; Tools For Joyful Living LLC, Indianapolis, IN] is a Consulting Hypnotist and Certified Instructor. He is a Certified EFT Practitioner, co-author of EFT For Meditation and contributing author to Clinical EFT Handbook and author of Pathless Path: God, Grace, Guru. He has been a meditation teacher for 25+ years, and a trainer of yoga teachers. .......... 21091

Charles Curtis [BCH, OB; Reading, PA] has offered trainings and private sessions since 1983. He works in a counseling center, as part of a multi-disciplinary team reducing chronic physical and psychological pain from medical and psychological conditions. He has been teaching an intensive 48-week certification course in evidence-based hypnosis, NLP & mindfulness interventions to medical & mental health professionals. .......... 11125, 32081

Dwight Damon [DC, DNGH, OB; National Guild Of Hypnotists, Merri-mack, NH] is President of the National Guild of Hypnotists, Editor of The Journal of Hypnotism® & Executive Editor of The Hypno-Gram®. He started his career as a student of Dr. Rexford L. North. He is the author and co-author of articles and books on hypnosis. He has maintained careers as a Doctor of Chiropractic, television personality, and theatrical entrepreneur. .......... 11081

Cheryl DeDecker [BCH, Weymouth, MA] has a master’s degree in Counseling Psychology & is an NGH Board Certified Hypnotist. She has served as a Licensed Professional Counselor, utilizing Cognitive Behavioral Therapy and specializing in women’s health and stress management. Her background in CBT blends perfectly with hypnosis to help her clients benefit from both conscious and subconscious work. .......... 12071, 32103

Anthony DeMarco [LLB, DNGH, CI, OB; A Medway Hypnosis Professional Hypnosis, Union, NJ] is the co-founder of the first school of hypnosis approved by the State of NJ Dept. of Education. He is a member of the NGH & the NJ representative to Local 104 OPEIU of AFL-CIO. He is a presenter of seminars on addictions, pain management, hypnosis, weight management, EFT, emotion cleansing and stress management. .......... 11091, 12043

Clay Dinger [CH; Cheektowaga, NY] has been using hypnosis to help people for over 25 years. He is certified with the National Guild of Hypnotists and has been trained through the Ban-yan Hypnosis Center for 5-PATH® Hypnosis & 7th Path® Self-Hypnosis. He is also an ordained minister and author of the book Do You Know Your Self(s)?. .......... 21026, 31092

Brian DiRamio [CH, Weymouth, MA] has been a NGH Hypnotist for twenty years and is a multiple occasion convention presenter. He has a long history in the field of public safety, including 27 years as a Massachusetts Emergency Medical Technician. He has been employed in many law enforcement roles, including service as a Constable for 28 years. Additionally, Brian has been involved in education for over 20 years as an Adjunct Instructor. .......... 21101, 310101

Linda Donalds [BCH, CI; New Horizons In Hypnosis, Lunenburg, MA] is a Board Certified Hypnotist and Certified Instructor. She has been an active member of NGH since 1998, a published author in their quarterly newsletter The Hypno-Gram®, and a faculty member of their annual educational conference since 2016. She specializes in the use of hypnosis and coaching for Adults and Teens with ADHD. .......... 11126, 12046, 210804
systematic review on clinical applications of hypnosis. He was the first person to write a Royal Society of Medicine in the UK on self-hypnosis and was chosen to join the Order of Braid in 2007, he was named NGH Member of the American Board of Hypnotherapy….

Robert Dunscomb [BCH, OB: Charlottesville, VA] is a Board Certified Hypnotist and has worked to raise public awareness of professional hypnotism services in an area where they were virtually unknown. He founded the NGH as a Certified Member in 2002, was Board Certified in 2007, he was named NGH Member of the Year at the NGH Annual Convention in 2010 and was chosen to join the Order of Braid in 2014.

Adam Eason [Anglo-European College of Therapeutic Hypnosis Ltd, Bournemouth, Dorset, UK] is the Principal & founder of the Anglo-European College of Therapeutic Hypnosis & has taught self-hypnosis for over 20 years. He lectures at the University of Bournemouth and for the Royal Society of Medicine in the UK on self-hypnosis. He was the first person to write a systematic review on clinical applications of self-hypnosis.

Elsom Eldridge Jr. [MED, CPC, CPMC; NGH Convention Director, Winter Springs, FL] is known as the Consultants Consultant. He is a mentor with Dan Kennedy of Maximum Success in the Consulting Business and with his son, Mark, The Obvious Expert® series. In the last 40 years, he has produced more than 50,000 seminars nationwide & been Convention Director for the longest running hypnosis Convention in the world since 1986.

Mark Eldridge [Goffstown, NH] is Executive Director of the IPC & co-founder of the industry redefining, Sell My Timeshare Now, LLC. He has partnered with his father to offer over 10,000 power-consulting seminars, boot camps, and conventions. Together they have changed the lives, careers, and fortunes of consultants, coaches, entrepreneurs, and industry leaders by brandishing themselves as Obvious Experts within their fields.

Gloria Drewitz [CH; Restora Hypnosis, Merrick, NY] has been developing programs that use hypnosis to help people overcome situational challenges and reach their self-improvement goals. She is a Certified Hypnotist by NGH, including specialty training in Complementary Medical Hypnosis, Forensic Hypnosis, Addictions Hypnosis, & Ericksonian Hypnotherapy from the American Board of Hypnotherapy.

Jean Eljay [CH; HypnoBiosis, a division of Blue Shallow Consulting, LLC, West Chester, PA] received his doctorate in Medical Genetics with a MS in Molecular Biology from Johns Hopkins University. He is a certified hypnotist & provides invaluable vision & insight into molecular genetics & medical genetics of hypnosis. He analyzes technologies for high-value & low cost advancements at the forefront of hypnosis.

Ron Eslinger [Capt. USN Retired, CRNA, RN, APN, POGI, OMI, OB, Healthy Visions, American School of Clinical Hypnosis – International, Clinton, TN] is a Registered Nurse & Certified Master Instructor for the NGH who has developed several programs for city, county governments including stress management, anger management & pain management. He recently worked with Navy Seals for PTSD & Giardia. He is a consultant to government and educational organizations. He is a consultant to government and educational organizations.

David Shaun Ezzell [CH; Rocky Top, TN] has been using hypnosis and technology to create amazing Reality interfaces/videos and Mobile Apps to help clients with Pain and Stress Relief, Fight Cancer, Stop Smoking, Lose Weight, Prepare for Surgery, & Build Confidence. He is certified in Consulting Hypnosis, in Pain and Stress Management, Master Neuro-Linguistic Programming Practitioner, in Ericksonian Hypnosis.

Norma Faraone-Ledgard [CH; Rhode Island Counseling & Hypnotherapy Center, Inc., Cranston, RI] graduated from Rhode Island College with a BS, MEd, MA & CAGS in Clinical Mental Health. She is the Founder of Rhode Island Counseling & Hypnotherapy Center, Inc. & The Hypnosis Therapy Institute. She is NGH Certified Instructor. She is Nationally Board Certified in Mental Health & Hypnosis Author of Remembering and Integrating An Therapy and Hypnosis.

Erika Flint [BCH, OB: Cascade Hypnosis Center, Bellingham, WA] is a Board Certified Hypnotist. She became a hypnotist after years as a software engineer. She is Google Analytics certified and is experienced at using online advertising to bring in new hypnosis clients. She’s a full-time hypnotist, author, and hypnotism instructor who combines her analytical expertise with hypnosis techniques and is a contributing author for The Journal of Hypnotism.

Robert Fernandes [BCH, CI; The Fare Hypnosis Center, Eden Prairie, MN] has 35 years experience in education, finance, organizational change, hypnosis & training include clients such as Penta, Kemps, Sam’s, Target, & government and educational institutions. This is her 4th year on the NGH Faculty, receiving the NGH Research Award in 2017. Her training includes Complementary Medical Certification, Board Certification, Certified Instructor, Pain Management.

Jean Eljay [CH; HypnoBiosis, a division of Blue Shallow Consulting, LLC, West Chester, PA] received his doctorate in Medical Genetics with a MS in Molecular Biology from Johns Hopkins University. He is a certified hypnotist & provides invaluable vision & insight into molecular genetics & medical genetics of hypnosis. He analyzes technologies for high-value & low cost advancements at the forefront of hypnosis.

Vilene Farina [CI; Affinity Hypnosis, Lewiston, ME] is president of the ME NGH Chapter, has been a Certified Hypnotist since 2005 & a CI since 2012. She enjoys gaining knowledge & teaching this information to others and has been teaching from the beginning of her certification on Self-Hypnosis, Stress Management, Reiki & Essential Oils. Creating seminars & workshops with the NGH training materials was natural.

Pearl Feeney-Grater [CH, OB: The Self Center, North Reading, MA] has a full-time practice in helping others help themselves. She is a Certified Master Handwriting Analyst from the International GraphoAnalytical Society. She has worked with small to Fortune 100 corporations for team building, management training, conflict resolution, employee development and hiring. She uses handwriting analysis with hypnosis & other modalities.
Benefit from the experience and knowledge of these outstanding experts

David Frederick
[CH, OB; World Institute Of Integrative Health Science, Lancaster, PA] is a world renown educator and lecturer who holds 4 degrees in psychology & alternative health. He is Dean at the Natural Health Sciences at West- brook University; Executive Director for the World Institute of Integrative Health Science; NGH Faculty recipient of the 2000 Ormond McGill Award & is member of NGH Order of Braid.

George Guarino
[CH; Hypnosis Works Well, (HWW) NY] has been practicing hypnosis successfully for a decade in upstate NY and sees private clients in 2 locations. He is a Certified Instructor with NGH & teaches hypnosis workshops to individuals, groups, and institutions. He is currently working to expose people to the connection between symbols and changework through pictures, art, metaphor and mindscaping hypnosis.

Katherine Hardy
[RN; Salish Sea Hypnosis, Bellingham, WA] is a certified PATH hypnotist. Her 38 year nursing career & her 20 years of playing the Celtic Harp professionally contributed to her interest in Brainwave Entrainment. This interest increased when she became a hypnotist and learned to deliberately and accurately guide clients from a beta state to an alpha/theta state. She has used binaural beats personally for 6 years.

Petra Frese
[BCH; Allentown, PA] holds a M.Sc.Eng, degree & is a researcher of molecular genetics, biochemistry and biotechnology, BCH and DCl. She is a certified expert & trainer of communication language and micro-expressions and runs private practices in the USA, PA and Switzerland. Her passion is to integrate latest science, an analytical approach and spiritual guidance into hypnosis.

Larry Garrett
[BCH, OB; Garrett Hypnosis & Wellness Center, Chicago, IL] is a Certified Hypnotist with the NGH since 1970 & has been in practice since 1970, operating the longest, largest & most sophisticated hypnosis center in Chicago. He is a consultant and instructor to many doctors, dentists, psychologists, lawyers and other professionals in hypnosis for their respective fields. He has received many awards from the NGH.

Celeste Hackett
[BCH, CI, OB; Family First Hypnosis & Dallas Hypnosis Career Training, Plano, TX] became a hypnotist after a 24 year career as a radio announcer. She works with a wide range of issues in her practice, and her work has been featured in magazines and on the radio. She loves supporting and inspiring new hypnotists. She offers a state-licensed hypnosis school, and has co-hosted a weekly Web-TV Show.

Lisa Halpin
[BCH, CI, OB; San Ramon, CA] is a Board Certified Hypnotist, Certified Instructor & the creator of her HypnoCoach® Certification Program. She writes “Mind Over Matter” in the Journal & has been on NGH Convention Faculty for 25+ years. She has received several NGH awards including the President's Award, Member of the Year, and was a charter inductee into the Council of Braid in 2005.

Bonnie Hammersley
[BCH, CI, La Plata, MD] is the sole proprietor of Hypnotist on Wheels, LLC. She is a Board Certified Hypnotist specializing in stress and pain management for pre/post-surgery, effects of cancer treatments and general well-being (i.e., sports hypnosis). She is also a Level 2 Certified MELT Instructor. She has seen people overcome debilitating chronic pain, avoid surgery and live each day to the fullest by MELTing.

C. Scot Giles
[DMIn, DNGH, CI, OB; Wheaton, IL] is a member of the Advisory Board of the NGH & is the Legislative Liaison to AFL/CIO. He holds the rank of Diploma and is a member of the Order of Braid. He has won most of the awards offered by the Guild including the North Award, the Guild’s highest honor. His practice in the Chicago area is a specialty practice in complementary medical hypnosis.

Rochelle, NY] was a class-room teacher & clinical social worker in NY. He is a certified instructor with the NGH and a member of the Order of Braid. Athletically, Nat coaches and motivates basketball players, on all levels, using Guided Imagery. This has helped athletes and families with physiological training and muscle memory enhancement.

Bonnie Hammersley
[BCH, CI, OB; White Mountain PATH hypnosis Center, Madison, NH] has been practicing hypnosis since the 1980s, is an NGH Fellow and a Certified Instructor. He is a Board Certified Past Life Regression Therapist & Hypnocoach. He is author of 9 books including The Everything Hypnosis Book, Everything Lucid Dreaming, & A Complete Idiot's Guide to Past Life Regression. In 2015 he received the Ormond McGill Chair.

Richard Gordon
[CI; Happy Hypnosis, Richmond VA] has been a Certified Hypnotist since 2000 and a Certified Instructor in 2004 as well as a Certified Past Life Regression. Certified Adult Education Instructor, Reiki Master/Teacher and Shamanism Practitioner. He has fun working in the Adult Ed programs at various local communities. Both client and hypnotist can benefit by having fun with hypnosis.

Robert Harrison
[CH; Bay Area Hypnosis Center & The Hypnosis Academy, San Carlos, CA] is a professional hypnotherapist and business coach and serial entrepreneur. He works as a consultant and has given workshops at many of the Top Companies in the Bay Area like Oracle, REACH Fitness, Club One, NEC, General Dynamics, and Netscape. He is also an author, speaker, and director of Bay Area Hypnosis Center.

Michael Hathaway
[FNHG, CI, OB; White Mountain PATH hypnosis Center, Madison, NH] has been practicing hypnosis since the 1980s, is an NGH Fellow and a Certified Instructor. He is a Board Certified Past Life Regression Therapist & Hypnocoach. He is author of 9 books including The Everything Hypnosis Book, Everything Lucid Dreaming, & A Complete Idiot's Guide to Past Life Regression. In 2015 he received the Ormond McGill Chair.

Lois Hermann
[BCH, CI, OB; Amherst Hypnosis Center, Amherst, NH] is a Certified Hypnotist, Certified Instructor, Order of Braid Member with 27 years experience in NLP, EFT, & advanced hypnosis techniques. She is a multi-registered medical professional with experience in corporate leadership, education, and employee coaching via personal sessions, seminars, webinars & presentations. She is passionate about empowering clients.
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Stephanie Ho
[CH; OB; Bogota, NJ] is a Certified Hypnotist, Certified Instructor, recipient of NGH Lifetime Achievement Award, official NGH envoy to China. SCPM instructor. She created unique hypno youth & beauty programs to help many of her look young, healthy and beautiful. She is the living proof of hypno youth and beauty. 

David Huffman
[CH; Rochester, NY] is a Board Certified Hypnotist and Certified Instructor with the NGH, a successful stage hypnotist and has a Masters in Education. He is a shy kid but with hypnosis overcame that. He speaks on a regular basis to schools and colleges. He teaches about hypnosis to anyone who will listen. He runs a full-time practice in which specializes in weight loss, stress relief and sports performance.

Peggy Hyde Hollingshead
[CH; Woman, Wvt & Bize LLC, Creavest, FL] is a hypnotist, instructor, woman’s coach, sought after speaker and published author. She has been interviewed on TV and radio and has her own radio show. She is certified in many areas of hypnosis and is a presenter at NGH. She attended NGH Chapter in two different states. Her goal is to help every woman in the world to reach their true potential selves.

Doug Jones
[CH; Rochester, NY] is a Board Certified Hypnotist and Certified Instructor with the NGH, a successful stage hypnotist and has a Masters in Education. He was a shy kid but with hypnosis overcame that. He speaks on a regular basis to schools and colleges. He talks about hypnosis to anyone who will listen. He runs a full-time practice in which specializes in weight loss, stress relief and sports performance.

Elizabeth Marian Kilkenny
[CH; OB; East Coast Hypnosis LLC, Fishkill, NY] is the CEO of East Coast Hypnosis LLC in Fishkill, NY. She specializes in, has co-created & co-presented Barianic Surgery Hypnosis at the NGH convention for 5 years. She was inducted into the Order of Braid by the NGH in 2018 for her work in hypnosis. Her goal is to use hypnosis to empower clients of all ages to improve their lives.

Timothy Horn
[BCH; PA; Manassas, VA] owns & operates Hypnosis LLC in Manassas, VA. He has been a NGH, Certified Hypnotist. As a teacher for 20+ years, he enjoys researching how the conscious and subconscious minds work together. Tim has done extensive work on how patterns are created and can be modified. He is one of only three Certified Instructors of the Simpson Protocol in North America.

Timothy Jones
[BCH; Rochester, NY] is a Board Certified Hypnotist and Certified Instructor with the NGH, a successful stage hypnotist and has a Masters in Education. He was a shy kid but with hypnosis overcame that. He speaks on a regular basis to schools and colleges. He talks about hypnosis to anyone who will listen. He runs a full-time practice in which specializes in weight loss, stress relief and sports performance.

William Horton
[PsyD, CADC, BCH, CMi, OB; National Federation Of NLP, Venice, FL] is a leading NLP trainer, licensed psychologist, certified alcohol/drug counselor, and master hypnotist. He is author of Primary Objective, Neuro-Linguistic Psychology & Guerrilla Warfare and co-author of The Psychology of Sales. His courses have won acclaim for their easy to understand format. Learn from the leader in the field.

Maurice Kershaw
[CH, FNGH, OB; Canadian Institute Of Hypnosis, Cote Saint-Luc, Quebec, Canada] is a hypnotist, college professor & has been in the hypnosis field since 1952, when he founded the Canadian Institute of Hypnosis, a full-service hypnosis center. He taught full credit courses of NGH since 1952. He is Chairman of the NGH Board Certification Committee & recipient of the Rexford L. North Award.

Marcel Klasen
[BCH, OB; Fairfield Wellness Center, Southport, CT] is an NGH Board Certified Hypnotist with over 30 years of experience. He uses the powerful combination of hypnosis with vibrational energy to achieve great results. He is the author of HEALING It’s Not What You Think..., is a talented musician and has produced numerous albums that promote healing through hypnosis, sound & music.

Maurice Klasen
[CH, OB; East Coast Hypnosis LLC, Fishkill, NY] is a Board Certified Hypnotist and Certified Instructor with the NGH, a successful stage hypnotist and has a Masters in Education. He was a shy kid but with hypnosis overcame that. He speaks on a regular basis to schools and colleges. He talks about hypnosis to anyone who will listen. He runs a full-time practice in which specializes in weight loss, stress relief and sports performance.

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Marc Howell
[BS, CH, OB; Round Rock, TX] is a 32-year veteran of the TX Department of Public Safety, a graduate of the FBI National Academy, holds a BS in criminal justice, and served in the US Marine Corp. He is a graduate of Dr. Reiser’s Law Enforcement Hypnosis Program and has been in practice since 1986. He has been in private practice and holds an Investigative Hypnotist Certificate with the TX Commission on Law Enforcement Standards and Education.

Gina Kochany
[CH; Richmond, VA] is a practicing Certified Hypnotist and a faculty member with the HypnoBirthing Institute. She is certified in Forensic Hypnosis, HypnoBirthing. HypnoFertility and is a Doula. With her life experience and being raised a minister’s daughter makes her unique in her approach & it is clear that her intention is to make a difference to help people to find their own power, to take back control and reclaim their lives.

John Koenig
[BCH; Cl; Barrington, RI] is a Board Certified Hypnotist/Coach and Certified Instructor who has been in practice since 1998 with offices in Rhode Island and Southeastern MA. He is the co-author of The Hypnotic Coach: Creating a life you love by combining hypnosis with personal coaching. His work has been featured on both NBC and ABC national television.

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Jason Kropidowski
[CH; ROC Hypnosis, Churchville, NY] is owner of ROC Hypnosis, a Certified Consulting Hypnotist, Certified Sports Hypnotist, & President of the Finger Lakes Chapter of the NGH. He is passionate in his dedication to the field of hypnosis and has helped people through the effective application of hypnosis & NLP. Jason is dedicated to supporting future therapists in multidisciplinary fields. He trains on a monthly basis hypnotherapists, doctors, nurses and educators.

Cynthia Lindner
[CH, OB; Advanced Hypnotherapy Institute, NY] has earned her NGH certification in 1984, is an NLP Trainer and a frequent speaker at the convention and the LI Chapter of NGH. She has a successful practice and helps people through the effective application of hypnosis & NLP. She launched a video production company specializing in the small media format and has helped many by producing successful videos.

Patricia Maclaas
[LPN, DNGH, CMI, OB; South Shore Hypnosis Center, Hingham, MA] brings over 20 years of nursing experience to her successful practice. She is a master hypnotist and Certified Instructor. She teaches the NGH Certification Course at the NGH Convention. A recipient of the NGH Instructor of the Year & various awards, she has been a presenter at the NGH Convention for years. She is on the NGH Advisory Board.

Wesley Kubacki
[CH; HeartSpring, Geneva, NY] is a Certified Consulting Hypnotist with a hypnosis practice offering hypnosis for smoking cessation, weight loss, athletic improvement, stress relief and fears such as fear of flying. He was a teacher and coach for over 37 years, presently an adjunct professor at Finger Lakes Community College. He was also elected to the local Sports Hall of Fame for his success as a coach.

Mike Lips
[MDiv, CH; Brookhaven, MS] is an Ordained Elder of the United Methodist Church. He holds a BS in Pre-Medicine, MS in Counseling Psychology, MDiv in Pastoral Counseling. He is a Certified Consulting Hypnotist (NGH), a Licensed Clinical Pastoral Counselor (NCCA), & a Certified Temperament Counselor (NCCA). In addition, he has almost 40 years counseling experience & 23 years in ministry.

Brenda Martin
[CH; Lowell, MA] has been a Consulting Hypnotist for 6 years. She is trained in pediatri- c hypnosis and is certified in pain management. She is also a certified NLP Master Practitioner and a QSG0, Quit Smoking specialist. She has a passion for working with people. She brings passion into the hypnotic experience with the clients. She has been working with her husband on various Master workshops on hypnosis and NLP.

Maha Lahode
[CI; Temet Nosce, Les Aca- cias, Geneva, Switzerland] is an NGH Certified Instructor. In 2008, she founded her training & hypnosis center Temet Nosce. Her empirical and academic experience motivates her to help people in their professional and personal development. She is a regular presenter at multiple hypnosis & dowsing conferences nationwide, received 5 national awards including the NGH’s Order of Braid.

Roxanne Louise
[BA, CH, OB; Unlimited Potential, Faber, VA] has been a regular NGH presenter, specializing in hypnotherapy & NLP. She launched a video production company specializing in the small media format and has helped many by producing successful videos.

Robert Martel
[BCH; Positive Results Hypno- sis, Stoughton, MA] is a Consulting Hypnotist & president of the NGH Commonwealth Chapter. For past 6 years in practice, and the past 22 years as a marketing consultant, he has used direct marketing strategies to generate leads for his practice as well as help his past marketing clients achieve remarkable results. He has developed a unique approach to client centered success.

Dan LaRosa
[CI, OB; Train Your Brain Institute, Middletown, CT] became interested in hypnosis after failing public speaking twice. His self-improvement workshops are presented throughout the US, Caribbean, Europe, & most recently on the aircraft carrier USS NIMITZ for military personnel returning from the Persian Gulf. Dan is a master hypnotist & Certified Instructor for NGH & a proud recipient of the Order of Braid.

Samuel Lurie
[CH; Transform & Grow Hypnosis, Burlington, VT] has a thriving hypnosis practice. He focuses on anxiety and grief issues. He has worked in community health for 20+ years and has trained over 30,000 people on issues of chronic health, diversity and client-centered services. He presents on uses of hypnosis for stress & medical applications, and consults nationally on workshop design and curriculum development for adult learners.

Kevin Martin
[CH; Positive Effects, LLC, Lowell, MA] is an author, speaker, hypnotist, and NLP master practitioner. He has mentored over 2000 individuals and groups, helping them achieve their goals in both their professional and personal lives. He has been delivering a variety of workshops for his hypnosis and NLP Meetup groups for several years, while maintaining a growing consulting hypnosis business.

Joel Levitt
[BSEE, MSEE, MA, EE, CH; Hypoglycemia Relief Institute, Brooklyn, NY] holds 4 degrees from Columbia University. He is the former Chairman of the Engineering In Medicine and Biology Society (NYC Chapter) part of the non-profit IEEE and was a long-term member at Pratt Institute faculty. For several years, he has taught a special course to senior citizens at Brooklyn College Institute for Retired Professionals and Executive.

Janice Matturro
[CI, OB; The Inner Workshop, Eastchester, NY] is an NGH Consulting Hypnotist, Certified Instructor & member of Order of Braid. Recently, she has pursued independent study in the field of dreams & is a Certified Dream Teacher. In 2006, she was awarded a PhD in the alternative field of studies: World Religions, Psychic and Spiritual Sciences and Pastoral Studies in Therapeutic Counseling and Interfaith Ministries.
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Fredric Mau  
[BCH, CI, OB; Watermark Professional Reatals, LLC; Columbia, SC] is an internationally recognized hypnosis expert, speaker, & author who is known for his careful research. As a practicing hypnotist, and Licensed Professional Counselor, he typically sees 25 to 30 clients a week. He has spoken to a variety of audiences, including physicians, dentists and counselors on uses of hypnosis in their fields. . . .  

Walter Meister  
[Hamilton, Waikato, New Zealand] is co-director of Corporate & Professional Success Training Ltd. and the Hamilton Hypnotherapy Clinic and Training Centre for the past 25 years. Certified NLP practitioner, organizer/administrator of NGH Hypnosis training courses for inservice and development of training courses relating to NLP, communication, sales and corporate image. . . .  

Don Mottin  
[NGH, CMI, OB; Weirsdale, FL] opened his first office in 1980. He has hypnotized over 44,000 people and has the practical experience in every phase of hypnosis. He is the only hypnotist to be named Educator of the year 3 times: 1993, 1996, 2000. In 1994, he received the Ormond McGill chair. In 1997, he received the Rexford L. North Award. In 1998, Don received the Charles Tebbetts Award. . . .  

Ryan Mazurkivich  
[CH, Naukacuck, CT] was certified by Nordrei in 2013. He sees clients for issues related to stress, fear, confidence, public speaking and performance issues. Ryan was a featured speaker at the 2018 TEDx Hartford event. He has spoken on the subject of hypnosis for ESPN, American Businesswomen’s Association, Waterbury Regional Chamber, The Maritime Aquarium & Women Empowering Women. . . .  

Robert Merlin  
[BCH, CI; Merlin Centre, Greensboro, NC] has been in full-time practice for over 12 years. Responsible for administration and development of training courses relating to NLP, communication, sales and corporate image. . . .  

Michael Myers  
[CI; Palm Desert, CA] is trained in developing and delivering training for business. He has been a hypnotist for 19 years. He is a Certified Instructor by NGH. He has been practicing daily since 1999, taking many courses. He has created & facilitates HypnoMeditation, self-hypnosis as a meditative technique to discover your greatness. He has taught seminars and workshops on a weekly basis and teaches this to each client. . . .  

Heather McFall  
[CI, Clermont Hypnosis, Leesburg, FL] has been an NGH trainer for over 15 years. She has taught hundreds of clients and is a Certified NLP practitioner, or- 

Robert Monetta  
[BS, EMT-P; CH, Danbury, CT] is an NGH Certified Consulting Hypno-

Marie Mongan  
[Med, MH, OB; The Villages, FL] is the founder of HypnoBirthing®, a meditation, self-hypnosis as a meditative technique to discover your greatness. She has taught seminars and workshops on a weekly basis and teaches this to each client. . . .  

Suzi Nance  
[CI; Newport Center for Hypnotherapy, Newport, RI] is both a Certified Hypnotist & a Certified Hypnosis Instructor. She is certified hypnotist, who holds several awards, including NGH President's Award, the coveted Charles Tebbetts Award, and in 2005, she became the first woman to receive the Guild's highest honor, the Rexford L. North Award. Early in her career, her book, HypnoBirthing® - The Mongan Method became the textbook used in HypnoBirthing® classes. . . .  

Andrew Neblett  
[CH; Integrative Natural Wellness Associates, Ridgefield, CT] is a Certified Hypnotist, author, instructor, energy kine-

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Suzi Nance  
[CI; Newport Center for Hypnotherapy, Newport, RI] is both a Certified Hypnotist & a Certified Hypnosis Instructor. She is certified hypnotist, who holds several awards, including NGH President's Award, the coveted Charles Tebbetts Award, and in 2005, she became the first woman to receive the Guild's highest honor, the Rexford L. North Award. Early in her career, her book, HypnoBirthing® - The Mongan Method became the textbook used in HypnoBirthing® classes. . . .  

Andrew Neblett  
[CH; Integrative Natural Wellness Associates, Ridgefield, CT] is a Certified Hypnotist, author, instructor, energy kine-
Benefit from the experience and knowledge of these outstanding experts

Thomas Nicoli
[BCH, Cl, OB; A Better You Hypnosis, Woburn, MA] is the author of A Better You by Hypnosis and Thinking Thin – The Truth About Weight Loss. He was involved in Dateline NBC’s Ultimate Weight Loss Challenge as one of the most successful parts of the study. His programs have been featured on national & local television, radio and print publications. He has received numerous awards from the NGH.

Stanley Ou Yang
[BCH, Cl; Seattle, WA] studied Tai Chi practice, Mindfulness, Eastern meditation, Western contemplative traditions, Neuro-Linguistic Programming and hypnosis as a student of personal growth. Embracing and mastering the best teachings from each source, he helps his clients attain their personal dreams and goals, including coaching PhD students to manage their stress & motivating high school students.

Lee Pascoe
[FGNH, Cl, OB; Mind Boost Ltd, Dereham, Norfolk] is an Australian in Europe lecturing worldwide. Trained in psychology, drama and languages, she was lecturer for the Australian Government. As a Certified Instructor, she has helped train hundreds of hypnotherapists and translated the Guild material into French. She appeared as cover story in Sept 2000 Journal and was awarded Order of Braid in 2008.

Angela Ocheltree
[CH; Right Path Hypnosis, Marietta, GA] is a certified hypnotist practicing full-time since 2012. Her continuing education includes Neuro Linguistic Programming, & specialty certifications in Emotional Intelligence, Corporate Growth, Weight Loss, Smoking Cessation, Mind Through Illness, Sports Performance, Golf Specialties, and more. She is a community leader and highly sought after speaker.

Wendy Packer
[RN, BCH, Cl, OB; New Rochelle, NY] is a Registered Nurse Educator, Consulting Hypnotist, Certified Instructor, and President of the Westchester NY Chapter. She is author of Are You In a Caregiving Relationship and Don’t Know It? Finding a Balance of Loving and Caring. Her lecture covers the history of hypnosis, myths & concerns presented by clients, & the benefits of hypnosis/self-hypnosis.

Karen Paulin Correa
[CH, OB; Heaven On Earth, Pembroke, MA] has been called “the real deal”. She has helped thousands through her books, workshops, certification programs, and private sessions. She developed her innovative and remarkable healing modality Soul Entrainment® and is the author of four internationally acclaimed books & showcases her teaching & speaking potential at conferences across the countries.

Estela Oliver
[CI; Sunshine Life Coaching & Hypnosis Center, Palm Beach Gardens, FL] is a PhD, Life Coach & Certified Instructor with the NGH. As a life coach and hypnotist, she has been helping thousands of people all over America with hypnosis to manage stress, quit smoking, lose weight, life coaching, improved sports performance and more. She has studied under renowned leaders in America, Spain and United States.

Debbie Papadakis
[CH, CI; Hypno Healing Institute Inc, Toronto, Ontario, Canada] is a Registered Psychologist, Board Certified Hypnotist & Instructor, speaker, and author. She is a sought after expert for relationship issues, sleep related issues & clearing emotional blockages. Her accomplishments include: recipient of the NGH 2015 Charles Tebbetts Award, NGH 2012 Order of Braid, 2005 Hypnosis Achievement.

Lucy Portlock
[CH, St. John, USVI] was certified by the NGH in 1995 and has been a member for 21 years. She lives in St. John, US Virgin Islands and has a general practice. She is certified as a “Spiritual Regressor” by Michael Newton. She trained at the Guild as well as with Jerry Kein and Henry Bolduc for advanced hypnosis work and past life regression.

Marcia Peng
[CH; Methuen, MA] worked in the Hi-Tech industry for 23 years after earning a PhD in Electrical Engineering from Northeastern University. In 2008, she switched interests to life science, and completed training on massage therapy and hypnosis in 2009. Now she practices as a certified hypnotist. She enjoys long distance running, music and helping people solving everyday life issues with state of art hypnosis technology.

Zach Pincince
[CH; Somersworth, NH] is one of the youngest members of the NGH at just 23 years old and has taken advantage of his youthful expertise in the area of social media to grow his accounts to thousands of followers in just a few short months. A successful content creator with a blossoming YouTube channel as well, Zach’s social media presence is a prime example of how to successfully grow your hypnosis brand online.

Ina Oostrom
[CI; Oosterhout, Noord-Brabant, Netherlands] is a teacher of hypnosis. In 2008, she changed careers and became a hypnotist in order to help people solve all kinds of psychological, physical, & other problems. She aims to help people mobilize the natural resources they have within. She is the author of the book: Hypnosis the Key to Self-Empowerment which was published in 2016 and Operation in Hypnosis published in 2018.

Debby Ocheltree
[CH; HypnosisOnTheNet, New York City, NY] has been in the field of hypnosis since 1999. He became Board Certified by the NGH in 2002. His practical knowledge in this subject is from personal experience. In 2005, he received training in Polysomnography technology and 2007 passed the exam and became a Registered Polysomnography Technologist and is employed at New York University’s sleep disorder center.
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Marcia Proctor [CI; Marcia Proctor Hypnosis, Germantown, MD] is a Certified Hypnotist in practice in the metropolitan Washington, DC area. She has specialized in both working with young adults & teens, and in working with smoking cessation, alcohol and drug use. She successfully employs a variety of techniques to help people overcome their substance issues and peer influence.

David Quigley [CH, OB; Alchemy Institute Of Hypnosis, Santa Rosa, CA] is a creator of Alchemical Hypnosis, Somatic Healing, and the author of 2 popular textbooks. He has trained thousands of professional hypnosis and Somatic Healing Practitioners at the Alchemy Institute of Hypnosis in Santa Rosa, CA, since 1984 and has mentored the establishment of schools and classes based on his work, all over the world.

Paul Ramsay [BCH, CI; OB; Loudon, NH] has been practicing full-time since 2004. Before entering the field of professional hypnosis, he was a high school English teacher, bringing a rare combination of formal teaching ability and practical hypnosis experience. He has built a world-wide brand through his use of new media. This has led him to work with corporate accounts like Pepsi and Bud Light, as well as colleges and universities.

Michael Raugh [BCH, CI; Second Trances Hypnosis, Laurel, MD] has over 12 years experience in working with clients and teaching professional hypnosis & NLP. As a self-described hypnosis geek, he collects interesting techniques from hypnosis, NLP, improv, and other sources that bring something extra to the hypnagogic process, then shares them with others through his classes and lectures.

Robin Roberts [CH; Houston, TX] is both a private practice stage hypnotist, as well as an award-winning speaker. Robin has been in practice for over 11 years. In 2007, Robin was trained through Action Hypnosis Training Center, and then received her NGH certification. While she started by working individually with clients, she expanded to group workshops and eventually added a comedy hypnosis show, "Hypnosis, Oh Behave!" to her repertoire.

Steven Rollins [CI; Explore Hypnosis, Manassas, VA] is a Certified Consulting Hypnotist & Certified Instructor with the NGH. He is a retired Marine instructor with 24 years of active service and over 35 years of experience in presentations. As a person of color, he has worked actively to bring awareness of hypnosis to various communities as well as to bring awareness of those communities to hypnosis professionals.

Curtis Ryals [CH; Madison Hypnosis Center, Madison, WI] has been a certified hypnotist with the NGH since 2014. He has a bachelor’s degree in philosophy and psychology from UW Madison, and a Master’s degree in bioethics from the Medical College of Wisconsin. Curtis is the owner and director of the Madison Hypnosis Center and has worked in clinical research for more than 10 years, most recently as a bioethicist.

Marc Sacco [RN, BCH; Danbury, CT] is an NGH Board Certified Consulting Hypnotist, an RN in the emergency department at Danbury Hospital, a Level I Trauma Center, and one of the owners & founders of The Patient Whisperers. He has held many roles throughout his nursing career. He is on a mission to teach about the advantages of integrating complementary medicine into the current practice of modern medicine.

Wendy Schaeetz [BCH; Oconomowoc, WI] is an NGH Board Certified Consulting Hypnotist, Certified Hypno-Coach®, & licensed Speech-Language Pathologist. She practices in 2 office locations. She has been a member of NGH since 2010. She earned her Master’s Degree from James Madison University in Harrisonburg, VA in Communication Sciences & Disorders. She holds a Certificate of Clinical Competence from the American Speech-Language Hearing Association.

Amye Scharlau [CI; Saint Paul, MN] has been a consulting hypnotist for 17 years. As both a professional Consulting Hypnotist & a successful stage hypnotist, she has a unique perspective on the social perspective of hypnosis. Amye teaches hypnosis at Normandale Technical College in Minnesota. She presents lectures and demonstrations to corporate clients and schools around the country.

Elana Schondorf [LCSW, CH, OB; LI Institute Of Hypnosis & NLP, West Hempstead, NY] is a social worker and NLP trainer. She utilizes a unique blend of therapy and incorporates elements of cognitive psychotherapy, traditional and Ericksonian hypnosis, NLP, therapeutic touch, and hypnotherapy. NLP is used in her practice, both in and out of trance, to facilitate changes quickly, easily and effortlessly for her clients.

Rosemarie Schuman [RN, CI; OB; Pleasantville, NY] established weight programs in medical offices, health spas, and gyms. She has had many interviews for national & regional magazines on hypnosis and weight management. Her interest in hypnosis led her to become a Certified Instructor with a goal of teaching nurses, doctors & health professionals the importance of using hypnosis. She became a member of the Order Of Braid.

Kristen Sheehan [BA,CH; Pleasantville, NY] was a competitive gymnast for 7 years and her accomplishments include winning the Level 5 CT State Championship, representing Connecticut in the 2008 Level 8 Regional competition. She is currently a gymnastics instructor. She is on a mission to teach about the phenomenal advantages of integrating hypnosis & NLP into Athletic Counseling.

Ariel Sherker [CI; OB; The Montreal Hypnosis Center, Montreal, Quebec, Canada] is highly trained and a certified hypnotist with the NGH, a certified instructor of hypnosis as well as a motivational speaker. Ariel has explored the globe mastering the art of Holistic Health, Nutrition and Mind/Body Medicine. She uses hypnosis to guide clients onto a path of success and help them to develop their mind with the aspiration to simplify their journey of great achievements.

Wendy Schaeetz [BCH; Oconomowoc, WI] is an NGH Board Certified Consulting Hypnotist, Certified Hypno-Coach®, & licensed Speech-Language Pathologist. She practices in 2 office locations. She has been a member of NGH since 2010. She earned her Master’s Degree from James Madison University in Harrisonburg, VA in Communication Sciences & Disorders. She holds a Certificate of Clinical Competence from the American Speech-Language Hearing Association.

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Benefit from the experience and knowledge of these outstanding experts

Sandra Grace Sherman [BCH, CI; Integrative Lifeworks, Inc., Louisville, KY] has become a medical self-hypnosis pro after 6 surgeries in 2 years. Due to her diverse education and experience, she has trained hypnotists, massage therapists, life coaches, reiki practitioners, reflexologists, aromatherapists, sales associates, instructors, public speakers, actors and more. She excels in classroom, corporate training and one on one client settings. Her current passion is business coaching.

Nicholas Spohn [CH; Davenport, IA] has become a thought leader in the personal development world. He has combined aspects of psychology, spirituality, physiology & nutrition to create an integrative approach to human performance and wellness. He thrives in reprogramming thought patterns to international audiences and coaching clients including Olympic level athletes by removing layers of fear programming helping people live more congruently with love.

Pratap Singhal [MD, CH; Belleville, NJ] is board certified family physician, hypnotist, stop smoking specialist, homeopath, & practices body/mind medicine. He is a fellow of American College of Family Physicians & a graduate of Emergency Medicine. He is the author of 2 books: Health, Happiness & You: Everything You Need to Know, and One Solution to Many Diseases: Presented in 24 1/2 inspirational stories.

Christian Skoorsmith [CH; Seattle, WA] is a full-time hypnotist who has specialized in working with transgender clients and his wife is raising two transgender children and are active in the transgender community there. He is a certified specialist in hypnosis with Transgender Clients (AHA 2017), and regularly works with transgender individuals on transitions and general issues. He speaks & teaches on hypnosis in Washington State & AZ.

Alan Stubrenrauch [CH; Glen Iris, Victoria, Australia] is a hypnotist & has been in full time practice for over 30 years. He has been president of the Complementary Medicine Association & the Council of Clinical Hypnotherapist's, Australia & was called upon regularly to present and speak. He has had clients attend his clinic from 21 different countries by word-of-mouth. He is good at what he does and has a strong passion for our profession.

Magen Slesinger [BCH, Cl; Waltham, MA] is the Coordinator of Fine, Applied, & Performing Arts for Watertown Public Schools. Magen became a certified McCloskey Vocal Technician in 2004. She has given lectures & demonstrations of the technique to teachers & musicians, teaches voice lessons, works with people with vocal health troubles and uses it with her chorus of young singers to encourage healthy & beautiful vocal production.

Roy Thaller [CI; Vancouver, BC, Canada] is an international speaker on hypnosis, NLP, healing, & management. His specialty is teaching stress, sleep and public speaking & enjoys teaching the principles of hypnosis, NLP & Awakening Dynamics. His original certification was from The Australian Academy of Hypnosis and American School of Hypnosis. Retired he has started a new career in teaching hypnosis to as many people as possible.

Vicky Thomas [CI; Palm-dale, CA] holds trainer certifications from the NGH. This has allowed her corporate outreach program to open to speaking engagements, corporate stress relief, weight loss, and smoking cessation programs. Her medical outreach programs have focused on pain management, weight management, and pre and post surgical programs. Her small business coaching has assisted many business owners to thrive.

Tommy Vee [CI, OB; Tommy Vee Productions and Valley Hypnosis, Inc., San Antonio, NH], certified in 1989, operates Valley Hypnosis with founder Jerry Valley. He is an accomplished stage hypnotist. He stays busy with both clinical & stage hypnosis. His hypnosis shows have been featured at the NGH Convention many times. He uses his stage performances to attract new clients to his office.

Tiffany Timmins [CH; Utica, MI] is a Consulting hypnotist and Certified HypnoBirthing Practitioner practicing in Utica, Michigan. She birthed her second child using HypnoBirthing, and has been teaching HypnoBirthing for about 8 years now. She has had the pleasure of teaching hundreds of families over the years, and she has also presented it for many years at Babies R Us and other locations.

Practitioner teaching hypnosis.

Brenda Titus [BCH; Healing Path Hypnosis, Santa Ana, CA] is passionate about helping people of all age groups transform their lives with hypnosis. She worked for 15 years in the Rape Crisis field, where she specialized in working with teen victims of sexual assault and abuse, and where she taught others on how to work with this age group. Brenda is a co-host on Cal Banyan’s Hypnosis, Etc. podcast.

Laura Tyler [RN, CH; Raleigh, NC] is a registered psychiatric nurse & consulting hypnotist, used hypnosis with educational & national groups in state hospitals. She taught relaxation therapy and self-hypnosis to inpatients. She worked in an Alcohol & Drug Rehab where she taught individual patients self-hypnosis for sleep. She enjoyed amazing success with her patients. She would be happy to share what she has learned with you.

Jerry Valley [CI, OB; Valley Hypnosis, Inc., Methuen, MA] has had, with over 40 years as a stage hypnotist, the opportunity to appear all over America in educational groups in state hospitals. He was the recipient of the President’s Award by the NGH, in 1994, WWW presented him with the first-ever award for Excellence in Stage Hypnosis. He has received the NGH Research Award & the Rutherford L. North Award.

Susan Spiegel Sorovaly [CI; Hillsdale, NY] is an NGH Rehersal & 22 year veteran and a popular Certified Hypnosis Trainer for the NGH. She is certified Master of NLP, Ericksonian Hypnosis, as well as Certified Master of Alchemyth Hypnosis. With a busy hypnosis practice, in both NYC & the Berkshires of MA, she has learned how to rescue any session from any errors or problems that may occur. She teaches with humor and clarity.

Benefit from the experience and knowledge of these outstanding experts

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Your 2019 NGH Convention Faculty

Roger Willard  [CH; Conestoga, PA] has been a licensed private detective. He has had 2 books published and has appeared on national television to discuss his expertise in the field of investigation. He was able to have himself written about in newspapers all across the country. He has been interviewed by radio stations in both the US & Canada. In 2005, he began accepting clients who wanted to make change with hypnosis.  

Roger Woods  [RN, BCH, CI; Danbury, CT] is a NGH Certified Consulting Hypnotist, a RN in the emergency department at Danbury Hospital’s Level II Trauma Center, and one of the owners & founders of the Patient Whisperers. Roger has held many roles throughout his nursing career. He is on a mission to teach about the advantages of integrating complementary medicine into the current practice of modern medicine.  

Deborah Yaffe  [CI; Shelburne Falls, MA] is an NGH Certified Consulting Hypnotist and Certified Instructor. She is a Veriditas Certified Labyrinth Facilitator, Reiki Master Teacher, Nutritionist & Senior Trainer with Tai Chi for Health Institute. She is The Planet Whisperer® and creator of Liberation Astrology®. Her specialty is in integrating her various trainings to provide clients with a total mind-body-spirit approach.  

James Womack  [CH; Richmond, VA] has been a professional hypnotist for over 40 years & member of the NGH since 2003. He has a private practice in Richmond, Virginia and sees and average of 23 clients a week. He is a faculty member with HypnoBirthing International the Mongan method, Certified in NLP. He works with every state agency in VA, including the Governor & Attorney Generals offices.  

Margaret Worthington  [BCH, CI; Westmont, NJ] has over the span of 20 years studied hypnosis and the subconscious mind. People fascinate her, which is why she has a psychology background & a thriving hypnosis practice where she encounters secondary gain everyday and has dealt successfully with it. She gets many amazingly, challenging clients referred from the State Drug and Alcohol Program in her building.  

David Young  is an award winning artist, author and musician well known for playing two renaissance flutes in harmony. He’s recorded 60 albums and sold over 1 million copies. His music, is revered for its soothing sounds and healing properties, is a staple in hospitals, healing centers and spas throughout the country. David travels throughout the country hosting his signature workshops which combine his healing music and guided meditations.  

WHAT PEOPLE HAVE TO SAY:

“Wonderful people who seem to truly want the best for others. The teachers, the students were accessible to each other and made me feel like family. I love this - I’m finally home!”  
—Katina Clarke, Newton, CT  

“The convention is pure inspiration. I got exposure to a wide range of thought, techniques and skills that I can immediately use to deepen and enrich my practice and bring more help to my clients and community.”  
—Jack Aaker, Teaneck, NJ  

“I always feel positive about the workshops I attend. They are always worth my time and reenergize me to return to my practice. The hypnosis shows are always entertaining.”  
—Suzanne Snow, Skaneateles, NY  

“Many presenters were enthusiastic and professional with useful information and materials and techniques I can use immediately. Presentations had practice time and taught new, unique methods and approaches and many were impassioned and inspiring – overall a great convention can’t wait till next year!”  
—Alisa Parcells, Woodbridge, CT

You’ll discover that nobody works harder to give you a better convention experience than the staff of the National Guild of Hypnotists.

VISIT THE NGH CONVENTION BOOKSTORE!

Each year participants tell us one of the things they like best about the NGH Convention is the chance to purchase the books, audios and videos of our featured speakers. You will be able to choose from a wide assortment of books, audios and videos not easily found elsewhere.
National Guild of Hypnotists ACHIEVEMENTS AND SO MANY “FIRSTS”

Leading the Way, Setting the Standards

PUBLICATIONS
Established the first full edition magazine, The Journal of Hypnotism®, to serve practicing professional hypnotists (started 1951 with Dr. Rexford L. North, Editor/Publisher, with contributing editors Harry Arons, Dwight Damon, and Bernard Yanover; continuing today as the premier publication for the profession).

Launched the Hypno-Gram® in 1987 as a timely 4-page newsletter, which has evolved into the current 24+ pages with columnists and guest articles. (Dr. Dwight Damon, Editor).

Began Hypnosis Today™ in 1999 - our magazine for consumers was launched. (Dr. Dwight Damon, Editor/Publisher).


SEMINARS
Initiated a series of East Coast seminars in 1987 for professional hypnotists, (first with Ormond McGill and Arnold Furst) which today are offered nationwide.

OUTREACH
Assisted start-up of the Philippine Hypnodontic Society.
NGH helped charter and contributed seed money to Council of Professional Hypnosis Organizations (COPHO).
Three Spanish-language instructional videos were recorded for NGH by Jacob Bimblich. A Spanish-language version of Henry Bolduc’s book Auto Hipnosis - Creando tu Propio Destino translated by Angelina Ahumada was published by NGH. Numerous Spanish-language CD’s and books by leading hypnotists such as Reny Varas.

CERTIFICATION TRAINING
1990 First professional hypnotism organization to require 15 hours of continuing education hours for active certification status.
1991 Train the Trainers Program launched.
1991 Core curriculum launched - Minimum number of training hours for Certified Hypnotists raised to equivalent of two college semesters: 100 hours (70 hours in class plus 30 hours independent study).
1991 Forensic Hypnosis - developed by George Baranowski, CI, FNGH.
1992 NGH continuing-education workshop program for NGH members developed and initiated by Don Mottin, DNGH.
1995 CH (Certified Hypnotherapist) designation replaces Rhy (Registered Hypnotherapist).
1998 NGH Certification Board created to improve professionalism of practitioners.
1998 Pediatric Hypnism - developed by Don Mottin, CI, DNGH.
1999 NGH Certification course accepted at Medgar Evers College - City University of New York with Ed Hightower, CI.
1999 Emergency Hypnosis - developed by Don Mottin, CI, DNGH.
1999 Complementary Medical Hypnosis - developed by Rev. C. Scot Giles, CI, FNGH.
2000 NGH core curriculum has been translated into: Chinese, Danish, Dutch, French, German, Indonesia, Spanish, Polish, and Japanese.
2003 Sports Hypnosis - developed by Bob Reese, CH.
2003 Clinical Hypnosis (12-month curriculum) developed by Don Mottin, CI, DNGH.
2004 Hypno-Coaching developed by Lisa Halpin, CI, BCH.

ANNUAL CONVENTIONS & EDUCATIONAL CONFERENCES/EXHIBITIONS
1988 – Danvers, Massachusetts.
2005-present – Marlborough, Massachusetts.
1999-present - Solid Gold Weekend - West Coast.

RECOGNITIONS
1989 August 18 proclaimed NGH Day in New York City by Mayor David Dinkins.
1993 NGH honored by the 103rd Congress of the United States with a tribute published in the Congressional Record.
1990 - 2004 National Guild of Hypnotists Week proclamations by successive governors of New Hampshire.
1990 - 2004 Declarations and Resolutions by NH Senate and House of Representatives.
2005-2011 National Guild of Hypnotists Day proclamations by successive Mayors of the City of Marlborough, MA.
1986 - 2004 Partial list of media which featured NGH: Readers Digest Family Guide to Natural Medicine; Grolier Book of Knowledge; Bottom Line; Personal; Business Week; Consumer Reports; Redbook; Women’s Week; Woman’s Health; Newsweek; Astra Opua (Greece); NY Times; PBS TV; TV's 20/20, Dateline shows; British Royal Free & University College Medical School CD-ROM.
2008 The Wall Street Journal® Personal Finance page featured an article and interview with Jacob Bimblich re: “A Hypnotic Answer to Financial Angst,” which resulted in articles and interviews in many publications about the profession.
2014 NGH honored by the 113th Congress of the United States with a tribute published in the Congressional Record.
ORGANIZATIONS MERGED OR AFFILIATED
International Hypnological Association founded in 1953 merged 1959.
The Association to Advance Ethical Hypnosis, AAEH, founded in 1956, merged 2009.
National Board of Hypnosis Education & Certification founded in 1989 affiliated 1996.

EXCLUSIVE NGH MEMBER BENEFITS
1988 Earliest to establish audio and video cassette archives.
1991 Introduced professional written ads, columns, and brochures for use by members.
1992 Member Video Rental Library as another first for any hypnotism organization.
1993 Professional Liability Insurance becomes available to NGH Members from A++ company.
1997 NGH produced and distributed the "Extend Your Horizons" video for public awareness.
1998 NGH produced and distributed the "Women and Hypnosis" video to honor the women practitioners in our profession.
2001 Client Bill of Rights (CBOR) developed and presented for member use. NGH Standards of Practice established.
2002 Professional Terminology established.
2004 National P.R. program reached a readership of 1,426,652 in six months.
2005 January 4th officially becomes known and promoted as "World Hypnotism Day". Website is: Worldhypnotismday.com.
2005 Two new Special Interest Groups (SIGs) were formed in the NGH: 5-Pathers and Division de Hypnotizadores Hispanos.
2007 CEs available for Licensed Health Professionals.
2007 The availability of Professional Liability insurance was finally secured for NGH Canadian members.
2008 Canadian Professional Omissions and Errors Insurance available.
2008 Health Insurance available.

PROACTIVE LEGISLATION APPROACH
1993 Legislative kits developed and distributed to NGH Chapters and State Committees.
1994 National Federation of Hypnotists Local 104 chartered by OPEIU, AFL/CIO, CLC; Dr. Dwight Damon elected president.
1994 Established NGH Legislative Liaison Officer, C. Scot, Giles, for NGH/NFH.
1994 NGH Ethics Committee appointed and protocol developed.
1999 Produced a video instruction kit to help NGH Chapters do legislative and lobbying work.
2002 Florida - Began financial support of groups seeking to pass a Complementary and Alternative Medicine Freedom of Access Laws.
2003 Iowa - Gave seed money for a local committee to seek a Complementary and Alternative Medicine Freedom of Access Law.
2004 Financial support was given by the Guild to national and state groups in support of Health Freedom Legislative efforts.
2006 Continued financial support was being given by NGH and NFH 104 to Health Freedom Legislative groups.

LEGISLATIVE ACTIVITY
1993 Effort begun to amend Illinois Clinical Psychologist License Act, which had been transformed into a practice protection act restricting the practice of hypnotism to licensed health care professionals. Launched first round of corrective legislation that failed by a single vote.
1994 New Jersey Hypnocounselor Law enacted through the efforts of members Tony DeMarco, BCH and John Gatto, BCH with assistance of NFH, OPEIU/AFL.
1996 NH, ME, and VT Registration Bills introduced with union assistance.
1998 New Hampshire - Introduced Registration Bill in NH with union assistance.
1996 Renewal of Florida Hypnotist Exemption in Mental Health and Psychology License laws passed. The bill renewing the exemption was the final bill passed on the last day of the legislative session, after intense union and NGH lobbying.
1997 Illinois - Passed PA 90-473 which amended the Psychologist License Act to permit hypnotism to be practiced by unlicensed persons. This bill was passed after four legislative attempts.
1997 California - Defeated attempted legislation restricting practice of hypnotism unfairly in a way that benefited only certain organizations.
1998 Legislation to protect the right of professional hypnotists to practice introduced experimentally in MA, VT, NH, and ME.
1998 The Honorable James Edgar, Governor of Illinois, congratulates hypnotists on protecting their right to practice.
1998 Exemption for hypnotists inserted in pending restrictive psychology legislation in Iowa.
1998 State of Mississippi agrees with NGH not to consider hypnotism a regulated psychological practice.
1998 NGH picks up pieces of failed legislative efforts by other organizations in Tennessee and Georgia and organizes its own legislative teams in those states.
1998 State of Nebraska agrees not to consider hypnotism a regulated psychological practice.
1999 Blocked hostile legislation in New York that would have restricted the practice of hypnotism to licensed professionals.
1999 Killed reintroduced legislation in Iowa that would have restricted hypnotism to licensed professionals.
1999 Indiana - Intervened to halt abuse by the state Hypnotist Committee, which oversees the certification of hypnotists. Eventually we would file and win two lawsuits against the Committee, one filed jointly with the American Civil Liberties Union. These legal victories resulted in a restructuring of the Committee with several members replaced and rules rewritten.
1999 Illinois - Filed an experimental license law for hypnotists, which passed the Senate before being blocked in the House by the medical society.
1999 Georgia - NGH team blocks a restrictive license law for counselors that would have limited practice of hypnotism to only state-licensed professionals.
2000 Iowa - Once again defeated a restrictive regulatory law (HB285) that would have prevented hypnotists from practicing.
2000 Georgia - Defeated a restrictive counselor license law (HB271) that would have limited the practice of hypnotism to persons licensed under that law.
2000 Kentucky - Defeated a restrictive hypnotism certification law (SB 283) that would have allowed only graduates of specific schools to practice.
2000 Illinois - Met with the Illinois Medical Association to explore ways hypnotists and physicians could work cooperatively.
2001 Georgia - Arranged veto of a restrictive law (SB 119) that would have limited practice of hypnotism to persons licensed to practice mental health care.
2001 Illinois - Introduced a bill (SB 79) that would require all hypnotists to practice in accordance with NGH Standards of Practice.
2001 Louisiana - Defeated a license law for hypnotists that would have allowed the local Chapter of the NGH to appoint the regulatory body. It is the policy of the NGH to oppose all self-serving legislation, even if beneficial to the NGH at the expense of other organizations.
2001 New York - Defeated a restrictive license law (AB 9214) that would have limited the practice of hypnotism to physicians, psychologists, counselors, and social workers.
2001 Ohio - Negotiated with the Psychology Board for an understanding that hypnotists practicing within NGH Standards of Practice would not be considered to be in violation of that state's Psychology License Law.
2002 Texas - Retained local lobbyists and assembled a legislative committee that was successful in blocking enforcement of Cease and Desist Orders that had been distributed to some hypnotists in that state.
2002 Florida - Obtained an Attorney General ruling that hypnotists who practiced within NGH Standards did not violate Florida Law, and used that ruling to issue a Cease and Desist Order to the State of Florida demanding it not enforce Cease and Desist Orders it had issued to some hypnotists. The government agreed.
2002 Florida - Negotiated with the Psychology Board to clarify the nature of our exemption.
2003 Indiana - Blocked a proposed change in legislation that would have restricted hypnotism to physicians, counselors, psychologists, and social workers and banned further credentialing of hypnotists.
2003 New York - Began work to control the interpretation of provisions of a recently-passed mental health license law.
2004 Hawaii - Defeated a bill (HCR 22) that would have restricted the practice of hypnotism to psychologists, physicians, social workers, and counselors.
2004 Minnesota - Negotiated protective legislation (Ch 146a) to protect the right of hypnotists to practice after the repeal of the Unlicensed Mental Health Provider laws.
2004 New York - Negotiated an agreement that hypnotists practicing within NGH Standards and Terminology would not be deemed in violation of a new license law for counselors.
2004 Texas - Reorganization of a legislative team to prepare to launch exemption legislation in the next session of the legislature initiated.
2006 Connecticut laws concerning the practice of hypnotism, which the NGH oversaw and contributed to, became effective. NGH president, Dr. Dwight Damon, was one of the first to register and receive his certificate.
2008 With the assistance of NFH #104, OPEIU, AFL/CIO, CLC lobbyist was secured in Ontario, Canada, and a positive outcome resulted regarding the impact of Mental Health Bill (171) on practicing hypnotists in that province.
2009 The United Nations accepted the National Guild of Hypnotists as a non-governmental organization in the Civil Society Organization System from the United Nations Department of Economic and Social Affairs
2011 - NGH 104 OPEIU Lawyer/Lobbyist Robert Levy protected Florida members in legislative threat.
2011 - 2012 - NGH 104 OPEIU came to the aid of a Florida member charged with practicing hypnosis with students. NGH with member donations helped his financial burden.
2017 - Intervened in Oregon to help block restrictive legislation that would have placed hypnotism under the regulation of unfriendly professions.
2019 - Worked with the AFL-CIO and local NGH leaders to defeat legislation in the state of Maine that would have created prohibitive requirements for the lawful practice of hypnotism.
The Power Of Professionalism

National Guild of Hypnotists Convention

Learn to adapt and contribute to the ever-changing hypnosis profession.
Evolve with the latest technologies for the management of your practice.
Acquire a wide range of expertise through 86 workshops and 175 seminars
Reap the benefits of how-to workshops, case studies, business and marketing strategies seminars, contemporary issues, and research updates.
Network to gain new insights, techniques, and practical applications in hypnosis.

Important Information to Help You Enjoy and Profit From the Annual Convention

The National Guild of Hypnotists, Inc. is proud that during the past thirty-one years we have provided publications, seminars, and workshops which appeal to a wide range of professionals. In addition to those members who are the backbone of our own profession, certified hypnotists, our membership now includes licensed health professionals from most of the major disciplines. Many physicians, dentists, chiropractors, osteopaths, nurses, psychologists, psychiatrists, and other professionals who have become aware of the efficacy of hypnosis have found that the Guild provides a wonderful resource for them to tap into for more information and continuing education, and we are happy to see that they are becoming regulars at our continuing education events.

Therefore, the program that we provide at our annual convention and educational conference has to adequately meet the needs of our profession, but also those with advanced degrees in other fields as well.
Each year, as you read through the seminar/workshop titles and descriptions, you will find topics that are more appropriate for use by licensed health professionals or those with advanced degrees. Does this mean that you cannot or should not attend? Absolutely not—because in the future you might be called on to lend your expertise to cases which require the attention of a licensed health professional who does not have your hypnotic knowledge or skill.

With 261 Sessions to choose from, it may seem like an overwhelming task to pick the sessions that are right for you. Here is one way that will help you make that process a simple and beneficial one.

Personal Learning Goals Form:

1. Review the session topics and titles in this catalog.
2. Fill in the appropriate session numbers under each of the columns.

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<th>Sessions that could help my personal career development</th>
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<th>Fri. AFT</th>
<th>Fri. PM</th>
<th>Sat. AM</th>
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<td>Subject areas I need to know about immediately</td>
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<td>Subject areas I would like to know more about for the future</td>
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<td>Particular presenters I would like to hear</td>
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3. Decide which of these best matches your personal learning goals.
4. Once you have your agenda for attending the NGH 2019 Convention, simply fill in the appropriate information on the Registration Form (pages 3 & 4).
5. After you’ve made your final session selections, list each session on a separate sheet of paper.
6. Write your specific objectives/goals for attendance.
7. Then, make a list of questions you’d like to have the presenter answer or discuss with other attendees.
   (Be sure to pack these notes when you leave.)
If you are reading this catalog and are not yet a member of the National Guild of Hypnotists, please consider our invitation to join the largest and oldest group of its kind.

Dear Member-Elect:

It is my special pleasure to welcome you to a very select group of people who are keenly interested in hypnotism and who recognize the value of joining forces with each other internationally. Here are many great reasons to be a member of the National Guild of Hypnotists.

BENEFITS: Members receive discounts on hypnotism-related books, CDs, videos, equipment, and seminars as well as auto rentals, hotels, entertainment, and travel. We also have a Hypnotism Continuing Education Video Library, professional liability insurance available to members. Members also receive referrals through our computer database and national pr programs. They have access to an Internet web site with downloadable features. There is a close affiliation with NFH #104 OPEIU AFL/CIO CLC for legislative lobbying. And prompt professional service by a friendly staff which works on behalf of our members. Savings from these benefits virtually pay your dues in just the first few months.

SHARING: Our annual convention is the longest running and friendliest of its type and attracts members from around the world to share ideas, philosophies, experiences, and friendships. Add to that our mid-winter Solid Gold conference, local chapters for year-round networking, and Internet network for member discussions and networking. You will make new friends and establish professional contacts.

KNOWLEDGE: Year-round continuing education seminars and workshops on a wide spectrum of subjects are scheduled for our members at locations around the country. Specialty Certifications earned through live, hands-on workshops. Member-only video rental library of hundreds of workshops and seminars. You will increase your knowledge and skills. If you are already certified by organizations with comparable certification requirements, you may be eligible for certification by reciprocity. Include all information about your training and/or certification when you apply for membership.

PUBLICATIONS: The Journal of Hypnotism® has been acclaimed as the leading quarterly magazine of its type. This and the Hypno-Gram® newsletter are available only to our members. You will be informed.

RECOGNITION: The National Guild of Hypnotists was commended in the May 11, 1993 and December 11, 2014 issues of the CONGRESSIONAL RECORD for its accomplishments and we are acknowledged, even by other professional hypnotism groups, as #1 in the field. You will be proud to share in this recognition.

PRESTIGE: Your impressive 11x14 Certified Hypnotist Certificate and embossed wallet ID card convey a professional image to all who see them. You will be proud to display your credentials.

If you are not in the field professionally, but have a general interest in hypnotism and would like to join as a non-professional member, you will receive an 8x10 member certificate, embossed membership card, The Journal of Hypnotism® and Hypno-Gram® subscription, discounts, and member-rates at special events.

Apply online at www.ngh.net or phone us at (603) 429-9438.

Join with us. Learn with us. Grow with us. Let us bring you closer to the heart of this wonderful profession!

Cordially yours,

Dr. Dwight F. Damon
HYPNOTISM CONVENTION, EDUCATIONAL CONFERENCE & EXHIBITION 2019

What you can expect at the NGH 2019 Convention & Educational Conference:

- A 3-day weekend which offers 175 seminars and 86 workshops, 23 Pre/Post Summer Institute workshops, presented by more than 160 of the best and brightest speakers.
- A unique opportunity to combine professional networking, learning and growth, personal fulfillment, friendship, and self-nurturing.
- An environment that offers a sense of connectedness and encourages long-term linkages of its participants.
- A powerful personal and professional experience that will stay with you long after you return home.

The NGH 2019 Convention & Educational Conference offers:

- Topics for Every Professional: Program content varies from how-to workshops, case studies, business and marketing concerns, contemporary issues, research updates, and practical career hints to personal growth issues.
- Concurrent Sessions: A variety of special topics offering attendees the opportunity and the option to choose from a wide-ranging roster of divergent areas.
- Exhibit Area: Major vendors of products and services for use in your practice are available for demonstrations, discussions and information distribution. Take time to visit our exhibit area.

NGH Book Store: Books, CDs/DVDs and other educational materials authored or recommended by Convention presenters are available for purchase in this area, and, much, much more!

Just a few of the reasons you should attend the 2019 Convention and Educational Conference:

- Boost Results
- Set New Goals
- Learn New Skills
- Spot New Trends
- Discover New Techniques
- Exchange Ideas with Colleagues
- Meet the Leaders in Our Profession
- Promote Unity Among Hypnotists

As hypnotists, we are challenged every day to develop innovative methods to meet the needs of our clients. The NGH 2019 Convention Educational Conference & Exhibition — the longest running multi-disciplinary convention of its kind — offers an unparalleled opportunity to learn how to optimize your effectiveness.

August 9-10-11, 2019
Best Western Royal Plaza Hotel—Marlborough, Massachusetts

Best Western Royal Plaza Hotel

In the heart of central Massachusetts, the Best Western Royal Plaza Hotel and Trade Center is conveniently located off I-495 and the Mass Turnpike.

As the largest facility outside of Boston, the Best Western Royal Plaza Hotel and Trade Center provides the ultimate in customer service and hospitality, while creating a unique atmosphere for comfort and affordability. From local shopping and “antiquing” to skiing or golf, the Best Western Royal Plaza Hotel and Trade Center is the perfect venue at which to attend this convention.
What Attendees Are Saying:

“Great camaraderie! Loved meeting so many wonderful people and my hypnosis super heroes that I had only met in a book or other media. Great, informative, inspiring, motivating workshops.”
-Christine Wilholt, Conover, NC

“A great opportunity to learn and expand my practice. A place to make new friends and professional contacts. Lots of fun!”
-Robin Leone, Warwick, RI

“Great way to learn about hypnosis and what is new about hypnosis. Collect information to use in your inductions, suggestions ideas, and instructions. Keep up with new trends”
-Nancy Heissenbuttel, Bounton, NJ

“Talented staff both young and old with great topics. A place to recharge your hypnotic battery”
-Doug Jones, Rochester, NY

“Always meet new people and learn something new. Banquet - NGH red carpet photos and caricatures were fun and amazing! Best ever!”
-Veronica Kupferman, Knox, ME

“As always, friendly and informative with some interesting presentations and colleagues ready to share their wealth of knowledge and experience”
-Jason Kropidowski, Churchville, NY

“Very well organized. Wide variety of workshops, seminars and talks. The opportunity to meet and talk with fellow hypnotists. I made many new friends. Opportunity to discuss and compare our ways of working with hypnosis in addressing various client needs.”
-Alan Stubenrauch, Victoria Australia

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